

Curriculum Vitae

**Heather R. Porter, PhD, CTRS**

July 2018

Office  
Temple University  
College of Public Health  
Department of Rehabilitation Sciences  
Therapeutic Recreation Program  
1700 N. Broad St., Suite 304D  
Philadelphia, PA 19122  
E-mail: [hporter@temple.edu](mailto:hporter@temple.edu)  
Office #: 215-204-5746

**EDUCATION**

- |      |       |                                                                                                                                                                                                                                                                                                                       |
|------|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2009 | Ph.D. | Health Studies (Recreational Therapy and Public Health)<br>Temple University<br>Dissertation Title: Developing a Leisure Meanings Gained and Outcomes Scale (LMGOS) and Exploring Associations of Leisure Meanings to Leisure Time Physical Activity Adherence among Adults with Type 2 Diabetes (ProQuest # 3359696) |
| 1998 | M.S.  | Counseling Psychology<br>Chestnut Hill College                                                                                                                                                                                                                                                                        |
| 1992 | B.S.  | Dual Degree: Leisure Studies (Recreational Therapy)<br>Leisure Studies (Sport/Recreation Management)<br>Temple University                                                                                                                                                                                             |

**SPECIALTY CERTIFICATION**

- |              |                                                      |                       |
|--------------|------------------------------------------------------|-----------------------|
| 1992-Present | Certified Therapeutic Recreation Specialist (#15217) | NCTRC                 |
| 1998         | Marriage and Family Therapy Certificate              | Chestnut Hill College |

## PROFESSIONAL DEVELOPMENT

|      |                                                                                            |                                              |
|------|--------------------------------------------------------------------------------------------|----------------------------------------------|
| 2018 | Cognitive Rehabilitation Training course                                                   | American Congress of Rehabilitation Medicine |
| 2018 | Interprofessional Education: Using Technology to Teach Team Based Care                     | American Medical Association                 |
| 2018 | Enhancing Your Canvas Course with Canvas Apps                                              | Temple University                            |
| 2018 | Setting Up Student Communication with Canvas Groups                                        | Temple University                            |
| 2017 | Canvas Academy Training                                                                    | Temple University                            |
| 2015 | Summer 2015 Provost's Teaching Academy<br>Awarded Teaching in Higher Education Certificate | Temple University                            |
| 2012 | Virtual Teaching Certificate                                                               | Temple University                            |
| 1997 | Rehabilitation Leadership Certificate                                                      | Bryn Mawr Rehab Hospital                     |
| 1997 | Sexuality Counseling for Physical Disabilities Certificate                                 | Bryn Mawr Rehab Hospital                     |

## CLINICAL EXPERIENCE

|           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1996-2006 | <p>Recreational Therapy Clinical Specialist<br/>Bryn Mawr Rehab Hospital, Malvern, PA</p> <p>Responsibilities: Carried clinical caseload on multiple units; justification for staff; development of new staffing patterns; CQI/QA; extensive policy and procedure development; clinical observations and chart reviews of therapists; staff supervision and training; in-service training; various committees and development groups.</p>                                                                                                                                                                                                        |
| 1994-1996 | <p>Recreational Therapist and Recreational Therapy Student Intern Coordinator<br/>Bryn Mawr Rehab Hospital, Malvern, PA</p> <p>Responsibilities: Provided recreational therapy for in-patient rehab units (traumatic brain injury, stroke, deconditioning, cardiac, pulmonary, traumatic and non-traumatic spinal cord injury, multiple sclerosis, joint replacement, amputation, miscellaneous neurology), chronic pain out-patient program, day treatment outpatient program, fee-for-service outpatient recreational therapy service, and transitional care unit. Development, management, and supervision of the student intern program.</p> |
| 1992-1994 | <p>Recreational Therapist<br/>Moss Rehab Hospital, Philadelphia, PA</p> <p>Responsibilities: Provided recreational therapy for stroke, arthritis, and neurology units. Managed and instructed the community arthritis aquatic program.</p>                                                                                                                                                                                                                                                                                                                                                                                                       |

## TEACHING

### Academic Appointments

|              |                                                                                                                                                                                                             |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015-Present | Associate Professor<br>Department of Rehabilitation Sciences; College of Public Health; Temple University<br>2016-2017: Served as Interim Co-Program Director                                               |
| 2009-2015    | Assistant Professor<br>Department of Rehabilitation Sciences; College of Public Health; Temple University                                                                                                   |
| 2008-2009    | Facilitator/Instructor<br>College of Applied Science (Psychology); University of Phoenix                                                                                                                    |
| 2006-2008    | Graduate Assistant<br>Department of Therapeutic Recreation; College of Health Professions; Temple University                                                                                                |
| 1999-2009    | Adjunct Instructor<br>Department of Therapeutic Recreation; College of Health Professions; Temple University                                                                                                |
| 1997-1999    | Guest Lecturer on Traumatic Brain Injury for the Therapeutic Recreation and Physical Disabilities course (unpaid)<br>Department of Therapeutic Recreation; College of Health Professions; Temple University |

### Courses Taught

#### Temple University, Graduate Courses

Evidence Based Practice II in Recreation Therapy (hybrid)  
Independent Study: Assessment & Documentation (hybrid)  
Master's Project in Recreation Therapy (hybrid)  
Orientation to Recreation Therapy (hybrid)  
Psychosocial Aspects of Wellness & Illness (on-campus)  
Recreation Therapy & Physical Disabilities (on-campus)  
Recreation Therapy Practicum (online)  
Special Topics: Advanced Recreational Therapy Treatment in Physical Medicine & Rehabilitation (on-campus)  
Teaching in Higher Education (synchronous online)  
Therapeutic Recreation and Disabilities Seminar II (on-campus)  
Therapeutic Play, Recreation, and Children's Health (on-campus)

#### Temple University, Undergraduate Courses

Administration of Therapeutic Recreation (on-campus)  
Assessment & Documentation in Therapeutic Recreation (Writing Intensive) (on-campus, synchronous online, & asynchronous online)  
Foundations of Therapeutic Recreation Practice (on-campus)  
Internship I (hybrid)

Internship II (hybrid)  
 Professional Seminar II (on-campus)  
 Research & Evaluation (Writing Intensive) (on-campus)  
 Therapeutic Recreation Modalities (on-campus)  
 Therapeutic Recreation & Physical Disabilities (on-campus)

University of Phoenix, Undergraduate Courses  
 Introduction to Psychology (asynchronous online)

### Course Creation

|           |                                                                                                                                                                                                                 |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015      | THRC (no course number yet) Recreational Therapy Practice I, 3 credit Graduate course. Was decided not to create a new course and use the course developed content within THRC 5261 RT & Disability Seminar I   |
| 2015      | THRC (no course number yet) Recreational Therapy Practice II, 3 credit Graduate course. Was decided not to create a new course and use the course developed content within THRC 5271 RT & Disability Seminar II |
| 2015      | THRC (no course number yet) Advanced Assessment and Outcomes, 3 credit online Graduate course                                                                                                                   |
| 2013      | THRC 5250 Special Topics in Therapeutic Recreation Practice: Advanced Recreational Therapy Treatment in Physical Medicine and Rehabilitation                                                                    |
| 2012-2013 | REHB 5313 Measuring Health & Disability, 3 credit online Graduate course (open to any student in the college/university)                                                                                        |
| 2012      | THRC 3096 Assessment & Documentation in Therapeutic Recreation, 3 credit Undergraduate course (course changed from non-writing intensive THRC 3101 to writing-intensive THRC 3096)                              |

### Curricular Revisions & Enhancements

|      |                                                                                                                                                                                                                                                                                                                                                |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018 | Current working on converting HRPR 8985 Teaching in Higher Education: Health Professions from an online synchronous course to a fully online asynchronous course.                                                                                                                                                                              |
| 2018 | Currently working on converting the RCTH Recreational Therapy and Disability Seminar II from an on-campus course to a fully online asynchronous course                                                                                                                                                                                         |
| 2018 | Created a 10-page clinical competency tracking form for THRC 4185 Internship II                                                                                                                                                                                                                                                                |
| 2018 | Converted the THRC 3096 Assessment & Documentation course from a synchronous online 12-week course to an asynchronous online 12-week course. This required 170 hours of work, including the creation of 47 video clips, 28 audio clips, & 9 voice over Power Points, along with finding & embedding 101 relevant video clips. It also required |

the creation of a new case study with related materials, increased text content within Canvas pages, increased practice question content/worksheets, & splitting up large tests into weekly quizzes. Two new assessment tools were added to the course (ASQ-3, ASQ:SE) and test content/approach was changed to include video observations, audio clips, & clinical writing. Added content and quiz on medical terminology prefixes, word roots, and suffixes as required by accreditation report. Received no stipend or workload release.

- 2018 Revised THRC 4211 from “talking” about interventions to hands-on application of interventions. This resulted in purchasing/making equipment & designing new in-class activities. Received no workload release.
- 2018 Converted the THRC 3096 Assessment & Documentation course (on-campus, 15 weeks) to an online standard semester course (synchronous online, 15 weeks) in congruence with Quality Matters standards
- 2017 Converted the THRC 3096 Assessment & Documentation course (on-campus, 15 weeks) to an online summer course (synchronous online, 12 weeks) in congruence with Quality Matters standards
- 2016 Revised THRC 3185 Internship I course assignments to reflect change in focus (moved to observational and clinical interview assessment with administration of standardized assessment tools)
- 2016 Created 9 videos for the THRC 5102 Orientation to Therapeutic Recreation course that explains RT practice models and theories to increase the flipped classroom design of the course.
- 2016 Minimized time reviewing diagnoses in THRC 4211 (Therapeutic Recreation and Physical Disabilities) by having students read diagnosis material outside of class and take quizzes on reading material at start of class. This provided more time to focus on specific interventions and techniques and introduce new material: balance training, counseling techniques, leisure for stress coping, motivational interviewing, cognitive rehabilitation, mind body interventions, limb activation strategies, psychoneuroimmunology, limb activation strategies, visual rehabilitation, behavior strategies, and social skills training.
- 2016 Created new collaborative learning activities in THRC 3096 Assessment & Documentation course to enhance critical thinking (group problem solving with class voting, group scratch off game, group clinical writing with hint slides).
- 2015 Incorporated 20+ video clips within the THRC 3096 Assessment & Documentation course to increase skills in behavioral observation. Embedded clips into Kahoot, a web-based learning game. Developed a course success plan that students complete at the start of the semester, which are shared with the instructor. Students are prompted to revisit their individual course success plans periodically throughout the semester. Incorporated a new (and complex) standardized assessment tool into the course (Developmental Assessment of Young Children), along with related practice sets.

