

Laura Sinko PhD, MSHP, RN, CCTS-I

Assistant Professor, Department of Nursing
Temple University College of Public Health
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EDUCATION

Masters in Science and Health Policy, University of Pennsylvania, Philadelphia, PA	05/2021
Doctorate of Philosophy in Nursing, University of Michigan, Ann Arbor, MI	04/2019
Bachelor of Science in Nursing, University of Michigan, Ann Arbor, MI	05/2016

CERTIFICATION AND LICENSURE

Registered Nurse, Pennsylvania State Board of Nursing (License # 4704321661)	06/2019-present
Certified Clinical Trauma Specialist-Individual, Trauma Institute International	08/2017- present
Restorative Justice Facilitation and Leadership, University of San Diego	12/2021
Certificate in Nursing Education, University of Michigan School of Nursing	12/2018
Registered Nurse, Michigan State Board of Nursing	06/2016-06/2019

ACADEMIC APPOINTMENTS

Assistant Professor, Department of Nursing Temple University College of Public Health, Philadelphia, PA	07/2021-present
Research Affiliate, Anne Paul Center for Research on Gender, Sexuality, and Women, University of Pennsylvania, Philadelphia, PA	09/2020-07/2021
Associate Fellow, Leonard Davis Institute of Health Economics and Health Policy, University of Pennsylvania, Philadelphia, PA	09/2019-07/2021
Associate Fellow, Ortner Center on Violence and Abuse in Relationships, University of Pennsylvania, Philadelphia, PA	09/2019- 07/2021
Postdoctoral Fellow, National Clinician Scholars Program, University of Pennsylvania, Philadelphia, PA	07/2019-07/2021
Student Fellow, Complex ACES Complex Aid Nursing Research Group, University of Michigan, Ann Arbor, MI	09/2017-05/2019
Predocotrual Fellow, Hillman Scholars Program of Nursing Innovation, University of Michigan, Ann Arbor MI	06/2014-05/2019

CLINICAL APPOINTMENTS

Sexual Assault Nurse Examiner, Philadelphia Sexual Assault Response Center, Philadelphia, PA	09/2019-present
Crisis Line Advocate, Sexual Assault Prevention and Awareness Center, Ann Arbor, MI	09/2018-05/2019
Child and Adolescent Psychiatry Registered Nurse, Mott Children's Hospital, Ann Arbor, MI	06/2016-07/2019

NON-PROFIT APPOINTMENTS

Secretary, MiStory: Multicultural Consortium on Trauma Recovery, Ann Arbor, MI	01/2020-present
Director of Research and Evaluation, Our Wave, Raleigh, NC	08/2019-present
Policy Director, SAFER Campus, New York, NY	04/2020-07/2021

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

American Psychiatric Nurses Association	2017-present
Nursing Network on Violence against Women International	2018-present
International Association of Forensic Nurses	2019-present
Sigma Theta Tau International	2016-2021
Academy Health	2017-2021

HONORS AND AWARDS

Midwest Nursing Research Society, Distinguished Abstract Award, Virtual	2021
Penn PROMOTES Research on Sex and Gender in Health, Abstract Contest Winner, Philadelphia, PA	2020
Merit Award (for research dissemination film), Awareness Film Festival, Los Angeles, CA	2020
University of Michigan School of Nursing Gateways Fellow, Ann Arbor MI	2018
University of Michigan, 8-Term James Angell Scholar, Ann Arbor, MI	2016
Sigma Theta Tau International, Rho Chapter Member, Ann Arbor, MI	2016

TRAININGS

Teaching for Equity, Center for Advancement in Teaching, Temple University	2022
Designing a Mixed Methods Research Project, Mixed Methods Program, University of Michigan	2021
The Clinical Ethnographic Narrative Interview, MiStory International	2019
Being an Inclusive Teacher, Center for Research on Learning and Teaching, University of Michigan	2018

GRANTS

Active Grants

Foerder Award

Community needs assessment to understand what parents, who have experienced IPV, need to support their parenting and healing journey 06/23/2023
\$50,000

Robert's Center for Pediatric Research, Children's Hospital of Philadelphia

Role: Co-I

Lesbian Health Fund Research Grant 07/01/2023
Exploring the help-seeking and healing journeys of LGBTQ+ survivors of gender-based violence \$10,000

Lesbian Health Fund, GLMA: Health Professionals Advancing LGBTQ+ Equality
Role: PI

Diamond Scholars Research Grant

A Tail Untold: Using Innovative Neuroimaging Technologies to Explore the Relationships Between Opioid Use Disorder, Emotional Recognition and Social Impairment." 03/09/2023
\$4,000

Undergraduate Research Institute, Temple University

Role: Co-I (Mentor)

Career Services Summer Funding Award 06/02/2022
\$4,000
“**Illuminating Unhoused Patients' Experiences Within The Philadelphia Healthcare System: A Photo-elicitation Study**”
Center for Undergraduate Research, University of Pennsylvania
Role: Co-I (Mentor)

Grants Under Review

US Department of Justice, Office for Victims of Crime 05/23/2023
\$750,000
“**Meeting victims where they are: Leveraging machine learning, artificial intelligence, and victim-centered resources to build a community of hope and healing online**”
Advancing the Use of Technology to Assist Victims of Crime
(O-OVC-2023- 171676)
Role: Co-I

National Institute of Health 02/05/2023
\$441,221
“**Advancing help-seeking and recovery measures for sexual and gender minority survivors of gender-based violence**”
NIMHD Exploratory/Developmental Research Grant Program (R21 - Clinical Trial Optional) PAR-20-150
Role: PI

Completed Grants

Eisenberg Family Foundation 11/11/2020
\$5,000
“**Understanding the Community Safety Needs of Latinx Immigrants Who Have Children With Severe Behavioral Health Concerns**”
Eisenberg Student Research Grant 2021
Role: PI

Penn PROMOTES Research on Sex and Gender in Health 03/01/2021
\$5,000
“**Ineffective Affective Processing: Neural Correlates of Cognitive Control in Women With a History of Sexual Violence**”
FY 2020 Pilot Grant Program
Role: PI

Leonard Davis Institute of Health Economics and Health Policy, University of Pennsylvania 12/16/2020
\$4,950
“**Answering the Call to Support Family Social Health: Assessing Demand for Child Welfare Hotline Inquiries in the Wake of COVID-19**”
Rapid COVID-19 Proposals
Role: Co-I

Leonard Davis Institute of Health Economics and Health Policy, University of Pennsylvania 5/12/2020
\$3,500
“**Understanding Mental Health and Wellness in Individuals Who are Immunocompromised During COVID-19**”

Rapid COVID-19 Proposals

Role: PI

Eisenberg Family Foundation

“Capturing My Healing: Using Photo-elicitation to Promote Healing Engagement After Gender-based Violence”

4/1/2020

\$5,000

Eisenberg Student Research Grant 2020

Role: PI

Ortner Center on Violence and Abuse in Relationships, University of Pennsylvania

02/24/2020

“Capturing My Healing: Using Photo-elicitation to Promote Healing Engagement After Gender-based Violence”

