

Curriculum Vitae  
Erica A. Pugh, OTD, OTR/L, RYT-200, CPAM

**Contact Information**

Temple University, College of Public Health  
Program in Occupational Therapy, Department of Health and Rehabilitation Sciences  
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**Education**

- *Temple University*  
Doctorate of Occupational Therapy, May 2018
  - Capstone Research: *Exploring the Feasibility of a Social-Emotional Learning Based Mindfulness and Yoga Program*
  - Teaching in Higher Education Certificate (Granted August 2017)
  
- *University of the Sciences Philadelphia, PA*  
Master of Occupational Therapy, May 2012  
Bachelor of Science, Health Science, May 2012

**Professional Work Employment**

- *Independent Contractor*- Provide holistic, community-based mindfulness and yoga services to vulnerable populations (2016-Present)
- *Mercy Home Health- St. Mary Branch*: Langhorne PA-Occupational Therapist (June 2016-Present)
- *St. Mary Rehabilitation Hospital*: Langhorne PA- Per Diem Occupational Therapist (July 2014-Present)
- *Buckingham Valley Rehabilitation and Nursing Center*: Buckingham Pa- Lead Clinical Occupational Therapist (January 2013-2018)

**Teaching Experience**

*Temple University, Department of OT (August 2017-Present):*

- Academic Fieldwork Coordinator and Assistant Professor of Instruction (August 2019-Present)
- Assistant Academic Fieldwork Coordinator (March-August 2019)
- Adjunct Professor
  - Kinesiology Perspectives in OT (Fall 2017, 2018)
  - OT Practice: Adults/Older Adults (Spring 2018, 2019)
  - Human Dynamics in OT (Summer 2018)
- Fieldwork Preceptor
  - OT Practice: Fieldwork IB (Summer 2018, 2019)
- Guest Lecturer
  - Health Wellness in the Community (Fall 2018)
- International Fieldwork Collaboration and Development
  - Guatemala Fieldwork IIB Experience (2017, 2018)

### **Professional Peer-Reviewed Presentations**

Haas, M., **Pugh, E.**, Snyder, J., Pitonyak, J. S. (2011) Infant massage: A co-occupation for families with postpartum depression. Pennsylvania Occupational Therapy Association State Conference, Erie, PA.

Lahey, K., **Pugh, E.**, Kearney P. (2011) Leadership: thinking, acting and inspiring. Pennsylvania Occupational Therapy Association State Conference, Erie, PA.

### **Professional & Community Service**

*CHOP Homeless Health Initiative (HII)*

- Safe Physical Activity & Recreation Program (SPARK) volunteer leader and student mentor (2018-Present)

*Big Brother Big Sister of Buck County*

- Provide one-to-one mentorship to a child facing adversity (2014 to Present)

### **Continuing Education**

- *Registered Children's Yoga Teacher 95 Hour Training (In Progress)*
- *Trust-Based Relational Intervention: Caregiver Training (2018)*
- *Teaching in Higher Education Certificate (August 2017)*
- *Registered Yoga Teacher Training (February 2016)*
- *Reiki Practitioner Certification (March 2016)*
- *Physical Agent Modalities Practitioner Certification (March 2015)*
- *Chair Yoga Teacher Certificate (January 2014)*

### **Leadership Experience**

*Fieldwork Education Liaison (January 2014-2016)*

- Coordinate all clinical placements, student observation hours and volunteer work for Buckingham Valley Rehab. Communicate with students, volunteers and educators.
- Mentor and collaborate with Level I students in a clinical setting

*Intercollegiate Occupational Therapy Student Night*

- Event Coordinator (2011), Sponsor Committee Chair (2010), Planning Committee Member (2009)

*University of the Sciences in Philadelphia OT Department Student Interview Committee (2010-2012)*

- Aids in the interviewing and hiring of OT faculty

*Samson College of Health Science's Deans Advisory Board (2010-2011)*

### **Awards and Acknowledgements**

- *Department of Occupational Therapy Faculty Award (May 2012)*
- *Dean's List (Fall & Spring 2008, 2009, 2010; 2011; 2012)*
- *The American Occupational Therapy Foundation's Mary Fiorentino Scholarship (Spring 2011)*
- *Arthur and Virginia Lebo Osol Scholarship Recipient (Spring 2011)*

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**Professional Associations**

American Occupational Therapy Association (AOTA): Member ID# 000004305930  
Pennsylvania Occupational Therapy Association (POTA)

**Professional Board and Licensure**

NBCOT  
Pennsylvania