|      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015 | Contacted various healthcare facilities and early intervention programs to identify standardized assessment tools currently used in practice to measure development, researched and compared 12 tools recommended, requested and received Dept funding to purchase 4 tools that will be incorporated into THRC 4213 Therapeutic Recreation and Pediatric Healthcare and THRC 3096 Assessment and Documentation                                                                                                                                                                                                    |
| 2015 | Led a comprehensive project to increase instruction of standardized assessment tools across nine courses in the RT curriculum (Assessment and Documentation, Adventure Programming, Assistive Technology, Developmental Disabilities, Geriatrics, Leisure Education, Mental Health, Pediatrics, and Physical Disabilities). Researched and compiled a descriptive table of 75 standardized assessment tools that are owned (or being considered for purchase) in the RT program at Temple. Carefully analyzed each tool's appropriateness to be taught within the courses and assigned tools to specific courses. |
| 2014 | Created a Behavior Agreement document for THRC 3185 Internship I                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 2014 | Clinical Writing Worksheets: Developed 15 clinical writing worksheets with students for the Russell Conwell Learning Center to use for Tutoring in Clinical Writing                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 2014 | Updated THRC 3185 Internship I Manual (content, assignments, instructions/directions for assignments, and policies/procedures during internship; consistent language throughout document)                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 2013 | Developed Master's Project Guide for Graduate students in the Recreation Therapy Program                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 2013 | Revised THRC 8102 (Evidence Based Practice in Recreation Therapy II) to incorporate structured faculty mentoring early in semester to assist students in identifying possible Master Project topics                                                                                                                                                                                                                                                                                                                                                                                                               |
| 2013 | Created a Master's Project petition process for Graduate students in the Recreation Therapy Program, along with a Graduate Faculty Committee to review Master Project proposals                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 2012 | Clinical videos for teaching: Video-taped 2 client assessments and treatment sessions, stand pivot transfer instruction, transfer board transfer instruction, and ambulatory devices instruction to use a teaching methods for THRC 4211 (Therapeutic Recreation and Physical Disabilities)                                                                                                                                                                                                                                                                                                                       |
| 2012 | Clinical videos for teaching: Video-taped 6 client assessments that occurred within the THRC 3906 (Assessment & Documentation) to use a teaching methods for THRC 3906                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 2012 | Redesigned THRC 4211 Therapeutic Recreation & Physical Disabilities course & THRC 5211 Recreation Therapy & Physical Disability course to increase student skill in researching, presenting, and incorporating evidence-based practice into mock case studies. Research conducted by students posted on the online database group                                                                                                                                                                                                                                                                                 |

“Recreational Therapy” on Mendeley to strengthen evidence-based use/access to others in the field.

- |      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2012 | Redesigned THRC 3096 Assessment & Documentation course to 1) decrease lecture time and increase application time (creation of voice over power points that contain lecture material that students listen to outside of class to maximize application of skills in the classroom – 90% of class time is now application), 2) incorporate clients from the Active Living with Aphasia group into the classroom for real life/real time assessment, to not only provide hands on practice to the students but provide clinical service to the clients who live in the surrounding community, and 3) incorporate ipad use into classroom for assessment, research and documentation. Also created mock medical charts and completed standardized assessment tools that students interpret in class. |
| 2011 | Redesigned TR3101 Assessment & Documentation course to a Writing Intensive course with increased focus on functional assessment training and the ICF (major revisions)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 2011 | Redesigned TR3185 Internship I assignments with colleague, including substantial revisions to the case study assignment to align with TR3101 Assessment & Documentation course                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 2011 | Redesigned with colleague the TR4111 Administration of Therapeutic Recreation course to online format                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 2011 | Redesigned a portion of TR4185 Internship II to enhance administrative focus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 2011 | Redesigned with colleague the TR8171 Administration of Therapeutic course to online format                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 2011 | Redesigned a portion of TR9187 Therapeutic Recreation Practicum to enhance administrative focus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 2010 | Redesigned a portion of the TR2103 Foundations of Therapeutic Recreation Practice and TR2104 Therapeutic Recreation Modalities course to include instruction on the ICF                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 2010 | Collaborated on revisions to TR 4185 Internship II assignments to incorporate evidence-based practice and more rigorous clinical documentation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 2010 | Redesigned TR5102 Orientation to Therapeutic Recreation course to online format for the MS in RT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 2010 | Collaborated on revisions to TR5211 Physical Disabilities and Therapeutic Recreation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## **Accreditation**

- |           |                                                                                                                                                                                                                                                       |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2016/2017 | Updated curriculum binders for THRC 3096 Assessment & Documentation and THRC 4211 Therapeutic Recreation & Physical Disabilities. Coordinated completion of CARTE syllabi and biosketches. Completed CARTE Curriculum Maps for THRC 3096 Assessment & |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|      |                                                                                                                                                                                                                                                                                                                 |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|      | Documentation, THRC 3196 Research and Evaluation, and THRC 4211 Physical Disabilities. Assisted with development of course matrix.                                                                                                                                                                              |
| 2012 | Exploration of current library holdings at Temple related to program/discipline, compiled report for CARTE Accreditation, & made recommendations for new holdings                                                                                                                                               |
| 2011 | Created CARTE syllabi for undergraduate courses: THRC 4111 Administration of Therapeutic Recreation, THRC 3103 Assessment & Documentation in Therapeutic Recreation, THRC 2103 Foundations of Therapeutic Recreation Practice, THRC 3185 Internship I, THRC 4211 Therapeutic Recreation & Physical Disabilities |
| 2011 | Created CARTE syllabi for graduate courses: THRC 8171 Administration of Therapeutic Recreation                                                                                                                                                                                                                  |
| 2011 | Created CARTE Curriculum Maps for undergraduate courses: THRC 3185 Internship I, THRC 4185 Internship II, THRC 3101 Assessment & Documentation, THRC 3103 Professional Seminar II                                                                                                                               |

### **Creation of Special Honors Program for Undergraduate Students**

|              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2017-present | <p>*Special Note: CLASS ceased services for our Program secondary to small class size. Students are now referred to the Writing Center for “professional writing” assistance. I encourage students who earn an A- or higher in the Assessment &amp; Documentation course to apply for a paid position at the Writing Center, as well as Academic Coaching positions at CLASS.</p>                                                                                                                                                                                                                                                                                                            |
| 2015-2016    | <p>Clinical Writing Tutoring: Created a relationship with Temple’s Center for Learning and Student Success (CLASS) to develop an “honors” tutoring program in clinical writing for students in the Assessment &amp; Documentation course (THRC 3096), Internship I (THRC 3185), and Internship II (THRC 4185). Students who get an A- or better in THRC 3096 are eligible to apply for this paid “honor” position as a tutor or PASS Session Leader.</p> <ul style="list-style-type: none"> <li>• Fall 2016 Gabrielle Martin, Elizabeth Forcellini</li> <li>• Spring 2016 Gabrielle Martin, Elizabeth Forcellini</li> <li>• Fall 2015 Lydia Cotter, Jessica Nealis, Holland Smith</li> </ul> |
| 2014-2015    | <p>Clinical Writing Tutoring: Created a relationship with the Russell Conwell Learning Center to develop an “honors” tutoring program in clinical writing for students in the Assessment &amp; Documentation course (THRC 3096), Internship I (THRC 3185), and Internship II (THRC 4185). Students who get an A- or better in THRC 3096 are eligible to apply for this paid “honor” position.</p> <ul style="list-style-type: none"> <li>• Spring 2015 Amanda Brizuela, Kay Hearn, Brittany Tucker</li> <li>• Fall 2014 Amanda Brizuela, Kay Hearn, Brittany Tucker</li> <li>• Spring 2014 Brianna Hunt, Minh Le, Shanae Smith</li> </ul>                                                    |

## Dissertations

2016            Member, Expert Panel Review for a new leisure and well-being scale  
Shintaro Kono  
PhD candidate in the Faculty of Physical Education and Recreation  
University of Alberta, Canada

## Master's Projects

2018            Victoria DeFazio & McKenzie Seaton  
Project Type: Manuscript  
Title: Effectiveness of Anger Management Interventions for Adults with Traumatic Brain Injury: A Systematic Review  
Role: Primary Advisor (Fall 2017, Spring 2018)  
\*No workload

2017            Kendra Smith  
Project Type: Alternative  
Title: An Evidence-Based Handcycling Guide for Individuals with Spinal Cord Injury  
Role: Primary Advisor (Spring 2017)  
\*No workload

2017            Rachael Borders  
Project Type: Manuscript  
Title: Leisure Education Programming for Community-Dwelling Older Adults with Stroke: A Systematic Review  
Role: Secondary Advisor (Spring 2017)  
\*No workload

2016            Brooke Prout  
Project Type: Manuscript  
Title: Psychosocial Outcomes of Participation in Adaptive Sports for Adults with Spinal Cord Injury: A Systematic Review  
Role: Primary Advisor (Summer 2016)  
\* Co-authored manuscript for the American Journal of Recreation Therapy --- Prout, B. & Porter, H. (2017). Psychosocial outcomes of participation in adaptive sports for adults with spinal cord injury: A systematic review. *American Journal of Recreation Therapy*, 16(1), 39-47.

2016            Cassandra Watts  
Project Type: Manuscript  
Title: Utilization of the Community Access and Navigation (I-CAN) Model for Transition-Age Youth with Intellectual and Developmental Disabilities  
Role: Primary Advisor (Spring 2016)  
\* Co-authored manuscript for publication in the American Journal of Recreation Therapy --- Watts, C., Porter, H., & Snethen, G. (2017). Application of the ICAN model for

transition-aged youth with intellectual and developmental disabilities. *American Journal of Recreation Therapy*, 16(4), 37-47.