\$3,500

Student Research Grant

Role: PI

Rita and Alex Hillman Foundation

01/30/2020

“Trauma & Violence in the Lives of Nurses: An Investigation of the Health and Occupational Effects of Trauma with the Nurses’ Health Study”

\$5,000

Alumni Advancing Early Researcher Opportunities Grant

Role: Co-I

University of Michigan School of Nursing

11/14/2018

“Creating Spaces to Learn About Healing After Campus Sexual Violence: A Photo-elicitation Dissemination Project”

\$1,000

Gateway Scholars Fellowship

Role: PI

Sigma Theta Tau Rho Chapter, Ann Arbor, MI

11/19/2018

“Creating Spaces to Learn About Healing After Campus Sexual Violence: A Photo-elicitation Dissemination Project”

\$1,500

Research Grant

Role: PI

Horace H. Rackham School of Graduate Studies

04/08/2018

“Using Photo-elicitation to Understand Healing After Sexual Violence”

\$1,000

Graduate Student Research Grant

Role: PI

Rita and Alex Hillman Foundation

04/02/2018

“Finding the Strength to Heal After Campus Sexual Violence”

\$2,500

Advancing Early Researcher Opportunities Grant

Role: PI

Rita and Alex Hillman Foundation

03/20/2018

“Healing the Fragmented Self After Trauma”

\$4,670

Hillman Interdisciplinary Inquiry (II) Fellowship

Role: PI

Unfunded

US Department of Justice, Office for Victims of Crime
“Using Online Infrastructure to Create A Tailored Recovery Curriculum for Survivors of Sexual Harm” 06/02/2022
\$864,000
Advancing the Use of Technology to Assist Victims of Crime
(O-OVC-2022-171237)
Role: PI

National Institute of Justice
“Understanding and Promoting Help-seeking and Recovery with Gender-based Violence Victim Services in LGBTQ+ Young Adults” 05/10/2022
\$1,469,557
Research and Evaluation on Violence Against Women (O-NIJ-2022-171197)
Role: PI

National Institute of Justice
“Meeting Victims Where They Are: Leveraging Machine Learning and Victim-centered Resources to Build a Community of Hope and Healing Online” 05/10/2022
\$1,002,455
Research and Evaluation on Violence Against Women (O-NIJ-2022-171197)
Role: Significant Contributor

National Institute on Drug Abuse
“Social inequality and neurocognitive drivers of opioid use recovery trajectories” 10/14/2021
\$200,000
Mechanistic Studies on the Impact of Social Inequality on the Substance Use Trajectory (RFA-DA-22-005)
Role: PI

US Department of Justice, Office for Victims of Crime
“Using Online Infrastructure to Create A Tailored Recovery Curriculum for Survivors of Sexual Harm” 06/30/2021
\$2,000,000
Advancing the Use of Technology to Assist Victims of Crime
(OVC-2021-1894)
Role: PI

Johnson & Johnson Innovation
“The Clinical Ethnographic Narrative Interview-Photo Experiencing: A Mental Health Assessment Tool to Promote Recovery Engagement And Trauma-informed Interactions In The Outpatient Setting” 2/4/2020
\$20,000
Nurses Innovate QuickFire Challenge on Mental Health
Role: PI

US Department of Justice, Office for Victims of Crime
“Leveraging Machine Learning To Create A Tailored Recovery Curriculum for Survivors of Sexual Violence” 05/08/2020
\$1,500,000
Advancing the Use of Technology to Assist Victims of Crime

(OVC-2020-1894)

Role: PI

National Bureau of Economic Research 05/19/2020
"The Cost of Violent Crimes Against Women Amid COVID-19
Quarantine and Economic Hardships" \$20,000
Research Grants on Women, Victimization, and COVID-19
Role: PI

National Science Foundation 01/29/2020
"Leveraging the Multicultural Study of trauma Recovery (MiStory)
to expand understanding of the Cultural Psychology of Trauma
Recovery" \$60,000
Social Psychology Research Grant
Role: Co-I

L'Oréal Foundation 01/13/2020
"Understanding The Frontal Lobe Response to Emotion Regulation
Attempts in Survivors of Sexual Assault" \$250,000
L'Oréal USA For Women in Science Research Grant
Role: PI

NIH, National Institute of Child and Human Development 08/08/2018
"Finding the Strength to Heal After Campus Sexual Violence" \$77,915
Ruth L. Kirschstein NRSA (F31)
Role: PI

PUBLICATIONS

Peer-Reviewed Publications

1. Ortiz, R., Kishton R., Powers, W., Fingerman, M., Hall, J., Wood, J., **Sinko, L.**(in press). Meeting the Remote Learning Needs of Students At Risk of Maltreatment: Lessons learned from the COVID-19 pandemic through inquiries made to a national child abuse text- and chat helpline. *Journal of Trauma Studies in Education*
2. Shetty, N., Pierson, E., Manders, K., Sun, Y., Masciantonio, E., & **Sinko, L.** (in press). Building a Trauma-informed Community: Applying Community Building Circles to an Academic Health Research Setting. *Academic Medicine*.
3. Schroeder, K., **Sinko, L.**, Ibrahim, J., & Sarwer, D. B. (2023). Supporting student learning and development through trauma-informed campuses. *Journal of American College Health*, 1-9.
4. **Sinko, L.**, Heuer, B., Johnson, L., Brown, J., Heron, J., Lehigh, M., Gresko, S., Dickey, S., Teichman, B., & Schroeder, K. (2023). Building a culture of healing to support nurse faculty and staff well-being in the aftermath of COVID-19. *Nursing Open*, 10(5), 2700.
5. Pierson, E., & **Sinko, L.** (2022). "Facing" the Repercussions of Sexual Harm: A scoping review on neuroimaging studies using emotional stimuli with survivors of sexual violence. *CommonHealth*, 3(3), 107-123.

