

ELIZABETH (COOK) THOMAS, PHD**Assistant Professor, Temple University****Contact**

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 College of Public Health
 Temple University
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Academic Employment and Faculty Affiliations

- 2020 - **Assistant Professor**, College of Public Health, Temple University, Philadelphia, PA
- 2018 - 2020 **Research Assistant Professor**, College of Public Health, Temple University, Philadelphia, PA
- 2018 - 2020 **Adjunct Graduate Faculty**, College of Public Health, Temple University, Philadelphia, PA
- 2017 - 2018 **Adjunct Instructor**, College of Public Health, Temple University, Philadelphia, PA
- 2016 - 2018 **Research Scientist**, Department of Rehabilitation Sciences, Temple University, Philadelphia, PA

Education

- 2014 - 2016 **Postdoctoral Research Fellow** (NIMH T32 2014-2015), Aaron T. Beck Psychopathology Research Center, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA
 Advisors: Aaron T. Beck, MD; Paul Grant, PhD
- 2014 **PhD**, Clinical Psychology (minor: Quantitative Analysis)
 University of Nebraska-Lincoln, Lincoln, NE
 Dissertation: *Peer Support for Consumers with Psychosis*
 Advisor: William Spaulding, PhD
- 2013 - 2014 **Clinical Psychology Intern** (APA Accredited)
 Veterans Affairs Maryland Health Care System (VISN 5 MIRECC)/
 University of Maryland School of Medicine, Baltimore, MD
 Supervisors: Melanie Bennett, PhD and Alicia Lucksted, PhD
- 2010 **MA**, Clinical Psychology
 University of Nebraska-Lincoln, Lincoln, NE

Thesis: *An Exploratory Analysis of Functioning across Biosystemic Levels of Organization in Inpatients and Outpatients with Serious Mental Illness*
 Advisor: William Spaulding, PhD

2006 BA, Psychology (summa cum laude)
 University of North Carolina at Chapel Hill, Chapel Hill, NC

Honors and Awards

2024 Scientific Research Award, NAMI (National Alliance on Mental Illness)
 Montgomery County PA
 2023 Summer Research Award (\$7000), Temple University
 2021 - 2022 Grant-in-Aid Research Award (\$3000), Temple University
 2021 - 2022 Editorial Fellow, *Psychiatric Rehabilitation Journal*
 2014 2013-2014 Outstanding Intern of the Year Award, University of Maryland School
 of Medicine
 2008 - 2013 Research Advisory Committee/Warden Travel Award, University of Nebraska-
 Lincoln
 2011 Preparing Future Faculty Fellow, University of Nebraska-Lincoln
 2008,10,13 Outstanding Student Research Award, Association for Behavioral and Cognitive
 Therapies, Schizophrenia and Severe Mental Illness Special Interest Group

Current Research Support

2023 - 2028 National Institute on Disability, Independent Living, and Rehabilitation Research
 (ACL/NIDILRR) & Substance Abuse and Mental Health Services Administration
 (SAMHSA)
 90RTCP0010
 Title: UMass Chan-Temple Collaborative RRTC on Community Living and
 Participation among Transition Age Youth with Serious Mental Health
 Conditions from Disadvantaged, Vulnerable, and Marginalized Backgrounds
 Role: Co-Principal Investigator; Total approximate costs (direct & indirect):
 \$4,375,000

2023 - 2028 National Institute on Disability, Independent Living, and Rehabilitation Research
 (ACL/NIDILRR)
 Title: Rehabilitation Research and Training Center on Independent Living and
 Participation for People with Serious Mental Illness
 Role: Co-Investigator (PI: Mark Salzer, PhD)

2022 - 2025 National Institute on Disability, Independent Living, and Rehabilitation Research
 (ACL/NIDILRR)
 90IFRE0068
 Title: Enhancing Community Participation Outcomes among Young Adults with
 Serious Mental Illnesses through Peer-Delivered Decision Support
 Role: Principal Investigator; Total approximate costs (direct & indirect): \$600,000

2020 - 2024 National Institute of Mental Health (NIH/NIMH)
 R01 MH120550
 Title: Connecting FEP Research and Practice through a Learning Health System
 Role: Consultant (PI: Melanie Bennett, PhD)

Completed Research Support

2018 – 2023 National Institute on Disability, Independent Living, and Rehabilitation Research (ACL/NIDILRR)
 Title: Rehabilitation Research and Training Center on Community Living and Participation for People with Serious Mental Illness
 Role: Co-Investigator (PI: Mark Salzer, PhD)

2018 – 2023 National Institute of Mental Health (NIH/NIMH)
 K08 MH116101
 Title: Facilitating Emerging Adult Engagement in Evidence-Based Treatment for Early Psychosis through Peer-Delivered Decision Support
 Role: Principal Investigator; Total approximate costs (direct & indirect) \$688,723; Impact Score (A0): 27