- 2016 Sophia Kenuk  
Project Type: Manuscript  
Title: The Outcomes of Mindfulness-Based Interventions for Adults with Traumatic Brain Injury: A Systematic Review  
Role: Primary Advisor (Spring 2016)  
\* Co-authored manuscript for in the *American Journal of Recreation Therapy* --- Kenuk, S. & Porter, H. (2017). The outcomes of mindfulness-based interventions for adults who have experienced a traumatic brain injury: A systematic review. *American Journal of Recreation Therapy*, 16(2), 9-19.
- 2015 Victoria Cooper  
Project Type: Research Study & Manuscript  
Title: A Comparison of the Scope of Practice of Recreational Therapy and Child Life to Identify Areas for Collaboration and Future Research  
Role: Primary Advisor (Spring 2015)  
\* Co-authored manuscript in the *American Journal of Recreation Therapy* ---- Cooper, V. & Porter, H. (2016). A comparison of the scope of practice of recreational therapy and child life to identify areas for collaboration and future research. *American Journal of Recreation Therapy*, 15(2), 13-28. Presented her research at the 2015 Recreational Therapy Evidence Based Practice Day Conference at Temple University.
- 2015 Katelyn Byrnes  
Project Type: Alternative Project & Professional Presentation  
Title: The Effects of Using a Multi-Sensory VECTA Portable Machine in Older Adults with Dementia for Behavior Management  
Role: Secondary Advisor (Spring 2015)  
\* Developed a therapy user guide for the company that produces the VECTA. Presented her research at the 2015 Recreational Therapy Evidence Based Practice Day Conference at Temple University.
- 2014-2015 Rosemary Price  
Project Type: Research Study & Manuscript  
Title: The Impact of Medical Play Interventions vs. Free Play on Physiological and Self-Reported Anxiety Levels in Children with Chronic Illnesses in an Outpatient Hematology Clinic  
Role: Secondary Advisor (Spring 2014, Summer 2014, Fall 2014, Spring 2015, Summer 2015)
- 2014 Julianne Hirst  
Project Type: Research Study & Manuscript  
Title: Physical Activity Levels, Mood, and Combat-Related Acquired Brain Injury: A Cross-Sectional Examination of Operation Iraqi Freedom & Operation Enduring Freedom Service Members  
Role: Primary Advisor (Spring 2014)

\* Co-authored manuscript published in the American Journal of Recreation Therapy --- Hirst, J. & Porter, H. (2015). Physical activity levels, mood, and combat-related acquired brain injury: A cross-sectional examination of Operation Iraqi Freedom & Operation Enduring Freedom service members. *American Journal of Recreation Therapy*, 13(4), 7-16.

2014

Kristen Hartman

Project Type: Research Study & Manuscript

Title: The Impact of Outdoor Programming on Positive Affect and Perceived Self-Awareness in Veterans with Traumatic Brain Injury

Role: Primary Advisor (Spring 2014, Summer 2014)

\* Co-authored manuscript published in the American Journal of Recreation Therapy --- Hartman, K. & Porter, H. (2015). The relationship among whitewater kayaking, positive affect, and perceived self-awareness: A case study of a Vietnam veteran. *American Journal of Recreation Therapy*, 49(1), 41-47. Presented her research at the 2015 Recreational Therapy Evidence Based Practice Day Conference at Temple University.

2014

Morgan Ferrante

Project Type: Research Study & Manuscript

Title: An Exploration of Recreational Therapy in the Veterans Health Administration's Polytrauma System of Care

Role: Primary Advisor (Spring 2014, Summer 2014, Fall 2014)

\* Co-authored manuscript published in the American Journal of Recreation Therapy --- Ferrante, M. & Porter, H. (2015). An exploration of recreational therapy in the Veterans Health Administration polytrauma system of care. *American Journal of Recreation Therapy*, 14(1), 23-34.

2013-2014

Delia Bancroft

Project Type: Alternative Project

Title: Online Needs Assessment Survey: Increasing Physical Activity in Participants Diagnosed with Psychiatric Disabilities

Role: Secondary Advisor (Spring 2013, Summer 2013, Fall 2014)

\* Presented her research at the 2014 Recreational Therapy Evidence Based Practice Day Conference at Temple University.

2013

Katelynn Ropars

Project Type: Evidence Based Research Summary & Professional Presentation

Title: Social Skills Training for Children with Developmental Disabilities: Evidence-Based Practice

Role: Primary Advisor (Spring 2013)

\* Presented her research at the 2014 Recreational Therapy Evidence Based Practice Day Conference at Temple University. Research summary published on RT Wise Owls, an online peer-reviewed publication. Co-authored a book chapter --- Ropars, K. & Porter, H. (2016). Chapter 44: Social skills training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.

- 2013 Jenna Costello  
 Project Type: Evidence Based Research Summary & Professional Presentation  
 Title: Multi-Sensory Motor Interventions for Behavior Management in Individuals with Dementia in Residential Settings: Evidence-Based Practice  
 Role: Primary Advisor (Spring 2013)  
 \* Presented her research at the 2013 Recreational Therapy Evidence Based Practice Day Conference at Temple University. Research summary published on RT Wise Owls, an online peer-reviewed publication.
- 2012 Tacy Bradbury  
 Project Type: Research Study & Paper  
 Title: Do Parents/Caregivers of Children with Cerebral Palsy Recognize Therapeutic Horseback Riding as a Vehicle for Social Skills Enhancement?  
 Role: Primary Advisor (Spring 2012)
- 2012 Corey Isch  
 Project Type: Research Study & Paper  
 Title: Using Facebook with Adolescents with Traumatic Brain Injury: A Novel Way to Promote Social Connectedness  
 Role: Secondary Advisor (Spring 2012)
- \*\*\* NOTE: Master's Project requirement started in 2012

#### **Mentored Student Research within Graduate Elective Courses**

- 2016 Victoria DeFazio  
 4+1 Accelerated BS in TR to MS in RT Student  
 Title: Barriers and Facilitators to Physical Activity Engagement by Youth with Cerebral Palsy  
 \* Presented research at the 2016 Recreational Therapy Evidence Based Practice Day Conference at Temple. Co-authored research summary published 1) on RT Wise Owls, a peer-reviewed online publication and 2) in the Therapeutic Recreation Journal --- DeFazio, V. & Porter, H. (2016). Barriers and facilitators to physical activity engagement by youth with cerebral palsy. *Therapeutic Recreation Journal*, 50(4), 327-334.
- 2016 Joanna King  
 MSRT Student  
 Title: Outcomes of Engagement in Therapeutic Recreation Camps for Youth with Cancer  
 \* Presented research at the 2016 Recreational Therapy Evidence Based Practice Day Conference at Temple. Co-authored research summary published 1) on RT Wise Owls, a peer-reviewed online publication and 2) in the Therapeutic Recreation Journal --- King, J. & Porter, H. (2016). Outcomes of camp participation for youth with cancer. *Therapeutic Recreation Journal*, 50(4), 335-339.

- 2015 Amanda Stuhl  
4+1 Accelerated BS in TR to MS in RT Student  
Title: Riding the Waves: Therapeutic Surfing to Improve Social Skills in Children with Autism  
\* Presented research at the 2015 Recreational Therapy Evidence Based Practice Day Conference at Temple. Co-authored research summary published 1) on RT Wise Owls, a peer-reviewed online publication and 2) in the Therapeutic Recreation Journal – Stuhl, A. & Porter, H. (2015). Riding the waves: Therapeutic surfing to improve social skills training in children with autism. *Therapeutic Recreation Journal*, 49(3), 253-256.
- 2015 Kelly Decker  
MSRT Student  
Title: Outcomes of Pediatric Burn Camps: A Literature Review  
\* Presented research at the 2015 Recreational Therapy Evidence Based Practice Day Conference at Temple.
- 2014 Joe Lin  
MSRT Student  
Title: Balance Confidence and Social Activity in Older Adults with Lower Extremity Amputation: A Systematic Review  
\* Presented research at the 2014 Recreational Therapy Evidence Based Practice Day Conference at Temple. Co-authored research summary published on RT Wise Owls, a peer-reviewed online publication.
- 2013 Julianne Holbert (married name Hirst)  
MSRT Student  
Title: Obesity Management in Spinal Cord Injury Through Leisure Time Physical Activity  
\*Presented research at the 1) 2013 Recreational Therapy Evidence Based Practice Day at Temple University, 2) 2013 New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ, and 3) 2014 American Therapeutic Recreation Association Annual Conference, Pittsburgh, PA. Co-authored research summary published 1) on RT Wise Owls, a peer-reviewed online publication and 2) in the Therapeutic Recreation Journal – Hirst, J. & Porter, H. (2015). Obesity management in spinal cord injury through leisure time physical activity, *Therapeutic Recreation Journal*, 49(1), 76-79.
- 2013 Kristen Hartman  
Accelerated BS in TR to MS in RT Student (4+1)  
Title: Benefits of Social Support for Individuals with Spinal Cord Injury  
\* Presented research at the 1) 2013 Recreational Therapy Evidence Based Practice Day at Temple University and the 2) 2013 New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ. Co-authored research summary published on RT Wise Owls, a peer-reviewed online publication.
- 2013 Morgan Ferrante  
Accelerated BS in TR to MS in RT Student (4+1)  
Title: Behavior Management in Children and Adolescents with Traumatic Brain Injury through Antecedent Interventions within Applied Behavior Analysis

\*Presented research at the 1) 2013 Recreational Therapy Evidence Based Practice Day at Temple University and the 2) 2013 New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ. Co-authored research summary published on RT Wise Owls, a peer-reviewed online publication.

- 2013      Eric Tosti  
 Accelerated BS in TR to MS in RT Student (4+1)  
 Title: Therapeutic Benefits of Sports Participation for Individuals with Combat Related Lower Extremity Amputation  
 \* Presented research at the 1) 2013 Recreational Therapy Evidence Based Practice Day at Temple University, the 2) 2013 New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ, and the 3) 2014 American Therapeutic Recreation Association Annual Conference, Pittsburgh, PA. Co-authored research summary published on RT Wise Owls, a peer-reviewed online publication.