6. Koutra, K., Burns, C., **Sinko, L.**, Kita, S., Bilgin, H., & Arnault, D. S. (2022). Trauma Recovery Rubric: A Mixed-Method Analysis of Trauma Recovery Pathways in Four Countries. *International Journal of Environmental Research and Public Health*, *19*(16), 10310.
7. **Sinko, L.**, Ploutz-Snyder, R., Kramer, M. M., Conley, T., & Saint Arnault, D. (2022). Trauma history as a significant predictor of posttraumatic growth beyond mental health symptoms in women-identifying survivors of undergraduate non-consensual sexual experiences. *Violence and victims*, *37*(3), 396-421.
8. **Sinko, L.**, Montgomery, T., Terhaar, M., & Schroeder, K. (2022). Situating nursing science and public health within a shared context. *Public Health Nursing*.
9. Kishton, R., **Sinko, L.**, Ortiz, R., Islam, M. N., Fredrickson, A., Sheils, N. E., ... & Matone, M. (2022). Describing the health status of women experiencing violence or abuse: an observational study using claims data. *Journal of primary care & community health*, *13*, 21501319221074121.
10. **Sinko, L.**, Hughesdon, K., Grotts, J. H., Giordano, N., & Choi, K. R. (2022). A Systematic Review of Research on Trauma and Women's Health in the Nurses' Health Study II. *Nursing for Women's Health*, *26*(2), 116-127. <https://doi.org/10.1016/j.nwh.2022.01.005>
11. **Sinko, L.**, Regier, P., Curtin, A., Ayaz, H., Rose Childress, A., & Teitelman, A. M. (2022). Neural correlates of cognitive control in women with a history of sexual violence suggest altered prefrontal cortical activity during cognitive processing. *Women's Health*, *18*, 17455057221081326.
12. Regier, P. S., **Sinko, L.**, Jagannathan, K., Aryal, S., Teitelman, A. M., & Childress, A. R. (2022). In young women, a link between childhood abuse and subliminal processing of aversive cues is moderated by impulsivity. *BMC psychiatry*, *22*(1), 1-12.
13. **Sinko, L.**, Rajabi, S., Sinko, A., & Merchant, R. (2022). Capturing lifestyle changes and emotional experiences while having a compromised immune system during the COVID-19 pandemic: A photo-elicitation study. *Journal of Community Psychology*, *50*(5), 2411-2430.
14. He, Y., Ortiz, R., Kishton, R., Fingerman, M., Jacobs, L., & **Sinko, L.** (2021). In Their Own Words: Children's Perceptions of Caregiver Stress during COVID-19. *Health Services Research*, *56*, 19-20.
15. **Sinko, L.**, Özaslan, Z. Z., Schaitkin, C., & Arnault, D. S. (2021). Psychometric Evaluation of the Healing After Gender-Based Violence Scale: An Instrument for Cross-Sectional and Longitudinal Assessment of Recovery Progress for Women-Identifying Survivors. *Journal of Family Violence*, 1-19.
16. **Sinko, L.**, Goldner, L., & Saint Arnault, D. M. (2021). The Trauma Recovery Actions Checklist: Applying Mixed Methods to a Holistic Gender-Based Violence Recovery Actions Measure. *Sexes*, *2*(3), 363–377. MDPI AG. Retrieved from <http://dx.doi.org/10.3390/sexes2030029>
17. Saint Arnault, D., & **Sinko, L.** (2021). Comparative Ethnographic Narrative Analysis Method: Comparing Culture in Narratives. *Global Qualitative Nursing Research*, *8*, 23333936211020722.
18. **Sinko, L.**, He, Y., Kishton, R., Ortiz, R., Jacobs, L., & Fingerman, M. (2021). “The Stay at Home Order is Causing Things to Get Heated Up”: Family Conflict Dynamics During COVID-19 From The Perspectives of Youth Calling a National Child Abuse Hotline. *Journal of Family Violence*, 1-10.
19. Burns, C. J., & **Sinko, L.** (2023). Restorative justice for survivors of sexual violence experienced in adulthood: A scoping review. *Trauma, Violence, & Abuse*, *24*(2), 340-354.
20. Choi, K. R., Hughesdon, K., Britton, L., **Sinko, L.**, Wells, C., Giordano, N., ... & Heilemann, M. V. (2021). Interpersonal Trauma in the Lives of Nurses and Perceptions of Nursing Work. *Western Journal of Nursing Research*, 01939459211015894.
21. **Sinko, L.**, & Saint Arnault, D. (2021). Photo-experiencing and reflective listening: A trauma-informed photo-elicitation method to explore day-to-day health experiences. *Public Health Nursing*, *38*(4), 661-670.
22. Ortiz, R., Kishton, R., Sinko, L., Fingerman, M., Moreland, D., Wood, J., & Venkataramani, A. (2021). Assessing child abuse hotline inquiries in the wake of COVID-19: answering the call. *JAMA pediatrics*, *175*(8), 859-861.
23. **Sinko, L.**, He, Y., & Tolliver, D. (2021). Recognizing the Role of Health Care Providers in Dismantling the Trauma-to-Prison Pipeline. *Pediatrics*, *147*(5).

24. **Sinko, L.**, Schaitkin, C., & Saint Arnault, D. (2021). The Healing after Gender-Based Violence Scale (GBV-Heal): An Instrument to Measure Recovery Progress in Women-Identifying Survivors. *Global Qualitative Nursing Research*, 8, 2333393621996679.
25. **Sinko, L.**, James, R., & Hughesdon, K. (2022). Healing after gender-based violence: A qualitative metasynthesis using meta-ethnography. *Trauma, Violence, & Abuse*, 23(4), 1184-1203.
26. Sorenson, S. B., **Sinko, L.**, & Berk, R. A. (2021). The endemic amid the pandemic: Seeking help for violence against women in the initial phases of COVID-19. *Journal of Interpersonal Violence*, 36(9-10), 4899-4915.
27. **Sinko, L.**, Beck, D., & Seng, J. (2022). Developing the TIC grade: a youth self-report measure of perceptions of trauma-informed care. *Journal of the American Psychiatric Nurses Association*, 28(6), 455-463.
28. **Sinko, L.**, Blugin, D., Fauer, A., & Aronowitz, S (2020). Nursing work is justice work: Rethinking justice and promoting healing in survivors of gender-based violence. *Public Health Nursing*. 37(5), 631-656
29. **Sinko, L.**, Munro-Kramer, M., Conley, T., & Saint Arnault, D. (2020). Internalized Messages: The Role of Sexual Violence Normalization on Meaning-making after Campus Sexual Violence. *Journal of Aggression, Maltreatment & Trauma*, 1-21.
30. Boucher, N., Darling-Fisher, C. S., **Sinko, L.**, Beck, D., Granner, J., & Seng, J. (2022). Psychometric evaluation of the TIC Grade, a self-report measure to assess youth perceptions of the quality of trauma-informed care they received. *Journal of the American Psychiatric Nurses Association*, 28(4), 319-325.
31. Jeffers, K. S., Siddiq, H., Martinez-Hollingsworth, A. S., Aronowitz, S. V., **Sinko, L.**, Travers, J. L., ... & Choi, K. R. (2021). Nurses should oppose police violence and unjust policing in healthcare. *International Journal of Nursing Studies*, 117, 103735.
32. Fauer, A. J., Manges, K., Stroumsa, D., **Sinko, L.**, Adynski, G. I., Aronowitz, S. V., & Choi, K. R. (2020). Catalyzing a Nursing Response to Healthcare Discrimination Against Transgender and Nonbinary Individuals. *Journal of Nursing Scholarship*, 52(6), 599-604.
33. **Sinko, L.**, & Saint Arnault, D. (2019). Finding the strength to heal: understanding recovery after gender-based violence. *Violence Against Women*, 26 (12-13), 1616-1635. doi: 1077801219885185.
34. **Sinko, L.**, Munro-Kramer, M., Conley, T., Burns, C. J., & Arnault, D. M. S. (2020). Healing is not linear: Using photography to describe the day-to-day healing journeys of undergraduate women survivors of sexual violence. *Journal of community Psychology*, 48(3), 658-674.
35. Saint Arnault, D., & **Sinko, L.** (2019). Hope and Fulfillment After Complex Trauma: Using Mixed Methods to Understand Healing. *Frontiers in Psychology*, 10, 2061. <https://doi.org/10.3389/fpsyg.2019.02061>
36. Gultekin, L., Kusunoki, Y., Abramowski, K., Cannon, L., Khan, A., **Sinko, L.**, Seng, J. (2019). The Eco-Social Trauma Intervention Model. *Public Health Nursing*, 36(5), 709-715.
37. **Sinko, L.**, Burns, C. J., O'Halloran, S., & Arnault, D. S. (2019). Trauma Recovery Is Cultural: Understanding Shared and Different Healing Themes in Irish and American Survivors of Gender-based Violence. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/0886260519829284>

Book Chapters

1. Kalisch, B., **Sinko L.**, & Hetrick, B. (2015). Patient Outcomes of Missed Nursing Care, In *Errors of Omission: How Missed Nursing Care Imperils Patients*. (pp. 177-178) Silver Spring, MD., American Nurses Association.
2. **Sinko L.**, & Rudner, N. (2023). The Population Health Nurse Narratives. In *Preparing for Doctoral Study in Nursing*. (pp 278-281) Elsevier.