2016 – 2018 National Institute on Disability, Independent Living, and Rehabilitation Research (ACL/NIDILRR)
 90RT5021-02-01
 Title: Rehabilitation Research and Training Center on Community Living and Participation for People with Serious Mental Illness
 Role: Research Scientist (PI: Mark Salzer, PhD)

2012 – 2014 Behavioral Health Education Center of Nebraska (BHECN) Behavioral Health PIE Grant – Pilot in Interprofessional Education
 Title: Peer Provided Resiliency Psychoeducation (PPRP)
 Role: Principal Investigator; Total approximate costs: \$4,369

Translational, Service, Education, and Evaluation Grants and Contracts

2024 State of Delaware DSAMH
 Title: Promotion of Community Inclusion
 \$28,000
 Role: Consultant (PI: Mark Salzer, PhD)

2020 National Council for Behavioral Health (contract 2440.0014)
 First-Episode Psychosis Expert Panel
 \$1000
 Role: Subject Matter Expert

2019 Substance Abuse and Mental Health Services Administration (contract 283-17-

6501)

Evidence Based Research Development (EBRD) Guide #3 – Co-occurring Disorders in Early Serious Mental Illness

\$5000

Role: Consultant/Subject Matter Expert

Peer-Reviewed Journal Articles

†Denotes Student/Mentee Author

Bolded items indicate publications for which I am first or senior author

1. **Thomas, E. C.**, Heffron, N., Zagorac, S., Hewlett, A., Wenzel, R. M., Kramer, I., Walker, L., & Read, H. (2024). Novel occupational therapy program (Step Up) to facilitate the transition from early intervention in psychosis services. *Community Mental Health Journal*. <https://doi.org/10.1007/s10597-024-01324-0>
2. Zisman-Ilani, Y., Parker, M., **Thomas, E. C.**, Suarez, J.,† Hurford, I., Bowen, A., Calkins, M., Deegan, P., Nossel, I., & Dixon, L. B. (2024). Usability and feasibility of the antipsychotic medication decision aid in a community program for first-episode psychosis. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.20230230> [E-pub ahead of print].
3. Read, H., Zagorac, S., Neumann, N., Kramer, I., Walker, L., & **Thomas, E.** (2024). Occupational therapy: A potential solution to the behavioral health workforce shortage. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.20230298> [E-pub ahead of print].
4. **Thomas, E. C.**, Brusilovskiy, E., O'Shea, A., & Salzer, M. S. (2024). Self-determination and self-efficacy as predictors of campus engagement among college students with serious mental illnesses. *Psychiatric Rehabilitation Journal*. <https://doi.org/10.1037/prj0000600> [E-pub ahead of print].
5. **Thomas, E. C.**, Simmons, M. B., Mathai, C., Salzer, M. S. (2023). Peer-facilitated decision-making in mental health: Promises, pitfalls, and recommendations for research and practice. *Psychiatric Services*, 74(4), 401-406. <https://doi.org/10.1176/appi.ps.20220086>.
6. Nagata, S., Brusilovskiy, E., Snethen, G., McCormick, B., **Thomas, E. C.**, Townley, G., & Salzer, M. S. (2023). Housing and loneliness among individuals with serious mental illnesses. *International Journal of Social Psychiatry*, 69(3), 559-566. <https://doi.org/10.1177/00207640221119636>.
7. **Thomas, E. C.**, Read, H., Neumann, N., Zagorac, S., Taylor, C., Kramer, I., Fisher, R. M., & De Angelis, T. (2023). Implementation of occupational therapy within early intervention in psychosis services: Results from a national survey. *Early Intervention in Psychiatry*, 17(7), 652-661. <https://doi.org/10.1111/eip.13359>.
8. **Thomas, E. C.**, Jones, N., Shern, D. L., & Salzer, M. S. (2022). Identifying indicators of community participation-promoting efforts within coordinated specialty care: A modified e-Delphi study of stakeholder perspectives. *Early Intervention in Psychiatry*, 16(12), 1376-1390. <https://doi.org/10.1111/eip.13282>.
9. Walter, O., **Thomas, E. C.**, Salzer, M. S. (2022). Exploring peer specialists' experiences with spirituality in their work: Recommendations for future directions. *Psychiatric Rehabilitation Journal*, 45(1), 95-102. <https://doi.org/10.1037/prj0000495>.
10. **Thomas, E. C.**, Suarez, J.,† Lucksted, A., Siminoff, L., Hurford, I., Dixon, L., O'Connell, M., & Salzer, M. (2022). Treatment decision-making needs among emerging adults with