### **Mentored Student Research within (and outside of) Undergraduate Courses**

- 2017      Elizabeth Forcellini, Katrina McGrath, & Janelle Moody  
 BS in TR Students  
 Title: Adaptive Sports for Decreasing Sedentary Behavior in Veterans with Combat-Related Amputations  
 \* Presented research at the 2017 Recreational Therapy Evidence Based Practice Day at Temple University
- 2017      Marykate Gallagher & Gabrielle Martin  
 BS in TR Students  
 Title: Aquatic Therapy for Gross Motor Functioning Among Children with Cerebral Palsy  
 \* Presented research at the 2017 Recreational Therapy Evidence Based Practice Day at Temple University
- 2017      Caitlin Skotarczak & Zoe Stueck  
 BS in TR Students  
 Title: Bibliotherapy for Negative Symptoms of Schizophrenia  
 \* Presented research at the 2017 Recreational Therapy Evidence Based Practice Day at Temple University
- 2017      Laura Puma & Madeline Woltemate  
 BS in TR Students  
 Title: Music Interventions for Social Skills in Children with Autism  
 \* Presented research at the 2017 Recreational Therapy Evidence Based Practice Day at Temple University
- 2017      Alyssa Daly & Roxanne Garcia  
 BS in TR Students  
 Title: Non-Pharmacological Interventions for Agitation and Aggression in Alzheimer's  
 \* Presented research at the 2017 Recreational Therapy Evidence Based Practice Day at Temple University

2017 Rebecca Marinucci & Julie Verrall  
 BS in TR Students  
 Title: Wii Video Games for Functioning in Older Adults with Dementia  
 \* Presented research at the 2017 Recreational Therapy Evidence Based Practice Day at Temple University

## RESEARCH & SCHOLARSHIP

### Creation & Mentoring of Student Research Labs

2016-Present RT Wise Owls Research Lab  
 2018 = Accepted 2 Graduate Research Assistant into the Lab (non-paid)  
 2017 = Accepted 1 Graduate and 1 Undergraduate Research Assistants into the Lab (non-paid)  
 2016 = Accepted 2 Graduate Research Assistants into the lab (non-paid)

2011-2013 International Classification of Functioning, Disability, and Health (ICF) and Recreational Therapy Evidence Based Research Lab (\*All Research Assistants had their names published in the Recreational Therapy Practice textbook series)  
 2013 = Accepted 9 Undergraduate Research Assistants into the lab (non-paid)  
 2012 = Accepted 9 Undergraduate Research Assistants into the lab (non-paid)  
 2011 = Accepted 7 Undergraduate Research Assistants into the lab (non-paid)

### Research Studies

2015-Present IRB2016-198: Recreational Therapy Delphi and Competencies Study with Betsy Kemeny from Slippery Rock University (Co-PI) and Brent Hawkins from Clemson University (PI). Study funded by the American Therapeutic Recreation Association.

2011 Designed, implemented, compiled, & disseminated ICF use survey to ATRA members

2009 Developed the Leisure Meanings Gained and Outcomes Scale (LMGOS): Porter, H. (2009). Developing a Leisure Meanings Gained and Outcomes Scale (LMGOS) and Exploring Associations of Leisure Meanings to Leisure Time Physical Activity Adherence among Adults with Type 2 Diabetes. Temple University: Phila., PA (ProQuest # 3359696). Studies that have utilized this scale include:

2016 The Engagement and Meaning-Making of High-Risk Youth Through Leisure  
 Tristan Hopper, PhD Candidate & Faculty Member of Physical Education & Recreation Studies  
 University of Alberta  
 \* Used LMGOS for his dissertation study

|           |                                                                                                                                                                                                                                                                                                                         |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2016      | Relationship Between Leisure Participation and Subjective Well-Being<br>Danny Twilley, PhD Candidate & Associate Lecturer<br>Ohio University, Dept of Recreation & Sport Pedagogy<br>* Used LMGOS for his dissertation study                                                                                            |
| 2015      | Leisure as a Mediator for Stress-Coping Among College Students<br>Shinichi Nagata, MS, CTRS<br>PhD Student and Associate Instructor<br>Indiana University, School of Public Health<br>* Used LMGOS for her dissertation study                                                                                           |
| 2010-2011 | Effects of Weight Loss on Foot Structure and Function in Obese Adults: A Pilot Study<br>Investigators: Jinsup Song, D.P.M., Ph.D; Gary D. Foster, Ph.D; Matthew O'Brien, MD, MSc; Eugene Komaroff, Ph.D.; James Furmato, D.P.M., Ph.D<br>* Used LMGOS                                                                   |
| 2009-2011 | CBPR on Active Living and Recovery for Racial/Ethnic Groups with Mental Illness National Institutes of Health/National Institute of Mental Health (NIH/NIMH)<br>Investigators: Iwasaki, Y. (Co-PI/PD), Coyle, C. (Co-PI), Shank, J. (Co-PI), Koons, G., Mitchell, L., Ryan, A., Baron, D., & Salzer, M.<br>* Used LMGOS |

### **Research Speed Dating**

|           |                                                                                                                                                   |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 2013-2016 | Creator & Coordinator, Annual MSRT Research Speed Dating Night for Recreational Therapy Master's degree students and Recreational Therapy faculty |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------|

### **Grants**

|      |                                                                                                                                              |
|------|----------------------------------------------------------------------------------------------------------------------------------------------|
| 2009 | Dissertation Completion Grant - \$8,000; Temple University                                                                                   |
| 2009 | Community Economic & Development Grant - \$29,000; City of Philadelphia<br>Technology grant to renovate local elementary school computer lab |

### **Publications**

#### Peer-Reviewed Journal Articles

1. Seaton, M., DeFazio, V., & Porter, H. (in review). Efficacy of anger management interventions for adults with traumatic brain injury: A systematic review. *American Journal of Recreation Therapy*.

2. Watts, C., **Porter, H.**, & Snethen, G. (2017). Utilization of the I-CAN model for transition-age youth with intellectual and developmental disabilities. *American Journal of Recreation Therapy*, 16(4), 37-47. (\*This was an outcome of Watts' MSRT project)
3. Kenuk, S. & **Porter, H.** (2017). The outcomes of mindfulness-based interventions for adults who have experienced a traumatic brain injury: A systematic review. *American Journal of Recreation Therapy*, 16(2), 9-19. (\*This was an outcome of Kenuk's MSRT project)
4. Prout, B. & **Porter, H.** (2017). Psychosocial outcomes of participation in adaptive sports for adults with spinal cord injuries: A systematic review of the literature. *American Journal of Recreation Therapy*, 16(1), 39-47. (\*This was an outcome of Prout's MSRT project)
5. King, J. & **Porter, H.** (2016). Outcomes of camp participation for youth with cancer. *Therapeutic Recreation Journal*, 50(4), 335-339. (\*This was an outcome of King's research conducted for a MSRT course)
6. DeFazio, V. & **Porter, H.** (2016). Barriers and facilitators to physical activity for youth with cerebral palsy. *Therapeutic Recreation Journal*, 50(4), 327-334. (\*This was an outcome of DeFazio's research conducted for a MSRT course)
7. Cooper, V. & **Porter, H.** (2016). A comparison of the scope of practice of recreational therapy and child life to identify areas for collaboration and future research. *American Journal of Recreation Therapy*, 15(2), 13-28. (\*This was an outcome of Cooper's MSRT project)
8. Stuhl, A. & **Porter, H.** (2015). Riding the waves: Therapeutic surfing to improve social skills training in children with autism. *Therapeutic Recreation Journal*, 49(3), 253-256 (\*This was an outcome of Stuhl's research conducted for a MSRT course)
9. Ferrante, M. & **Porter, H.** (2015). An exploration of recreational therapy in the veterans health administration polytrauma system of care. *American Journal of Recreation Therapy*, 14(1), 23-34. (\*This was an outcome of Ferrante's MSRT project)
10. Hartman, K. & **Porter, H.** (2015). The relationship among whitewater kayaking, positive affect, and perceived self-awareness: A case study of a Vietnam veteran. *American Journal of Recreation Therapy*, 13(2), 41-47. (\*This was an outcome of Hartman's MSRT project)
11. Hirst, J. & **Porter, H.** (2015). Obesity management in spinal cord injury through leisure time physical activity. *Therapeutic Recreation Journal*, 49(1), 76-79 (\*This was an outcome of Hirst's research conducted for a MSRT course)
12. Hirst, J. & **Porter, H.** (2014). Physical activity levels, mood, and combat-related acquired brain injury: A cross-sectional examination of Operation Iraqi Freedom & Operation Enduring Freedom service members. *American Journal of Recreation Therapy*, 13(4), 7-16. (\* This was an outcome of Hirst's MSRT project)
13. **Porter, H.** (2014). RT Wise Owls: A recreational therapy website for evidence based practice resources and tools. Invited "review" by the editor of the *Therapeutic Recreation Journal*, 48(4), 332-333

14. Iwasaki, Y., Coyle, C., Shank, J., Messina, E., **Porter, H.**, Salzer, M., Baron, D., Kishbauch, G., Naveiras-Cabello, R., Mitchell, L., Ryan, A., & Koons, G. (2014). Role of leisure in recovery from mental illness. *American Journal of Psychiatric Rehabilitation*, 17(2), 147-165
15. Iwasaki, Y., Coyle, C., Shank, J., Messina, E., & **Porter, H.** (2013). Leisure-generated meanings and active living for persons with mental illness. *Rehabilitation Counseling Bulletin*, 57, 46-56
16. **Porter, H.**, Shank, J. & Iwasaki, Y. (2012). Promoting a collaborative approach with recreational therapy to improve physical activity engagement in type 2 diabetes. *Therapeutic Recreation Journal, Special Issue Part I: Collaborative Practices and Physical Activity*, 46(3), 202-217
17. **Porter, H.**, Iwasaki, Y., & Shank, J. (2011). Conceptualizing meaning-making through leisure experiences. *Society & Leisure*, 33(2), 167-194
18. **Porter, H.** & Van Puymbroek, M. (2007). Utilization of the international classification of functioning, disability, and health within therapeutic recreation practice. *Therapeutic Recreation Journal*, 41(1), 47-60

#### Peer-Reviewed Online Publications

1. DeFazio, V. & **Porter, H.** (2016). Barriers and facilitators to physical activity for youth with cerebral palsy. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
2. King, J. & **Porter, H.** (2016). Outcomes of camp participation for youth with cancer. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
3. Stuhl, A. & **Porter, H.** (2015). Riding the waves: Therapeutic surfing to improve social skills for children. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
4. Lin, C. & **Porter, H.** (2014). Balance confidence and social activity in older adults with lower extremity amputation: A systematic review. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
5. Holbert, J. & **Porter, H.** (2013). Obesity management in spinal cord injury through leisure time physical activity. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
6. Hartman, K. & **Porter, H.** (2013). Benefits of social support for individuals with spinal cord injury. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
7. Ferrante, M. & **Porter, H.** (2013). Behavior management in children and adolescents with traumatic brain injury through antecedent interventions within applied behavior analysis. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
8. Tosti, E. & **Porter, H.** (2013). Therapeutic benefits of sports participation for individuals with combat related lower extremity amputations. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))