PRESENTATIONS

Podium Presentations

1. **Sinko, L.**, Saint Arnault, D., Fedewa, T., & Smith, T (2023, May). *The Process of Healing From Harm*. Conference on Ending Sexual Harassment and Gender-Based Violence. Ann Arbor, MI USA
2. **Sinko, L.** (2022, December). *Applying Community Building Circles in Academic Spaces: Building an Inclusive and Trauma-informed Community of Learning*. Temple University's Annual Faculty Conference on Teaching Excellence. Philadelphia, PA USA
3. **Sinko, L.**, Michaelson, B., & Linton, K. (2022, August). *Using Anonymous Platforms to Build Community and Pathways for Healing for Survivors of Gender-based Harm*. International Summit on Violence, Abuse, & Trauma. La Jolla, California, USA
4. **Sinko, L.**, Zomp, Z., & Schaikin, C. & Saint Arnault., D. (2022, June) *Creating and Evaluating the Healing After Gender-based Violence Scale (GBV-HEAL)*. Nursing Network on Violence Against Women International. Durham, North Carolina, USA
5. **Sinko, L.**, Hah, J., Harrison, A., Teitelman, A., & Saint Arnault., D. (2022, June) *Documenting My Recovery: Using Photo-experiencing and Reflective Listening to Understand Healing After Gender-based Violence*. Nursing Network on Violence Against Women International, North Carolina, USA
6. He Y, Ortiz R, Kishton R, Fingerman M, Jacobs L, **Sinko L.** (2021, June) *In Their Own Words: Children's Perceptions of Caregiver Stress During COVID-19*. Platform presented at: Academy Health Annual Meeting, Virtual.
7. Ortiz, R., He, Y., Kishton, R., **Sinko, L.**, Fingerman, M., Moreland, D., Venkatamarani, A., Wood, J., (2021, April) *Answering the Call: Assessing trends of child abuse helpline inquiries in the wake of COVID-19*. Helfer Society.
8. **Sinko, L.** & Saint Arnault D.M. (2020, June) *Innovations to prevent or respond to gender-based violence*. 23rd Nursing Network on Violence Against Women International (NNVAWI) Conference, Malmö, Sweden
9. **Sinko, L.**, Taran, A., & Saint Arnault D.M. (2020, June) *Creating an Instrument to Better Measure Healing in Female Survivors of Gender-based Violence*. 23rd Nursing Network on Violence Against Women International (NNVAWI) Conference, Malmö, Sweden
10. **Sinko, L.** (2020, April) *Amplifying day-to-day sexual violence healing experiences through photography and storytelling*. Society for Advancement of Violence and Injury Research, Philadelphia Pennsylvania
11. Burns, C.J., **Sinko, L.**, & Saint Arnault, D.M. (2019, September). *Normalization of violence in Irish and American survivors of gender-based violence: Confronting societal power and control over women*. 3rd European Conference on Domestic Violence, Oslo, Norway.
12. Saint Arnault, D.M. & **Sinko, L.** (2019, February). *The Application of the Clinical Ethnographic Narrative Interview in Research on Trauma Recovery*. From Resilience to Wellbeing- Promoting Healing Through Psychodrama and Action Methods. Padova, Italy
13. Saint Arnault, D.M., **Sinko, L.**, Burns, C.J. and O'Halloran, S. (2018, August). *Is Trauma Recovery Cultural? Using Ethnography to Understand the Nature of Help-seeking after Gender-based Violence*. World Nursing Research Conference. London, England.
14. **Sinko, L.** & Saint Arnault, D. (2018, August). *Healing after Gender-based Violence: Exploring Survivor's Perspectives of Trauma Recovery*. Nursing Science. London, England.
15. **Sinko, L.** & Saint Arnault, D. (2018, August). *Creating a Safe Healing Environment for Survivors of Gender-based Violence*. 5th World Congress on Nursing London, London, England.
16. Saint Arnault, D.M. & **Sinko, L.** (2018, May). *Supporting Survivors of Trauma: Applied Trauma-informed Practice*. Technological Educational Institute of Crete: Heraklion, Greece.
17. **Sinko, L.**, & Saint Arnault, D (2018, March) *Healing after Unwanted Sexual Experiences on a College Campus*. University of Akureyri, Akureyri, Iceland
18. Saint Arnault, D & **Sinko, L.** (2018, March) *Supporting Survivors: A Nursing Approach to Trauma-informed Care*. University of Akureyri, Akureyri, Iceland
19. **Sinko, L.**, & Saint Arnault, D (2018, March) *Healing After Unwanted Sexual Experiences on a College Campus*. University of Akureyri, Akureyri, Iceland

20. **Sinko, L.**, and Burns, C.J., Saint Arnault, D.M. (2018, March). *Cultural Variations in the Meaning of Healing: Irish and American Women*. Social Science Research Forum, Akureyri, Iceland.
21. Saint Arnault, D.M., Biglia, B., Bucuta, M., O'Halloran, S., Ribeiro, L., **Sinko, L.**, & Testoni, I. (2017, March) *Understanding the Trauma Recovery Journey: An International Ethnographic Study of Help Seeking*. 7th World Congress on Women's Mental Health. Dublin, Ireland

Conference Film Festival

1. **Sinko, L.**, Boctor, M., & Burns, C. (2021, October). *Finding Strength in Healing: Understanding recovery through the eyes of survivors of sexual violence*. American Public Health Association. Chicago, IL

Conference Research Exhibit

1. **Sinko, L.** (2019, May). *Finding Strength in Healing: Understanding recovery through the eyes of survivors of sexual violence*. Conference on Ending Sexual Harassment and Gender-Based Violence. Ann Arbor, MI USA
2. **Sinko, L.** (2023, May). *Surviving in Focus: Understanding healing after sexual violence*. Conference on Ending Sexual Harassment and Gender-Based Violence. Ann Arbor, MI USA