- early psychosis. *Early Intervention in Psychiatry*, 16(1), 78-90.
<https://doi.org/10.1111/eip.13134>.
11. **Thomas, E. C.**, Suarez, J.,[†] Lucksted, A., Siminoff, L. A., Hurford, I., Dixon, L., O'Connell, M., Penn, D., Salzer, M. S. (2021). Facilitating treatment engagement for early psychosis through peer-delivered decision support: Intervention development and protocol for pilot evaluation. *BMC Pilot and Feasibility Studies*, 7, 1-13.
<https://doi.org/10.1186/s40814-021-00927-8>.
 12. **Thomas, E. C.**, Ben-David, S., Treichler, E., Roth, S., Dixon, L., Salzer, M., & Zisman-Ilani, Y. (2021). A systematic review of shared decision making interventions for service users with serious mental illnesses: State of science and future directions. *Psychiatric Services*, 72(11), 1288-1300. <https://doi.org/10.1176/appi.ps.202000429>.
 13. Rosenthal-Oren, R., Roe, D., Hasson-Ohayon, I., Roth, S., **Thomas, E.C.**, & Zisman-Ilani, Y. (2021). Beliefs about the causes of psychosis among persons with psychosis and mental health professionals: A scoping review. *Psychiatric Services*, 72(10), 1178-1192.
<https://doi.org/10.1176/appi.ps.202000460>.
 14. Shaffer, V. A., Brodney, S., Gavaruzzi, T., Zisman-Ilani, Y., Munro, S., Smith, S., **Thomas, E.**, Valentine, K. D., Volk, R., Bekker, H. L. (2021). Do personal stories make patient decision aids more effective? An update from the International Patient Decision Aids Standards. *Medical Decision Making*, 41(7), 897-906.
<https://doi.org/10.1177/0272989X211011100>.
 15. Zisman-Ilani, Y., Hurford, I., Bowen, A., Salzer, M., & **Thomas, E. C.** (2021). Evaluating the feasibility of a decision aid to promote shared decision making among young adults with first-episode psychosis: protocol for a pilot study. *BMC Pilot and Feasibility Studies*, 7(22), 1-11. <https://doi.org/10.1186/s40814-020-00757-0>.
 16. **Thomas, E. C.**, Bass, S. B., Siminoff, L. A. (2021). Beyond rationality: Expanding the practice of shared decision making in modern medicine. *Social Science & Medicine*, 277, 113900. <https://doi.org/10.1016/j.socscimed.2021.113900>.
 17. Snethen, G., Jeffries, V., **Thomas, E. C.**, Salzer, M. (2021). Welcoming places: perspectives of individuals with mental illnesses. *American Journal of Orthopsychiatry*, 91(1), 76-85. <https://doi.org/10.1037/ort0000519>.
 18. **Thomas, E. C.**, Snethen, G., O'Shea, A., Suarez, J.,[†] Hurford, I., & Salzer, M. S. (2020). An examination of the community participation interests of young adults with serious mental illnesses. *Journal of Behavioral Health Services and Research*, 47, 526-543.
<https://doi.org/10.1007/s11414-019-09678-0>.
 19. **Thomas, E. C.**, Snethen, G., & Salzer, M. S. (2020). Community participation factors and neurocognitive impairment among persons with schizophrenia. *American Journal of Orthopsychiatry*, 90(1), 90-97. <https://doi.org/10.1037/ort0000399>.
 20. **Thomas, E. C.**, Zisman-Ilani, Y., & Salzer, M. S. (2019). Self-determination and choice in the context of mental health services: qualitative insights from a study of self-directed care. *Psychiatric Services*, 70(9), 801-807. <https://doi.org/10.1176/appi.ps.201800544>.
 21. **Thomas, E. C.**, Snethen, G., McCormick, B., & Salzer, M. S. (2019). An exploration of linear and curvilinear relationships between community participation and neurocognition among those with serious mental illnesses. *Psychiatric Rehabilitation Journal*, 42(4), 358-365. <https://doi.org/10.1037/prj0000364>.
 22. Storm, M., Husebø, A. M. L., **Thomas, E. C.**, Elwyn, G., & Zisman-Ilani, Y. (2019). Coordinating mental health services for people with serious mental illness: a scoping