9. Costello, J. & **Porter, H.** (2013). Multi-sensory motor interventions for behavior management in individuals with dementia in residential care. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))
10. Ropars, K. & **Porter, H.** (2013). Social skills training for children and adolescents with developmental disabilities. *RT Wise Owls* ([www.rtwiseowls.com](http://www.rtwiseowls.com))

#### Peer Reviewed Journal Agreements

1. Therapeutic Recreation Journal: Verbal agreement to reprint evidence-based practice summaries developed by students and mentored by faculty from the RT Wise Owls site every quarter beginning with Fall 2014 publication.
  - a. *Therapeutic Recreation Journal*, 50(4): Two research summaries published reflecting the work of one 4+1 student, one MSRT student, and one faculty member
  - b. *Therapeutic Recreation Journal*, 50(3): Two research summaries published reflecting the work of two 4+1 students and one faculty member
  - c. *Therapeutic Recreation Journal*, 50(2): Three research summaries published reflecting the work of seven MSRT & 4+1 students and three faculty members
  - d. *Therapeutic Recreation Journal*, 49(4): Two research summaries published reflecting the work of two MSRT students and two faculty members
  - e. *Therapeutic Recreation Journal*, 49(3): Three research summaries published reflecting the work of five MSRT students and three faculty members
  - f. *Therapeutic Recreation Journal*, 49(2): Three research summaries published reflecting the work of eleven MSRT students and one faculty member
  - g. *Therapeutic Recreation Journal*, 49(1): Three research summaries published reflecting the work of the work of five MSRT students and two faculty members
  - h. *Therapeutic Recreation Journal*, 48(4): Three research summaries published reflecting the work of four MSRT students and one faculty member

#### Publication Coordinator

|              |                                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2013-Present | Publication Coordinator for RT Wise Owls (online database, <a href="http://www.rtwiseowls.com">www.rtwiseowls.com</a> ). Field incoming research summaries, organize reviewers, communicate with authors, upload research summaries to the site, organize and supervise Graduate Research Assistants in the RT Wise Owls Research Lab, find and upload RT-related research, & ensure all links are current/operational. |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

#### Book Series Editor

|                |                                                                  |
|----------------|------------------------------------------------------------------|
| 2014 – Present | Recreational Therapy Practice textbook series, Idyll Arbor, Inc. |
|----------------|------------------------------------------------------------------|

### Book Editor & Contributing Author

\*Required the management of 80+ contributors

1. Blaschko, T. & **Porter, H.** (currently writing). *Assessment tools for recreational therapy and related fields, 5<sup>th</sup> edition*. Enumclaw, WA: Idyll Arbor, Inc.
2. **Porter, H.** (2016). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.\*
3. **Porter, H.** (2016). *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.\*
4. **Porter, H.** (2015). *Recreational therapy for specific diagnoses and conditions*. Enumclaw, WA: Idyll Arbor, Inc.\*

### Book Author

1. **Porter, H.** & Burlingame, J. (2006). *Recreational therapy handbook of practice: ICF-based diagnosis and treatment*. Enumclaw, WA: Idyll Arbor, Inc. (\* Text is utilized by the National Council for Therapeutic Recreation Certification in the development of exam items for the national certification exam)

### Book Chapters

1. **Porter, H.** (currently writing). Chapter 11: The International Classification of Functioning Disability and Health. In the Healthcare Code Sets, Clinical Terminologies, and Classification Systems. *American Health Information Management Association*, Kathy Giannangelo (editor)
2. **Porter, H.**, Van Puymbroeck, M., & McCormick, B. (2017). The role of the International Classification of Functioning, Disability, and Health (ICF) in recreational therapy practice, research, and education. In N. Stumbo (Ed.). *Professional Issues in Therapeutic Recreation, 3<sup>rd</sup> edition*. Sagamore Publishing
3. **Porter, H.** (2016). Body functions. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
4. **Porter, H.** (2016). Body structures. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
5. **Porter, H.** (2016). Activities and participation. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
6. **Porter, H.** (2016). Environmental factors. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.

7. **Porter, H.** (2016). Chapter 1: Activity and task analysis. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
8. **Porter, H.** (2016). Chapter 2: Adjustment/response to disability. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
9. **Porter, H.** (2016). Chapter 3: Body mechanics and ergonomics. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
10. **Porter, H.** (2016). Chapter 4: Consequences of inactivity. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
11. **Porter, H.** (2016). Chapter 5: Education and counseling. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
12. **Porter, H.** (2016). Chapter 6: Parameters and precautions. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
13. **Porter, H.** (2016). Chapter 7: Participation. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
14. **Porter, H.** (2016). Chapter 8: Psychoneuroimmunology. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
15. **Porter, H.** (2016). Chapter 9: Stress. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
16. **Porter, H.** (2016). Chapter 10: Theories, models, and concepts. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
17. **Porter, H.** (2016). Chapter 11: Activity pattern development. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
18. **Porter, H.** (2016). Chapter 18: Balance training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
19. **Porter, H.** (2016). Chapter 22: Cognitive retraining and rehabilitation. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
20. **Porter, H.** (2016). Chapter 23: Community participation: Transition, inclusion, integration, and reintegration. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
21. **Porter, H.** (2016). Chapter 24: Community problem solving. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
22. **Porter, H.** (2016). Chapter 27: Energy conservation techniques. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.

23. **Porter, H.** (2016). Chapter 32: Leisure resource awareness. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
24. **Porter, H.** & Sciolla, J. (2016). Chapter 34: Medical play and preparation. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc. (\*note: co-author is an adjunct instructor in the Therapeutic Recreation program at Temple)
25. Bower, G. & **Porter, H.** (2016). Chapter 36: The Montessori method. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc. (\*note: co-author was an Undergraduate student in the Therapeutic Recreation program at Temple)
26. **Porter, H.** (2016). Chapter 37: Motor learning and training strategies. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
27. **Porter, H.** (2016). Chapter 39: Physical activity. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
28. Weybright, E. & **Porter, H.** (2016). Chapter 41: Reminiscence. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
29. **Porter, H.** (2016). Chapter 42: Sensory interventions. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
30. **Porter, H.** (2016). Chapter 43: Sexual well-being. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
31. Ropars, K. & **Porter, H.** (2016). Chapter 44: Social skills training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc. (\*note: co-author was a Graduate student in the Recreation Therapy program at Temple)
32. **Porter, H.** (2016). Chapter 45: Stress management and coping. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
33. **Porter, H.** (2016). Chapter 48: Transfers. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
34. **Porter, H.** (2016). Chapter 50: Walking and gait training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
35. **Porter, H.** (2016). Chapter 51: Wheelchair mobility. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
36. **Porter, H.** (2015). Chapter 11: The International Classification of Functioning Disability and Health. In the Healthcare Code Sets, Clinical Terminologies, and Classification Systems. *American Health Information Management Association*, Kathy Giannangelo (editor)

37. Elokdah, K. & **Porter, H.** (2015). Chapter 1: Amputation. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 5-26). Enumclaw, WA: Idyll Arbor, Inc.
38. **Porter, H.** (2015). Chapter 2: Attention-Deficit/Hyperactivity Disorder. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 27-38). Enumclaw, WA: Idyll Arbor, Inc.
39. **Porter, H.** (2015). Chapter 4: Back disorders and pain. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 51-58). Enumclaw, WA: Idyll Arbor, Inc.
40. **Porter, H.** (2015). Chapter 6: Burns. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 69-78). Enumclaw, WA: Idyll Arbor, Inc.
41. **Porter, H.** (2015). Chapter 7: Cancer. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 79-84). Enumclaw, WA: Idyll Arbor, Inc.
42. **Porter, H.** (2015). Chapter 10: Chronic Obstructive Pulmonary Disease. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 115-120). Enumclaw, WA: Idyll Arbor, Inc.
43. **Porter, H.** (2015). Chapter 11: Diabetes Mellitus. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 121-130). Enumclaw, WA: Idyll Arbor, Inc.
44. Porter, H. & Jake, L. (2015). Chapter 13: Feeding & eating disorders. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 141-152). Enumclaw, WA: Idyll Arbor, Inc.
45. **Porter, H.** (2015). Chapter 14: Fibromyalgia and Juvenile Fibromyalgia. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 153-160). Enumclaw, WA: Idyll Arbor, Inc.
46. **Porter, H.** (2015). Chapter 16: Generalized Anxiety Disorder. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 169-174). Enumclaw, WA: Idyll Arbor, Inc.
47. **Porter, H.** (2015). Chapter 17: Guillain-Barre Syndrome. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 175-180). Enumclaw, WA: Idyll Arbor, Inc.
48. **Porter, H.** (2015). Chapter 19: Heart Disease. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 195-200). Enumclaw, WA: Idyll Arbor, Inc.
49. **Porter, H.,** Wiggins, B., & Haynes, N. (2015). Chapter 28: Parkinson's Disease. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 295-308). Enumclaw, WA: Idyll Arbor, Inc.
50. **Porter, H.** (2015). Chapter 30: Pressure ulcers. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 321-326). Enumclaw, WA: Idyll Arbor, Inc.

51. **Porter, H.** (2015). Chapter 37: Total joint replacement. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 399-406). Enumclaw, WA: Idyll Arbor, Inc.
52. Long, D., Gregory, D., & **Porter, H.** (2015). Chapter 38: Traumatic brain injury. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 407-416). Enumclaw, WA: Idyll Arbor, Inc.
53. Van Puymbroek, M., **Porter, H.**, McCormick, B., & Singleton, J. (2009). The international classification of functioning, disability, and health in therapeutic recreation practice. In *Professional Issues in Therapeutic Recreation* (pp 43-57). Stumbo, N. (Ed.). Sagamore Publishing.