Posters

1. Ghazal, L.V., Wheldon, C.W., Fauer, A., & **Sinko, L.** (2023). *Beyond the Diagnosis: Supporting Sexual and Gender Minority Patients with Trauma-Informed Cancer Care*. Poster presentation at Science of Cancer Health Equity in Sexual and Gender Minority Communities Conference, New York City, NY,
2. Shetty, N., MacGowan, B., & **Sinko, L.** (2023). *Illuminating Unhoused Patients' Experiences Within The Philadelphia Healthcare System: A Photo-elicitation Study*. Poster Presentation at Academy Health Annual Research Meeting. Seattle, WA.
3. Shetty, N., MacGowan, B., & **Sinko, L.** (2023). *Unhoused Patients' Experiences With Photo-elicitation*. Poster Presentation at 19th annual Street Medicine Symposium, London, England.
4. Burns, C., & **Sinko, L.** (2023). *Best practices for implementing restorative justice after cases of sexual violence: A scoping review*. Conference on Ending Sexual Harassment and Gender-Based Violence. Ann Arbor, MI USA
5. Shetty, N., MacGowan, B., & **Sinko, L.** (2023). *Investigating the Impact of Stigma and Dehumanization on the Healthcare Engagement and Access of Unhoused Individuals: A Photo-Elicitation Study*. American Public Health Association 2023 Annual Meeting and Expo. Atlanta, GA.
6. Masciantonio, E., Evans, H., & **Sinko, L.**, (2023). *My Body Knew It Was Something: Understanding the Impact of Campus SV on Bodily Connections and Perceptions*. Temple University Symposium on Research and Creativity. Philadelphia, PA
7. Amaechi, N., Tso, D., & **Sinko, L.**, (2023). *Understanding Survivor Perspectives on Restorative Justice for Campus Sexual Harm*. Poster session presented at Temple College of Public Health Evidence Based Practice Day, Virtual.
8. Masciantonio, E., Evans, H., & **Sinko, L.**, (2023). *My Body Knew It Was Something: Understanding the Impact of Campus SV on Bodily Connections and Perceptions*. Poster session presented at Temple College of Public Health Evidence Based Practice Day, Virtual
9. Manders, K., Anderson, S., & **Sinko, L.**, (2022). *Assessing the Use of Photography in Trauma Healing of Women-identifying Gender-based Violence Survivors in Philadelphia, Pennsylvania*. Poster session presented at Temple College of Public Health Evidence Based Practice Day, Virtual
10. Pierson, L. & **Sinko, L.**, (2022). *"Facing" the Repercussions of Sexual Harm: A Scoping Review on Neuroimaging Studies Using Emotional Stimuli in Survivors of Sexual Violence*. Poster session presented at Temple College of Public Health Evidence Based Practice Day, Virtual

11. Charlakolu, M., Burns, C., **Sinko, L.**, & Saint Arnault, D. (2021). *Visualizing Survivorship: Developing Body Map Circumplexes to Examine Embodiment of Trauma Healing*. Poster session presented at the 4th European Conference on Domestic Violence, Ljubljana, Slovenia.
12. Burns, C.J., **Sinko, L.**, & Saint Arnault, D.M. (2021, April). “*The world is better with our voices*”: *Community-engaged practices for increasing peer understanding of healing in survivors of unwanted sexual experiences on college campuses*. Poster session to be presented at the National Conference on Health and Domestic Violence, Chicago, IL.
13. Burns, C.J., **Sinko, L.**, & Saint Arnault, D.M. (2021, April). *When is trauma ‘bad enough’? Influences of normalization of violence on disclosure and service utilization in survivors of gender-based violence*. Poster session to be presented at the National Conference on Health and Domestic Violence, Chicago, IL.
14. Hughesdon, K., & **Sinko, L.** (2020, March). *Healing after Gender-Based Violence: A qualitative meta-synthesis using meta-ethnography*. Midwest Nursing Research Society Conference. Abstract accepted for postcard presentation, Royal Oak, Michigan.
15. **Sinko, L.**, Reiger, P., Teitelman, A., Elkind, J., Aryal, S., Curtin, A., Ayaz, H., & Childress, A.R. (2020, December). *Ineffective affective processing: neural correlates of cognitive control in women with a history of sexual violence*. Poster session presented at Society for Neuroscience Global Connectome, Virtual
16. Kishton, R., **Sinko, L.**, Ortiz, R., Islam., N., Fredrickson, A., Sheils, N., Buresh, J., Cronholm, P., & Matone, M. (2020, December). *Describing the health status of women experiencing violence*. Poster session presented at Penn PROMOTES Research on Women and Gender in Health Conference, Virtual
17. **Sinko, L.**, Reiger, P., Teitelman, A., Elkind, J., Aryal, S., Curtin, A., Ayaz, H., & Childress, A.R. (2020, December). *Ineffective affective processing: neural correlates of cognitive control in women with a history of sexual violence*. Poster session presented at Penn PROMOTES Research on Women and Gender in Health Conference, Virtual
18. Burns, C.J., **Sinko, L.**, & Saint Arnault, D.M. (2020, April). *When is trauma ‘bad enough’? Influences of normalization of violence on disclosure and service utilization in survivors of gender-based violence*. Poster session presented at the National Conference on Health and Domestic Violence, Chicago, IL.
19. Burns, C.J., **Sinko, L.**, & Saint Arnault, D.M. (2020, April). “*The world is better with our voices*”: *Community-engaged practices for increasing peer understanding of healing in survivors of unwanted sexual experiences on college campuses*. Poster session presented at the National Conference on Health and Domestic Violence, Chicago, IL.
20. Burns, C.J., **Sinko, L.**, O’Halloran, S., & Saint Arnault, D.M. (2018, May). *Trauma recovery in Irish and American women: A story of courage and strength*. Poster session presented at the University of Michigan’s Michigan Meeting, Ann Arbor, MI.
21. **Sinko, L.** & Saint Arnault, D. (2018, May). *Healing from Gender-based Violence: Exploring Survivor’s Perspectives of Trauma Recovery*. Michigan Meeting, University of Michigan, Ann Arbor, MI
22. **Sinko, L.**, Beck, D., & Seng, J. (2018, April). *Creating the TIC grade: A Client Self Report Measure of Trauma-informed Care*. Nursing Research Day, University of Michigan, Ann Arbor, MI.
23. Burns, C.J., **Sinko, L.**, & Saint Arnault, D.M. (2018, April). *Surviving Gender-based Violence: A Cross-cultural Comparison of Trauma Recovery*. Nursing Research Day, University of Michigan School of Nursing, Ann Arbor, MI.
24. Wysocki, A., **Sinko, L.**, & Saint Arnault, D. (2018, April). *Seeking Help after Experiencing Gender-Based Violence: An Examination of the Sociocultural Perception of Need*. Nursing Research Day, University of Michigan School of Nursing, Ann Arbor, MI.
25. Roach, J., **Sinko, L.**, & Saint Arnault, D. (2018, April). *Gender-based Violence in Ireland: Facilitators and Barriers To Help-seeking provided by a Survivor’s Family*. Nursing Research Day, University of Michigan School of Nursing, Ann Arbor, MI.
26. **Sinko, L.**, & Saint Arnault, D. (2017, April). *Utilizing the Clinical Ethnographic Narrative Interview to Promote Healing in Survivors of Gender-based Violence*. University of Michigan Dean’s Research Day, University of Michigan School of Nursing, Ann Arbor, MI.