#### Manual Chapters

1. **Porter, H.** (1997). Importance of staying active. In Bryn Mawr Rehab Spinal Cord Committee (Eds.), *Spinal cord education manual* (pp. unknown). Malvern, PA: Bryn Mawr Rehab Hospital
2. **Porter, H.** (1997). Recreation and leisure resources. In Bryn Mawr Rehab Spinal Cord Committee (Eds.), *Spinal cord education manual* (pp. unknown). Malvern, PA: Bryn Mawr Rehab Hospital

#### Newsletter Articles

1. **Porter, H.** (2016). Looking for evidence-based practice? Go to RT Wise Owls! *Recreational Therapy Today, August 2016 Newsletter*.
2. **Porter, H.** (2016). RT licensure in Pennsylvania update. *Pennsylvania Therapeutic Recreation Society, Spring 2016 Newsletter*
3. **Porter, H.** (2016). Errorless learning and forward chaining. *American Therapeutic Recreation Association, Spring 2016 Newsletter* (peer reviewed, CEUs offered)
4. **Porter, H.** (2014). Recreational therapy licensure in Pennsylvania. *American Therapeutic Recreation Association, Summer 2014 Newsletter* (peer reviewed, CEUs offered)
5. **Porter, H.** (2014). Ipad resources. *American Therapeutic Recreation Association, Spring 2014 Newsletter* (peer reviewed, CEUs offered)
6. **Porter, H.** (2014). Evidence based practice toolkits added to the RT Wise Owls blog. *American Therapeutic Recreation Association, Spring 2014 Newsletter* (peer reviewed, CEUs offered)
7. **Porter, H.** (2013). Recreational therapy in the school system: Identified as top priority for transitioning youth with disabilities. *American Therapeutic Recreation Association, Fall 2013 Newsletter* (peer reviewed, CEUs offered)
8. **Porter, H.** (2013). Recreational therapy in the school system: Identified as top priority for transitioning youth with disabilities. *New Jersey/Eastern Pennsylvania Therapeutic Recreation Association, Fall 2013 Newsletter*

9. **Porter, H.** (2013). First annual recreational therapy evidence based practice day conference at Temple University: A great success! *American Therapeutic Recreation Association, Summer 2013 Newsletter* (peer reviewed, CEUs offered)
10. **Porter, H.** (2012). Mendeley groups for recreational therapists. *American Therapeutic Recreation Association, October 2012 Newsletter* (peer reviewed, CEUs offered)
11. **Porter, H.** (2011). The international classification of functioning, disability & health: An overview for recreational therapists. *American Therapeutic Recreation Association, September 2011 Newsletter* (peer reviewed, CEUs offered)

### Guides

1. **Porter, H.** (2013). *Recreational therapy evidence based practice*. An 8-page document for other RT academic programs that explains the benefits of (and how to structure student work and host) an RT evidence-based practice day conference.

### **Invited Reviewer**

|                    |      |                                                          |
|--------------------|------|----------------------------------------------------------|
| Research Summaries | 2017 | RT Wise Owls (5)                                         |
|                    | 2016 | RT Wise Owls (7)                                         |
|                    | 2015 | RT Wise Owls (3)                                         |
| Manuscripts        | 2014 | Journal of Leisure Research (1)                          |
|                    | 2011 | Leisure Sciences (1)                                     |
|                    | 2010 | Journal of Leisure Research (1)                          |
|                    | 2009 | Therapeutic Recreation Journal (1)                       |
|                    | 2005 | Therapeutic Recreation Journal (1)                       |
| Guides             | 2014 | Mendeley: How to Promote Your Society Using Mendeley (1) |

### **Presentations**

#### International

1. **Porter, H.** (2018). Standardized assessment tools in rehabilitation. Invited/accepted presentation for Recreational Therapy students at University of Lethbridge, Canada

2. **Porter, H.** (2017). Standardized assessment tools for RT practice: Part I. Invited/accepted presentation for ATRA Academy Webinar, Hattiesburg, MS.
3. **Porter H.** (2017). Standardized assessment tools in RT practice: Part II. Invited/accepted presentation for ATRA Academy Webinar, Hattiesburg, MS.
4. **Porter, H.** (2016). RT evidence-based practices for community integration, inclusion, and transitioning. Invited/accepted presentation for ATRA Academy Webinar, Hattiesburg, MS.
5. **Porter, H.** (2016). Constraint induced movement therapy (CIMT): A new avenue for RT research. Invited/accepted presentation for ATRA Academy Webinar, Hattiesburg, MS.
6. **Porter, H.** (2013). The International Classification of Functioning, Disability, and Health (ICF) and Recreational Therapy Practice: ICF Scoring. Invited/accepted presentation for ATRA Academy Webinar, Hattiesburg, MS.
7. **Porter, H.** (2007). Neuroplasticity interventions for recreational therapy. Invited presentation for ATRA Academy Teleconference, Hattiesburg, MS.

#### National

1. **Porter, H.** (2018). Using and building evidence-based practice in RT. Invited presentation for the Oklahoma Recreational Therapy Association Annual Conference, Online
2. **Porter, H. & Burlingame, J** (2005). The international classification of functioning, disability, and health: New directions for therapeutic recreation practice. Submitted presentation for the Mid-Eastern Symposium on Therapeutic Recreation, Ocean City, MD.

#### Regional

3. **Porter H.** (2018). Using and building evidence-based practice in RT. Recreational Therapy Evidence-Based Practice Day Conference, Temple University
4. **Porter, H.** (2018). Neuroplasticity interventions for neurological impairments. Recreational Therapy Evidence-Based Practice Day Conference, Temple University
5. **Porter, H.** (2016). Using and building evidence-based practice in RT. Invited presentation for the Pennsylvania Therapeutic Recreation Society, Lancaster, PA (\*Listed as a “featured” speaker in the conference program).
6. **Porter, H.** (2016). Neuroplasticity interventions for rehabilitation of individuals with neurological impairment. Invited presentation for the Pennsylvania Therapeutic Recreation Society, Lancaster, PA (\*Listed as a “featured” speaker in the conference program).
7. **Porter, H. & Hsieh, P.** (2015). Standardized assessment tools: Resources and simple data analysis. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.

8. **Porter, H.** (2014). Recreational therapy licensure in Pennsylvania (part of Keynote session). Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
9. **Porter, H. & Hsieh, P.** (2014). Constraint induced therapy in recreational therapy practice. New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
10. **Porter, H.** (2013). Recreational therapy licensure in Pennsylvania. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
11. **Porter, H.** (2011). The International Classification of Functioning, Disability, & Health (ICF): Basic Coding Proficiency & Application. Invited “full-day” conference for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
12. **Porter, H.** (2010). Key opportunities for recreational therapy with the international classification of functioning, disability, and health. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
13. **Porter, H.** (2009). Obtaining personal meaning through leisure. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
14. **Porter, H.** (2005). The international classification of functioning, disability, and health: New directions for therapeutic recreation practice. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association, Edison, NJ.
15. **Porter, H.** (2004). Neuroplasticity interventions for recreational therapy. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Society, Edison, NJ.
16. **Porter, H. & Garnick, J.** (1993 & 1994). Community integration review. Invited lecture for medical students preparing for board exams at Thomas Jefferson University, Philadelphia, PA.

#### College/University

1. **Porter, H.** (2015). Kahoot: An innovating teaching tool. First Annual Teaching Showcase, College of Public Health, Temple University, Phila., PA.

#### Guest Lectures

1. **Porter, H.** (2016). Introduction to recreational therapy. Invited lecture for HRPR 1001 The Way We Live, Work, and Play course at Temple University.
2. **Porter, H.** (2015). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.

3. **Porter, H.** (2014). Seated exercise for individuals with disabilities. Invited lecture for Therapeutic Recreation Modalities course at Temple University.
4. **Porter, H.** (2014). Using Camtasia Relay as a teaching method. Invited lecture/discussion for Dept of Rehab Sciences, Temple University, Phila., PA.
5. **Porter, H.** (2014). A career in education. Invited lecture/discussion at New Foundations Charter Elementary School's Career Camp Program, Phila., PA.
6. **Porter, H.** (2013). Seated exercise for individuals with disabilities. Invited lecture for Therapeutic Recreation Modalities course at Temple University.
7. **Porter, H.** (2013). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
8. **Porter, H.** (2013). A career in recreational therapy. Invited lecture/discussion at New Foundations Charter High School, Phila., PA.
9. **Porter, H.** (2012). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
10. **Porter, H.** (2012). Recreational Therapy Major at Temple. Invited speaker at Temple's CHPSW Open House.
11. **Porter, H.** (2012). Recreational Therapy Major at Temple. Invited speaker at Experience Temple Day.
12. **Porter, H.** (2011). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
13. **Porter, H.** (2010). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
14. **Porter, H.** (2009). Achieving your dreams: Reaching your career goals. Invited lecture/discussion at Community Education Partners for at-risk troubled adolescents.
15. **Porter, H. & Garnick, J.** (1994). Community integration review. Invited lecture for medical students preparing for board exams at Thomas Jefferson University, Philadelphia, PA.
16. **Porter, H. & Garnick, J.** (1993). Community integration review. Invited lecture for medical students preparing for board exams at Thomas Jefferson University, Philadelphia, PA.

## SERVICE

### **Committees/Task Forces/Teams**

|              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018-Present | Member & Co-Chair, Tuition Benefits for Dependent Children Committee, Temple University                                                                                                                                                                                                                                                                                                                                                                                     |
| 2018-Present | Member, Lindback Distinguished Teaching Award Committee                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2017-Present | Member, College of Public Health Interprofessional Education Committee                                                                                                                                                                                                                                                                                                                                                                                                      |
| 2017-Present | Member, MSRT Online Committee (charged with moving on-campus MRST program to fully asynchronous online). Developed program goals, established curriculum including course name/content changes of current courses and rough outline for new courses, assisted with writing change in program proposal and course change proposals, & assisted in designing course sequence and identification of faculty to revise/develop courses.                                         |
| 2016-Present | Alternate Representative for ATRA, Joint Commission's Hospital Professional and Technical Advisory Committee (PTAC)                                                                                                                                                                                                                                                                                                                                                         |
| 2015-Present | Member, Non-Tenure Track Promotion Committee (reviews promotion applications)                                                                                                                                                                                                                                                                                                                                                                                               |
| 2015-Present | Member, Community of Practice on Evidence (Center on Knowledge Translation for Disability and Rehabilitation Research – KTDRR)                                                                                                                                                                                                                                                                                                                                              |
| 2014-Present | Member, Teaching Excellence Committee for the College of Public Health, Temple University (special invitation): Developed a College wide peer evaluation policy and form, review & process Teaching Innovation Award applications & College Teaching Excellence Award applications, develop best teaching practice materials and dissemination strategies, developed recommendations for mentoring faculty in developing career path, & annual Teaching Showcase conference |
| 2013-Present | Member, Joint Commission for Recreational Therapy Licensure                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 2013-Present | Chair, Recreational Therapy Licensure Committee for Pennsylvania                                                                                                                                                                                                                                                                                                                                                                                                            |
| 2004-Present | Member, ATRA's World Health Organization/International Classification of Functioning, Disability and Health Team                                                                                                                                                                                                                                                                                                                                                            |
| 2017         | Invited Member, National Rehab Taxonomy Work Group (Summer Workgroup, PCORI-funded project)                                                                                                                                                                                                                                                                                                                                                                                 |
| 2017         | Member, Search Committee for two faculty positions in the Recreational Therapy Program at Temple                                                                                                                                                                                                                                                                                                                                                                            |
| 2015-2016    | Lead Chair, Physical Rehabilitation & Medical Section for ATRA                                                                                                                                                                                                                                                                                                                                                                                                              |