27. **Sinko, L.** Batterbee, C., Kambel, S.V., Stam, K.R., Chang, O.D., Wright, K.M., Lee, K., Najarian, A.K., Yu, T. & Chang, E.C. (November, 2017). *Relationship between interpersonal violence victimization and suicide risk in Indian college students: Does prior exposure to interpersonal violence also matter?* Health Psychology Research Symposium, Dearborn, MI
28. **Sinko L.,** Hetrick, B., & Kalisch, B. (2015, May). *Outcomes of Missed Nursing Care.* Undergraduate Research Opportunities Program Symposium, Ann Arbor, MI
29. **Sinko L.,** Hetrick, B., & Kalisch, B. (2014, May). *Reasons for Missed Nursing Care.* Undergraduate Research Opportunities Program Symposium, Ann Arbor, MI

Invited Talks/ Guest Lectures

1. **Sinko L.** (May 2023). Applying Mixed Methods Strategies to Innovative Research Designs. Department of Family Nursing, University of Tokyo. Tokyo, Japan.
2. **Sinko L.** (May 2023). Healing after Sexual Violence. Department of Social Work, Hellenic Mediterranean University, Virtual
3. Denman, A. & **Sinko, L.** (April, 2023). Survivor Love Letters and Resources, Temple University Presentation and event.
4. **Sinko L.,** McGiffert, N., Kaufman, I., Taylor, M. (April, 2023). Pleasure, Joy, and Disabilities. Temple University, Panel presentation.
5. **Sinko L.,** Munro-Kramer, M., Kubovcik, C., Cohen, J.B., & Thomas, B. (April, 2023). Healing after Sexual Violence Panel. Project Healing Sideways. University of Pittsburgh, Virtual
6. **Sinko L.** (April, 2023). Healing is not Linear, University of Michigan Women's Studies Department (Gender-based Violence and Human Trafficking course), Ann Arbor, MI
7. **Sinko L.** (November, 2022). Photography-based Research Methods. Qualitative Methods Collective. University of Pennsylvania, Virtual
8. **Sinko L.** (November, 2022). Using Narrative and Photo-elicitation Methods to Understand Participant Lived Experiences. Department of Social Work, Hellenic Mediterranean University, Virtual
9. **Sinko L.** & Austin, C (November, 2022). Rebuilding Trust in Survivors of Trauma and Supporting Relational Healing. Temple University College of Public Health, Virtual.
10. **Sinko L.** (October, 2022). Understanding Emotional Face Recognition and Reactivity in Survivors of Sexual Harm. Penn PROMOTES, University of Pennsylvania, Virtual
11. **Sinko L.** & Cambareri, K (September, 2022). Art and the Sexual Violence Healing Journey, Penn Nursing Center for Global Woman's Health, Webinar
12. **Sinko L.,** (September, 2022). Supporting Survivor Healing after Experiences of Trauma and Abuse. USA Gymnastics, Webinar
13. **Sinko L.,** (September, 2022). Responding to Disclosures of Trauma and Abuse. USA Gymnastics, Webinar
14. **Sinko L.,** (September, 2022). Preventing Abuse Victimization in Youth Sports. USA Gymnastics, Webinar
15. **Sinko, L** (April, 2022). Understanding Sexual Harm and How to Support Survivor Healing on College Campuses. Keynote speaker, Take Back the Night event, University of Pennsylvania
16. **Sinko, L** (April, 2022). Healing is Not Linear, but it is Possible: Supporting Survivor Recovery after Gender-based harm. John Paul Pryor Memorial PennTRAC Conference, Virtual
17. **Sinko L.,** (April, 2022). How to Support a Survivor. Temple University Sexual Assault Awareness Month, virtual
18. **Sinko, L** (October, 2021). Finding the Strength to Heal. Temple University College of Public Health, Virtual.
19. **Sinko, L.,** Beidas, R., & Viscelli, S. (April, 2021). Innovative Data Collection Methods. University of Pennsylvania Doctoral Student Organization, Virtual.
20. Koss, M., **Sinko, L.,** Chisholm, K., Lopez, E., & Hopkins, Q. (2021, April). Experience from Practicing Restorative Justice for Sexual Harm: Trauma, Justice Needs, Participant Satisfaction, Equity, Law, and The Future. One Standard of Justice, Online Webinar

21. **Sinko, L.** (2021, March). Weaving a Tapestry with Knotted Silk: Understanding Healing After Gender-based Violence. Alice Paul Center of Gender, Sexuality, and Women's Health, Virtual
22. **Sinko, L.** (2020, December) Healing Is Possible: Understanding the Current Science of Violence Recovery, University of Michigan Women's Studies Department, Virtual
23. **Sinko, L., Ortiz, R., & Linton, K.** (2020, April) Noticing Signs of Trauma and Responding to Disclosures in Youth, USA Gymnastics, Online Webinar
24. **Sinko, L.** (2020, April) Capturing Healing: Understanding Recovery Through the Eyes of Survivors of Sexual Violence, University of Michigan Student Life, Ann Arbor, MI*
25. **Sinko, L.** (2020, April) Understanding Healing after Sexual Violence, University of Michigan Women's Studies Department (Gender-based Violence and Human Trafficking course), Ann Arbor, MI
26. **Sinko, L.** (2019, April) Finding the Strength to Heal: Understanding Survivor Recovery after Gender-based Violence, University of Michigan Women's Studies Department (Gender-based Violence and Human Trafficking course), Ann Arbor, MI
27. **Sinko, L.** (2019, January) Responding to Disclosures and Resource Referral. University of Michigan NROTC (Midshipmen branch), Ann Arbor, MI
28. **Sinko, L. & Saint Arnault, D.** (2018, June). Trauma-informed Care in Child and Adolescent Psychiatry. Nyman Family Unit for Child and Adolescent Mental Health and Wellness, Michigan Medicine, Ann Arbor, MI
29. **Sinko, L.** (2018, March) Healing after Unwanted Sexual Experiences: The Role of Nurses. University of Michigan School of Nursing (Labor and Delivery course), Ann Arbor, MI
30. Saint Arnault, D. & **Sinko, L.** (2017, December) Trauma-informed Care and Nursing Practice. University of Michigan School of Nursing (Labor and Delivery course), Ann Arbor, MI

TEACHING

Role	Course	Level	Description	Time Period
Instructor	N3296 Health Perspectives: Thinking Globally	Undergraduate	This course examines social determinants of health and epidemiological concepts, providing foundational tools needed to compare and contrast the health status of persons living in developing and developed countries. Students delve into the social, political, behavioral, environmental, and occupational determinants of health at the global level through resources commonly used in global health. Throughout the semester, students work on developing a program planning proposal for a specific health-related concern and are provided with instructor feedback on multiple drafts.	01/2023-05/2023
Seminar Leader	Nightingale PhD Peer Seminar	Doctoral	Instructed mandatory nursing doctoral student seminar which involved organizing collaborative projects to work on during the first half of our session and coordinating relevant speakers to speak to us during the second half of our session.	09/2019-04/2019
Teaching Assistant	N357 Mental Health and Illness	Undergraduate	In charge of students who had clinical on the child and adolescent psychiatric unit. Provided	09/2018-12/2018

	Clinical Group (PNE 381)		feedback on student-created psychoeducation groups and facilitated post-clinical debriefing sessions to talk about complex cases.	
Teaching Assistant	N357 Mental Health and Illness Lecture	Undergraduate	Organized and facilitated small group discussions and activities related to course content. Helped coordinate and give feedback on student-driven lecture content. Gave guest lectures on trauma, violence, and abuse.	09/2018-12/2018
Teaching Assistant	HS841 Qualitative Research Methods	Masters/ Doctoral	Taught about qualitative coding, workshopped student's research questions based on their available datasets, and provided feedback to translate question to an eventual scientific publication or poster.	09/2018-12/2018
Health Sciences Peer Advisor	UC280 Undergraduate Research	Undergraduate	Organized lecture every other week with 35 students on basic health science research methods. Met with each student individually for 15-30 minutes once a month to evaluate process on individual mentored research projects.	09/2015-05/2016

MENTORING

Role	Institution	Number of, Level, and Discipline of Students	Description	Time Period
Phoenix Gender-based Violence Research Lab Mentor	Temple University	2 pre-medicine undergraduates, 4 nursing undergraduates, 2 neuroscience students, 3 public health masters students, and 2 psychology PhD students	Supervised recruitment and data collection experiences for neuroimaging project with pre-med student and two nursing students. Supervised scoping review and manuscript writing with other nursing student. Supervised study design for photography study for transgender/ non-binary gender-based violence survivors for psychology PhD student. Supervised qualitative data analysis for all other students.	08/2021-present
Temple MPH Fieldwork Program Preceptor	Temple University	2 public health masters students	Mentored 2 students for their fieldwork placement over two semesters. Supervised scoping review, data collection, and data analysis experiences for a neuroimaging and photography intervention project.	07/2021-present
N389 Undergraduate Research Mentor	University of Pennsylvania	2 undergraduate nursing students	Mentored 2 students in qualitative coding for a photo-elicitation project focused on healing after gender-based violence	01/2021-05/2021

Culture and Gender-based Violence Lab	University of Michigan	1 social work masters student and 1 nursing undergraduate student	Held weekly meetings to allow students to pursue their own primary or secondary qualitative projects. Co-taught trauma-informed interviewing strategies, ethnographic narrative techniques, body map analysis, cross-cultural comparison, thematic analysis, data management, and manuscript production.	01/2021-05/2021
N389 Undergraduate Research Mentor	University of Pennsylvania	2 undergraduate nursing students	Mentored students through a scoping review on quantitative measures used to evaluate gender-based violence recovery. Constructed student deliverables, facilitated partnerships with librarians, and evaluated students contributing to 50% of their N389 grade.	09/2020-12/2020
NCSP Qualitative Research Group Leader	University of Pennsylvania	4 physician scientists	Created a group for scholars interested in learning qualitative methods. Each student selected their own qualitative research question and data set and met weekly with myself and the group to go through the theory and analysis process step by step.	09/2020-05/2021
Penn Injury Science Center Student Learning Lab Research Mentor	University of Pennsylvania	2 social work masters students and 1 education student	Mentored students on trauma-informed interviewing and intervention development for the testing of a pilot photo-elicitation intervention in survivors of gender-based violence. Provided mentorship on final posters which were presented to the center faculty and staff.	09/2019-05/2021
N389 Undergraduate Research Mentor	University of Pennsylvania	2 undergraduate nursing students	Mentored 2 students in community-based participatory research for a research project on the role of community-based art programs on substance use and trauma recovery	01/2020-05/2020
Culture and Gender-based Violence Lab	University of Michigan	4 nursing undergraduate honors students, 3 social work masters students, 1 public health student, 3 psychology students (virtually from Italy), 1 engineering student	Held weekly meetings to allow students to pursue their own primary or secondary qualitative projects. Co-taught trauma-informed interviewing strategies, ethnographic narrative techniques, body map analysis, cross-cultural comparison, thematic analysis, data management, and manuscript production.	09/2017-05/2019

TRAINING AND CONSULTATION

DOMESTIC

- University of Pennsylvania School of Nursing, Philadelphia PA** 2021
2 hour training for BSN students on supporting survivors of trauma and trauma-informed care
- USA Gymnastics, Center for Safe Sport** 2020
Webinar education series for parents and coaches to help them recognize, appropriately respond, and prevent sports-related abuse
- Student Advocacy Center of Michigan, Ypsilanti, MI** 2017-2018
Created and trained staff in new mental health crisis policies. Generated restorative justice advocacy resources to be used as disciplinary guidance for students who use drugs middle school and high school. Created positive psychology and pregnancy information workbook
- Nyman Family Unit for Child and Adolescent Mental Health and Wellness, Ann Arbor, MI** 2018-2019
Created and implemented two-hour training for inpatient mental health nurses and patient care workers on how to incorporate trauma-informed care into their clinical practice.

INTERNATIONAL

- Photo-experiencing and Reflective Listening (PEARL) Research Training: Tokyo, Japan** 2022
Trained faculty and students at University of Tokyo on photography and narrative research methods. Provided consultation for individual projects.
- MiStory Research Training: Crete, Greece** 2019
Trained 22 members of MiStory Consortium in photo elicitation methods and co-facilitated cross cultural data analysis for normalization of violence and healing goals.
- MiStory Research Training: Akureyri, Iceland** 2018
Co-facilitated the training of 17 new members of the MiStory Consortium from University of Akureyri, Iceland on ethnographic narrative interviewing, trauma-informed qualitative data collection, and photo-elicitation methodologies.
- MiStory Research Training, Padua, Italy** 2018-2019
This virtual qualitative research training was ongoing with 7 graduate students at University of Padua Department of Psychology for eight months. I co-led these sessions to teach them in codebook generation and qualitative analysis of MiStory gender-based violence data.
- MiStory Research Training, Lisbon, Portugal** 2017
Trained 10 investigators from Lucian Blaga University of Sibiu, Romania; Safe Ireland, Ireland; University of Padua, Italy; and Universitat Rovira i Virgili, Spain for future steps for MiStory gender-based violence study.