|           |                                                                                                               |
|-----------|---------------------------------------------------------------------------------------------------------------|
| 2015      | Member, Non-Tenure Track Faculty Work Effort Policy Committee for College of Public Health, Temple University |
| 2015-2016 | Chair, Tuition Benefits for Dependent Children Committee, Temple University                                   |
| 2014      | Member, Summer Workgroup V preparing for accreditation of CHPSW as a College of Public Health                 |
| 2014      | Member, Faculty Search Committee for Therapeutic Recreation Program at Temple                                 |
| 2013-2015 | Co-chair, ATRA's Evidence Based Practice Task Force                                                           |
| 2013      | Co-Chair of the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Fall Conference     |
| 2012-2013 | Member, Mobile Technology Committee for CHPSW                                                                 |
| 2011-2012 | Member, Academic Planning Committee for Dept of Rehab Sciences at Temple                                      |
| 2011-2012 | Chair, Program Evaluation Committee for Dept of Rehab Sciences at Temple                                      |
| 2010      | Co-Coordinator, Center for Obesity Research and Education & Dept of Rehab Sciences Collaboration              |
| 2010-2013 | Chair, ATRA's World Health Organization/International Classification Functioning, Disability and Health Team  |
| 2009      | Chair, Resurrection of Our Lord Elementary School Computer Lab Renovation                                     |
| 2008      | Chair, Resurrection of Our Lord Elementary School Library Renovation                                          |
| 2008      | Member, ATRA Competencies Committee                                                                           |
| 2007      | Member, ATRA Accreditation Committee                                                                          |
| 2007      | Chair, Resurrection of Our Lord Elementary School Pre-School Program Development                              |
| 2007      | Chair, Resurrection of Our Lord Elementary School Script Program Development                                  |
| 2006      | Member, NCTRC Job Analysis Pilot Survey                                                                       |

## Faculty Mentoring

\* Note: Mentoring of all FT and PT Program faculty related to teaching became my responsibility for the 2016-2017 academic year with promotion to interim Co-Program Director

- |           |                                                                                                                                    |
|-----------|------------------------------------------------------------------------------------------------------------------------------------|
| 2016      | Received workload credit to mentor three new adjunct instructors for THRC 3185 Internship I                                        |
| 2013-2016 | Mentor a fellow faculty member in teaching techniques, problem solving for teaching/classroom issues, and professional development |

## Creation of Conferences/Trainings/Workshops

- |      |                                                                                                                                                                                                                                                                              |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018 | Chair/Coordinator, Recreational Therapy Evidence Based Practice Day Conference at Temple<br>Twenty-eight (28) BSRT, MSRT, & +1 students presented research, 250+ attendance (4/2018)                                                                                         |
| 2017 | Chair/Coordinator, Recreational Therapy Evidence Based Practice Day Conference at Temple<br>Thirty-two (32), BSRT, MSRT, & 4+1 students presented research, including Agency Appreciation Luncheon for internship supervisor and conference social, 250+ attendance (4/2017) |
| 2016 | Chair/Coordinator, Recreational Therapy Evidence Based Practice Day Conference at Temple<br>Twenty-four (24) MSRT and 4+1 students presented research, including Agency Appreciation Luncheon for internship supervisors and conference social, 250+ attendance (4/2016)     |
| 2015 | Chair/Coordinator, Recreational Therapy Evidence Based Practice Day Conference at Temple<br>Twenty-seven (27) MSRT and 4+1 students presented research, including Agency Appreciation Luncheon for internship supervisors and TR Alumni Reception, 300+ attendance (4/2015)  |
| 2014 | Chair/Coordinator, Constraint Induced Movement Therapy Training for Recreational Therapists at Temple University (*first host site for this training) (8/2014)                                                                                                               |
| 2014 | Chair/Coordinator, Recreational Therapy Evidence Based Practice Day Conference at Temple<br>Twenty-three (23) MSRT and 4+1 students presented research, included Agency Appreciation Luncheon for internship supervisors and TR Alumni Reception, 210+ attendance (4/2014)   |

2013 Chair/Coordinator, Created the Recreational Therapy Evidence Based Practice Day Conference at Temple  
Fourteen (14) MSRT and 4+1 students presented, 140+ attendance (4/2013)

### **Creation and Management of Technology Sites**

2018-Present Developed and continue to update a Teaching Resources Canvas page to assist RT faculty in strengthening on-campus and online pedagogy.

2013-Present Developed and continue to maintain the RT Wise Owls website ([www.rtwiseowls.com](http://www.rtwiseowls.com)). Houses evidence-based practice research conducted by RT students, journal articles, and evidence based practice resources. Other universities are invited to submit their students' work to be published on the site to strengthen access and utilization of evidence-based practice research. The site also serves as an advertisement site for our BS & MS in RT degree programs. In 2017, the site had 33,000+ views from 7,500 visitors from 88 different countries. RT Wise Owls has also been found to be a listed database in various libraries, including the National Institutes of Health Library, Mohawk College Library, Saskatoon Health Regional Library, Temple University Library, University of North Carolina University, and Virginia Wesleyan College Library.

2017 Received a personal phone call from the Executive Director of the National Council for Therapeutic Recreation Certification (NCTRC) alerting me that their 'Board Ambassadors,' who have booths at non-RT conferences to promote utilization of RT, are utilizing our students' syntheses on the RT Wise Owls Site as RT educational tools.

2016 RT Wise Owls listed at #1 in Google search for "Recreational Therapy Evidence Based Practice"

2016 RT Wise Owls listed as a database/website in various libraries without any marketing efforts (Mohawk College Library, National Institutes of Health Library, Saskatoon Health Region Library, Temple University Library, University of North Carolina Health Sciences Library, and Virginia Wesleyan College Library)

2016 Created the RT Wise Owls Graduate Research Lab to assist in identifying journal abstracts for publication on the site

2016 Exploring a relationship with ATRA to formally endorse and promote the site as the premier recreational therapy evidence-based practice site

2015 Featured online story on my work related to RT Wise Owls on Temple's College of Public Health webpage  
(<https://cph.temple.edu/rs/news/sharing-student-research-world>)

2006 Personally uploaded 250+ journal abstracts to the site

- 2016 Secured abstract reprint permission from major publishing companies
- 2016 Purchased advanced searching plug-in for RT Wise Owls, moved RT Wise Owls to a sites.temple.edu WordPress site for plug-in compatibility, and started process of expanding RT Wise Owls to a fully functional database to house RT professional literature.
- 2016 Wrote a detailed policy and procedure for external RT academic programs that explains the submission process to have their students work published on RT Wise Owls
- 2012-2016 Developed and maintained Mendeley group “American Journal of Recreation Therapy” (open access database of abstracts from this journal from it’s inception in 2002 to 2016). As of 7/2016 had 145 members and posted 250 abstracts. Moved all content to RT Wise Owls, however group will not be taken down and will continue to be publically available although more material will not be added to the group.  
<http://www.mendeley.com/groups/2201633/american-journal-of-recreationtherapy/>
- 2012-2016 Developed and maintained Mendeley group “Recreational Therapy” (open access database of abstracts related to RT from 2002 to 2016 to strengthen evidence based practice use/access). Research conducted by students in courses contributed articles to this site regularly. As of 7/2016 had 120 members and posted 523 abstracts. Moved all content to RT Wise Owls, however group will not be taken down and will continue to remain publically available although more material will not be added to the group.  
<http://www.mendeley.com/groups/2281421/recreational-therapy/>
- 2014-2015 Proposal accepted as a Capstone Project by Temple’s Information Science and Technology Program to expand functionality of the RT Wise Owls website to include an open-access searchable database for professional recreational therapy literature. Worked regularly with 4 capstone students on this project over the Fall 2014/Spring 2015/Summer 2015 semesters.

## Consultations

- 2018 RT licensure consultation for California  
Laura McLachlin, PhD, CTRS; Lead for licensure in California
- 2018 Content, materials, and techniques for teaching assessment and documentation to RT students  
Pei-Chun Hsieh, PhD, CTRS; Lethbridge University, Canada
- 2017 Promotion and Teaching Awards (materials and organization)  
Keesha Benson, MSW, PhD (Temple University)
- 2017 RT licensure consultation for Minnesota  
Kathy Davis, Co-Lead for RT licensure in Minnesota

|      |                                                                                                                                                                                                                                                                                               |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2016 | Evidence-based research consultation for Camilla Hall<br>Lynne Pomietlarz, CTRS                                                                                                                                                                                                               |
| 2016 | Consultation with David Sarwer (Associate Dean of Research at Temple University & Director of Center for Obesity Research and Education at Temple University) to discuss adopting the RT-EBPD Conference process and format throughout all College of Public Health Departments and Programs. |
| 2015 | Resources to support the hiring of a recreational therapist on the acute/intermediate care unit at Penn State Milton S. Hershey Medical Center<br>Megan H. Blashford, M.Ed., CTRS                                                                                                             |
| 2015 | Resources to support the hiring of a recreational therapist at a public elementary school<br>Ilana Leib, BS, CTRS                                                                                                                                                                             |
| 2015 | Justification for hiring a recreational therapist at Melmark School (a school/residential facility for children with developmental disabilities)<br>Cynthia Piccerillo, BS, CTRS                                                                                                              |
| 2015 | Setting up a clinical recreational therapy program on a short term transitional rehabilitation unit with emphasis on data collection for research<br>Kathleen Borgstrom, MS, CTRS; Recreational Therapy Program<br>Abramson Center for Jewish Life                                            |
| 2015 | Restructuring the Assessment & Documentation course at Florida International University (FIU) to meet CARTE accreditation<br>Alexis McKenney, EdD, CTRS (FIU)                                                                                                                                 |
| 2015 | Evidence-based research consultation<br>Melissa Zahl, PhD, CTRS/L (Oklahoma State University)                                                                                                                                                                                                 |
| 2014 | Use and Benefits of the International Classification of Functioning, Disability, and Health (ICF) in Recreational Therapy Practice<br>Monique Adin, Recreational Therapy Student at Florida International State University                                                                    |
| 2014 | Justification for recreational therapy services for adult son with autism<br>Ms. Shirley Knupp                                                                                                                                                                                                |
| 2014 | Reimbursement for recreational therapy<br>Shelly Beaver, CTRS (Lecturer of Disability Studies at Penn State Altoona)                                                                                                                                                                          |
| 2014 | Ensemble consultation<br>Carol Scheffner Hammer, PhD, CCC-SLP (Professor and Chair of Communication Sciences and Disorder at Temple University) & Annemarie Hindman, PhD (Associate Professor in Education at Temple University)                                                              |
| 2014 | Evidence-based research consultation<br>Jasmine Townsend, PhD, CTRS (Clemson University; Clemson, SC)                                                                                                                                                                                         |