COMMUNITY PARTNERSHIPS

ORGANIZATION	MISSION	ACTIVITIES	DATE
St. John's Hospice, Philadelphia PA	Catholic social services shelter aimed to "assist poor and homeless in Philadelphia"	Collaborated on two research projects: 1) to understand neurobiology of trauma, and 2) to understand the healthcare experiences of unhoused individuals	12/2021-present
The Consortium, Philadelphia PA	The Consortium provides an array of comprehensive outpatient, drug and alcohol treatment services to adults and adolescents. Medication assistance is also available for persons 18 years of age and older.	Collaborated research project to understand neurobiology of addiction. Provided staff education sessions to share findings and discuss next steps.	12/2021-present
Lutheran Settlement House, Philadelphia, PA	A non-profit, community-based organization committed to serving children, adults, and families living in Philadelphia.	Serve on research advisory board to help vet future research projects. Collaborated on project in 2019-2021 about supporting survivors of gender-based violence in Philadelphia.	09/2019-present
Women Organized Against Rape (WOAR), Philadelphia, PA	Philadelphia's only rape crisis center. Provides direct services to survivors including a 24/7 crisis hotline, individual and group therapy, court accompaniment, and legal advocacy.	Collaborated on project in 2019-2021 about supporting survivors of gender-based violence in Philadelphia. Collaborating currently on project to understand the healthcare needs of LGBTQ+ survivors of gender-based violence.	09/2019-present
Galaei, Philadelphia, PA	A Queer and Trans, Black, Indigenous, and People of Color social justice organization. Galaei provides and facilitates Queer educational services, community wellness, and is committed to healing historical harm.	Collaborating currently on project to understand the healthcare needs of LGBTQ+ survivors of gender-based violence. Members serve on project research advisory board.	03/2022-present
Mazzoni Center, Philadelphia, PA	Provides comprehensive health and wellness services in an LGBTQ-focused environment.	Collaborating currently on project to understand the healthcare needs of LGBTQ+ survivors of gender-based violence. Members serve on project research advisory board.	03/2022-present
Women in Transition, Philadelphia, PA	Provides services to support those transitioning out of domestic violence and substance abuse situations.	Collaborated on project in 2019-2021 about supporting survivors of gender-based violence in Philadelphia. Created online healing event together for their stakeholders.	09/2019-05/2021
The Student Advocacy Center of Michigan, Ann Arbor, MI	Provides advocacy services for youth at risk for truancy and expulsion.	Created evidence-based materials to distribute to educational leaders in the Washtenaw county area to share	09/2018-05/2019

		the impact of trauma on learning and alternatives to punishment in primary and secondary education	
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COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE

Member-at-large, Nursing Network on Violence Against Women 2022-present
Voted by organization as a member-at-large to serve as a liaison between the larger membership community and the board of directors.

Diversity, Equity, Inclusion, and Belonging Committee (Chair) 2022-present
Chaired committee with strategic priorities of increasing faculty belonging. Trained faculty in restorative facilitation. Built “All Victories Great and Small” digest which got sent out to faculty once a month. Built student DEI committee.

Trauma Consortium Interest Group Member, Temple University College of Public Health, Philadelphia, PA 2021-present
Attended monthly meetings and participated in trauma-informed care student education series, led sessions on practical applications, theory behind trauma-informed care, and rebuilding student trust.

Community-engaged Research and Practice Steering Committee Member, Temple University College of Public Health, Philadelphia, PA 2021-present
Attended monthly meetings and participated in Faculty Training subcommittee.

Suitable Research 101 Working Group 2022- 2023
Created research modules to gamify research skills for students at Temple University.

Tenure Track Workload Committee Member, Temple University College of Public Health, Philadelphia, PA 2022-2023
Reviewed tenure track workload policies and provided an objective assessment and equitable recommendations. Drafted a revised policy based on committee consensus.

Faculty Affairs Committee Member, Temple University College of Public Health, Department of Nursing, Philadelphia PA 2021-2023
Set up and executed candidate hiring interviews for open positions in nursing department

Sexual Violence Prevention Workgroup Member, Temple University College of Public Health, Philadelphia, PA 2021-2023
Planned programming for sexual assault, domestic violence, and stalking awareness month as well as prevention programming throughout the academic year.

National Clinical Scholars Program Alumni Association, Student Representative, National 2020-2021
Attend monthly meetings to provide connections between current scholars and alumni of the program

FORCE: Upsetting Rape Culture, Emotional Support Volunteer, Washington DC 2019

Served as a de-escalation and crisis management support person at an advocacy and healing event for survivors of sexual violence in Washington DC

Sexual Assault Prevention and Awareness Center, Intern, Ann Arbor, MI 2018-2019
Attended weekly case management meetings, trained student organizations on trauma and appropriate responses to survivor disclosure, synthesized current research to update the survivor handbook

Campus Sexual Assault Response Team, Advocate Representative, Ann Arbor, MI 2018-2019
Served as an advocate for University of Michigan affiliated individuals who presented to the emergency room after a sexual assault. Provided resources, medical and law enforcement advocacy, follow up, and referrals.

School of Nursing Research Day, Student organizer, Ann Arbor, MI 2018
Helped in Nursing Research Day planning and student engagement endeavors

Michigan Meeting: Ending Gender-based Violence, Student liaison, Ann Arbor, MI 2018
Helped in Michigan Meeting planning and took notes during presentations for dissemination after the conference

Interprofessional Education in Action, Faculty facilitator, Ann Arbor, MI 2018
Led a small group of nursing, pharmacy, dental, physical therapy, and medical students in a day of healthcare challenges to promote interprofessional collaboration

School of Nursing Curriculum Committee, Valuation Interviewer, Ann Arbor, MI 2017
Interviewed faculty and students about what they value about the PhD curriculum in order to better understand how to reform the PhD nursing curriculum while keeping the values of the current program in tact.

Salokaya College of Nursing, Visiting Student, New Dehli, India 2015
Engaged in home and hospital visits with nursing students at Salokaya College of Nursing to better understand similarities and differences in India and USA public health infrastructure and healthcare systems.

Children's Addiction Prevention Program Leader, Brighton, MI 2014-2016
Co-led weekend long intensive retreats with children who had a parent in substance use treatment to promote processing and open communication for family around addiction;

OTHER SCHOLARLY PRODUCTS

Capturing My Healing: Online Photography and Research Dissemination Exhibit 2021-present
Created online exhibition disseminating photographs and narratives from 46 survivors of gender-based violence derived by two companion research studies. See here:
<https://discover.ourwave.org/>

Unapologetically Surviving Survivor Education Series 2020-2021

Created FAQ Friday content and other educational social media posts synthesizing scientific literature to date for the educational series launched by @unapologeticallysurviving for their 128K followers.

Capturing Wellbeing While Immunocompromised During COVID-19

2020

Created an online photography exhibit displaying the research findings, stories, and photographs gathered through photo-elicitation project that sought to amplify the wellness and distress experiences of those who are immunocompromised during COVID-19. See here:

<https://capturingwellbeing.myportfolio.com/work>

Finding the Strength to Heal, Photography Research Exhibit

2019-2020

Created a special exhibit at Matthaei Botanical Gardens in Ann Arbor, MI featuring survivor narratives and photography gathered from my dissertation research. Synthesized research findings to educate students and service providers about survivor healing. Collaborated with sexual assault services to provide information to student attendees to bridge the gap between survivors and services meant to support them. See here:

<https://www.fox2detroit.com/news/sex-assault-survivors-find-voice-empowerment-through-photography>

Finding the Strength to Heal, Short Film for Provider Training and Education

2019

Created a film depicting the healing journeys of survivors of sexual violence gathered through my research. This film is currently being used to train University of Michigan Student Health employees. This film also won a merit award through Awareness Film Festival in Los Angeles and was screened at the Women's Film Festival in Philadelphia, Docs Without Borders Film Festival, Independent Shorts Awards and the Canberra Mental Health Film Festival in Australia among others. See here: <https://vimeo.com/329727883>