|      |                                                                                                                                                                                                                                                                                                                                                                                 |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2014 | <p>Consultation for the use of recreational therapy in the school system</p> <ul style="list-style-type: none"> <li>▪ Ms. Enid Glenn from Madison, WI; member of a United Way community solutions team looking at sending out a Request for Proposal to increase independence of transition students with behavioral health, mental health, and learning challenges.</li> </ul> |
| 2013 | <p>Evidence-based research consultation</p> <p>Susan Lynch, PhD, CTRS (Longwood University; Farmville, VA)</p>                                                                                                                                                                                                                                                                  |
| 2013 | <p>Client consult &amp; training, conducted RT crochet assessment for of client in Active Living for Persons with Aphasia, trained an RT student to work with client outside of class time to foster skill development</p>                                                                                                                                                      |
| 2006 | <p>Consultant, Kids Club program at Northeast Racquet Club &amp; Fitness Center</p>                                                                                                                                                                                                                                                                                             |

### **Advocacy/Advancement of Profession**

|           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018      | <p>Continuing to problem solve for roadblocks to securing RT licensure, including consulting with a Public Advocacy Strategist from the Pennsylvania Recreation and Park Society, consulting with Jerry Livingston (Executive Director of the Senate consumer Protection &amp; Professional Licensure Committee), consulting with other Chairs of professions seeking licensure (e.g., Music Therapy), &amp; having regular meetings with the RT Licensure for PA Committee</p> |
| 2017      | <p>Reintroduced RT licensure bill in the Senate (SB 109)</p>                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 2016      | <p>Updated the American Therapeutic Recreation Association's Fact Sheet on RT in Physical Rehabilitation and Medicine (significant revisions)</p>                                                                                                                                                                                                                                                                                                                               |
| 2015-2016 | <p>Actively educated RT students and practitioners about HR 1906 Inpatient Rehabilitation Act (to force CMS to include RT in the 3-hour rule) and SB 1053/HB 1761 Amendment to the Medical Practice Act of 1985 to include Recreational Therapy licensure in Pennsylvania, and their role in advocating for profession based legislation and how to solicit co-sponsors/support.</p>                                                                                            |
| 2015-2016 | <p>Collaborating with ATRA to develop website pages (text/video) on their site to advocate for, and educate about, the need/value of licensure for Recreational Therapists (marketed to consumers, professionals, and legislators).</p>                                                                                                                                                                                                                                         |
| 2016      | <p>Organized a state-wide postcard drive for RT licensure in PA. Collected and organized 2,000+ postcards. Coordinated with Temple's Government Relations Office to talk to Harrisburg and advocate for us.</p>                                                                                                                                                                                                                                                                 |
| 2015      | <p>Introduced Senate Bill 1053 Amendment to the Medical Practice Act of 1985 to include Recreational Therapy licensure in Pennsylvania</p>                                                                                                                                                                                                                                                                                                                                      |

|           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015      | Introduced House Bill 1761 Amendment to the Medical Practice Act of 1985 to include Recreational Therapy licensure in Pennsylvania                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 2015      | HB 2290 "Recreational Therapists Practice Act": Submitted comprehensive rebuttal to the Dept of State's decision to not support HB 2290. Rebuttal accepted and currently being discussed with Gov. Tom Wolf.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 2014-2015 | HB 2290 "Recreational Therapists Practice Act": Successful in garnering written support of bill by 1) all college/universities in Pennsylvania that offer a degree in Recreational Therapy, 2) all Recreational Therapy professional organizations, 3) major disability advocacy organizations, 4) major health care and community providers in Pennsylvania, and 5) fellow healthcare professions. These organizations represent over 340,000+ people and over 350+ service providers.                                                                                                                                                                                                                               |
| 2015      | HB 2290 "Recreational Therapists Practice Act": Successful in having newly proposed language added to the Medical Practice Act of 1965 to include Recreational Therapy licensure. New language to be introduced to the legislature for approval within the year.                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 2014      | Attended the Knowledge Translation Conference: Effective Media Outreach Strategies (12 hour webinar) to strengthen knowledge/skills for disseminating RT research and RT related issues (e.g., reimbursement, licensure)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 2014      | Successful in having Constraint Induced Movement Therapy training open to Recreational Therapists (in past only open to Physical Therapists and Occupational Therapists). Chaired/Coordinated, first CIMT training at Temple Summer 2014.                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 2014      | HB 2290 "Recreational Therapists Practice Act": Meetings in Harrisburg with Professional Licensure Committee and Department of State to advocate for RT licensure                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2014      | HB 2290 "Recreational Therapists Practice Act": Active networking with Representatives in Harrisburg during PA Therapeutic Recreation Society reception to gain support for the bill                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 2013      | Recreational Therapy in Pennsylvania's Essential Health Benefits Package (EHBP): Designed and marketed a petition on <a href="http://www.change.org">www.change.org</a> to add Recreational Therapy to PA's EHBP that received over 1,600 supporting signatures. Rep. John Sabatina agreed to support the inclusion of RT in the EBHP when it is revised in 2015.                                                                                                                                                                                                                                                                                                                                                     |
| 2013      | Recreational Therapy in the school system: Responded to an open public call from the US Depts of Labor, Education, Health & Human Services and the Social Security Administration (on ePolicyWorks) for comment on strategies to help young people with disabilities successfully transition from school to work by 2020. Recommended RT to be a routinely considered therapy service in all IEPs. Rallied votes for support. Federal Partners in Transition National Online Dialogue: Participation Metrics Report disseminated 11/2013 ). Within the report, "Mandate Recreational Therapy in Schools" was Top Idea #5 in the Employment Campaign and Top Idea #2 in the Overall Health and Human Services Campaign |

## RECOGNITION & AWARDS

### Teaching Awards

- |      |                                                                                                                                                                            |
|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2017 | Recipient of “The Lindback Distinguished Teaching Award” from Temple University                                                                                            |
| 2013 | Recipient of the “Excellence in Teaching Award” from the College of Health Professions & Social Work (currently renamed the College of Public Health) at Temple University |
| 2012 | “Excellence in Education Award” to Temple University’s Therapeutic Recreation Program from the American Therapeutic Recreation Association (program award)                 |

### Professional Awards

- |      |                                                                                                                                                                                                                                                                                                      |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2016 | Recipient of the American Therapeutic Recreation Association, Member of the Year Award for contributions to the advancement of the RT profession                                                                                                                                                     |
| 2015 | Recipient of the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Certificate of Service Award for performing as an Outstanding Professional in providing excellent service in volunteering for advancement in the TR professional field (RT licensure leadership in Pennsylvania) |
| 2015 | Recipient of the Pennsylvania Therapeutic Recreation Society Presidential Citation Award for efforts and performances throughout the year that were adjudged to be outstanding by the President (RT licensure leadership in Pennsylvania)                                                            |

### Professional Recognition

- |      |                                                                                                                                                                                                                                                                                                                                                                                              |
|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015 | Was asked, and subsequently compiled, an “advocacy packet example” of my legislative efforts for RT licensure to share with students in the new CPH HRPR 1001 Public Health: The Way We Live, Work, & Play course (every student in CPH has to take this course)                                                                                                                             |
| 2015 | Induction to the Provost’s Teaching Academy, Temple University                                                                                                                                                                                                                                                                                                                               |
| 2014 | Special invitation to serve as a member on the College of Public Health’s Teaching Excellence Committee (an honor reserved for those who have received Teaching awards)                                                                                                                                                                                                                      |
| 2013 | One of 30 people worldwide to be invited to the Rehabilitation Treatment Taxonomy 3 day “working meeting” in Rockville, MD to provide feedback on a taxonomy for rehabilitation developed by Ucahn School of Medicine at Mount Sinai, Moss Rehabilitation Research Institute and the Kessler Foundation through a National Institute on Disability and Rehabilitation Research (NIDRR) grant |
| 2011 | Identified as a worldwide “clinical expert” in Lower Limb Amputation and invited (and accepted) to contribute to the development of a Lower Limb Amputation ICF Core-Set.                                                                                                                                                                                                                    |

Project was Chaired by Dr. Friedbert Kohler out of Liverpool Hospital in Australia and is in partnership with the World Health Organization.

2006 Spotlight in ICF Clearinghouse Newsletter (CDC publication) for work related to the advancement of the International Classification of Functioning, Disability and Health ([http://www.cdc.gov/nchs/icd/icf\\_newsletters\\_06.htm](http://www.cdc.gov/nchs/icd/icf_newsletters_06.htm)).

### **Mentored Student Awards**

2014 Temple University Dental Hygiene Alumni Club Award; Brian Schad (monetary award for non-traditional student with strong GPA and community service) - Awarded

2012 Temple University Writing Intensive Prize; Christine Atieno Oyamo (monetary award for a student who has made significant gains in writing skills) – Not awarded

2011 Temple University Dental Hygiene Alumni Club Award; Genee Atwater (monetary award for non-traditional student with strong GPA and community service) - Awarded

### **Merit**

2018 Received 3.5 units of merit from Temple University for 2016-2017 academic year

2017 Received 4 units of merit from Temple University for 2015-2016 academic year

2016 Received 3 units of merit from Temple University for 2014-2015 academic year performance

2015 Received 5 units of merit from Temple University for 2013-2014 academic year performance

2014 Received 5 units of merit from Temple University for the 2012-2013 academic year performance

2013 Received 2 units of merit from Temple University for 2011-2012 academic year performance

2012 Received 3 units of merit from Temple University for 2010-2011 academic year performance

2011 Received 3 units of merit from Temple University for 2009-2010 academic year performance

### **PROFESSIONAL MEMBERSHIP**

American Therapeutic Recreation Association (ATRA)  
New Jersey/Eastern Pennsylvania Therapeutic Recreation Association (ATRA Chapter Affiliate)