- review of transitions between hospitals and community. *Administration and Policy in Mental Health and Mental Health Services Research*, 46, 352-367.
<https://doi.org/10.1007/s10488-018-00918-7>.
23. **Thomas, E. C.**, Bilger, A., Wilson, A. B., & Draine, J. (2018). Conceptualizing restorative justice for people with mental illnesses leaving prison or jail. *American Journal of Orthopsychiatry*, 89(6), 693-703. <https://doi.org/10.1037/ort0000316>.
 24. **Thomas, E. C.**, Murakami-Brundage, J., Bertolami, N., Beck, A. T., & Grant, P. M. (2018). Beck Self-Esteem Scale-Short Form: development and psychometric evaluation of a scale for the assessment of self-concept in schizophrenia. *Psychiatry Research*, 263, 173-180. <https://doi.org/10.1016/j.psychres.2018.02.053>.
 25. **Thomas, E. C.** & Salzer, M. S. (2018). Associations between the peer support relationship, service satisfaction, and recovery-oriented outcomes: a correlational study. *Journal of Mental Health*, 27(4), 352-358.
<https://doi.org/10.1080/09638237.2017.1417554>.
 26. **Thomas, E. C.**, Despeaux, K., Drapalski, A., & Bennett, M. (2018). Person-oriented recovery of individuals with serious mental illnesses: a review and meta-analysis of longitudinal findings. *Psychiatric Services*, 69(3), 259-267.
<https://doi.org/10.1176/appi.ps.201700058>.
 27. **Thomas, E. C.**, Snethen, G., & Salzer, M. S. (2017). A developmental study of community participation of individuals with serious mental illnesses: implications for policy and practice. *American Journal of Orthopsychiatry*, 87, 597-605.
<https://doi.org/10.1037/ort0000269>.
 28. **Thomas, E. C.**, Luther, L., Zullo, L., Beck, A. T., & Grant, P. M. (2017). From neurocognition to community participation in serious mental illness: the intermediary role of dysfunctional attitudes and motivation. *Psychological Medicine*, 47, 822-836.
<https://doi.org/10.1017/S0033291716003019>.
 29. **Thomas, E. C.**, Muralidharan, A., Medoff, D., & Drapalski, A. L. (2016). Self-efficacy as a mediator of the relationship between social support and recovery in serious mental illness. *Psychiatric Rehabilitation Journal*, 39, 352-360.
<https://doi.org/10.1037/prj0000199>.
 30. **Cook, E. A.**, Liu, N. H., Tarasenko, M., Davidson, C. A., & Spaulding, W. D. (2013). Longitudinal relationships between neurocognition, theory of mind, and community functioning in outpatients with serious mental illness (SMI). *Journal of Nervous and Mental Disease*, 201(9), 786-794. <https://doi.org/10.1097/NMD.0b013e3182a2140b>.
 31. Penn, D. L., Uzenoff, S. R., Perkins, D., Mueser, K. T., Hamer, R., Waldheter, E., Saade, S., & **Cook, L.** (2011). A pilot investigation of the Graduated Recovery Intervention Program (GRIP) for first episode psychosis. *Schizophrenia Research*, 125(2-3), 247-256.
<https://doi.org/10.1016/j.schres.2010.08.006>.
 32. **Cook, E. A.**, Davidson, C. A., Nolting, J. R., & Spaulding, W. D. (2011). Observed ward behavior strongly associated with independent living skills: An analysis of convergent and criterion-related validity of the NOSIE and the ILSI. *Journal of Psychopathology and Behavioral Assessment*, 33, 111-120. <https://doi.org/10.1007/s10862-010-9190-9>.
 33. Waldheter, E. J., Penn, D. L., Perkins, D. O., Mueser, K. T., Owens, L. W., & **Cook, E. A.** (2008). The Graduated Recovery Intervention Program for first episode psychosis: Treatment development and preliminary data. *Community Mental Health Journal*, 44, 443-455. <https://doi.org/10.1007/s10597-008-9147-6>.

Book Chapters

Bolded items indicate book chapters for which I am first or senior author

1. Salzer, M. S., & **Thomas, E. C.** (2023). Inclusion and collaboration. In: R. Cronise, J. P. Edwards, G. Enders, & J. Forbes (Eds.). What It Takes: Wisdom from Peer Support Specialists & Supervisors. National Association of Peer Supporters.
2. Spaulding, W. D., **Cook, E.**, & Avila, A. (2014). Therapeutic jurisprudence and recovery from severe and disabling mental illness. In: B. Bornstein & R. Wiener (Eds.). Justice, Conflict, and Wellbeing: Multidisciplinary Perspectives. New York: Springer.

Other Publications

Bolded items indicate publications for which I am first or senior author

1. **Thomas, E.**, Salzer, M. S., & DPC Peer Support Team. (2024). Delaware Psychiatric Center (DPC) peer support promoting community inclusion program manual. The Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities. Available at: www.tucollaborative.org.
2. **Thomas, E. C.** (2024). Collaborative approaches in psychiatric rehabilitation: Innovations in practice. *Psychiatric Rehabilitation Journal*, 47(2), 91-93. <https://doi.org/10.1037/prj0000624>.
3. OT in Early Intervention in Psychosis Research Collaboration. (2023). Occupational Therapy in the United States Early Intervention in Psychosis Report. Available at: https://www.nasmhpd.org/sites/default/files/2023-02/OT_in_US_FEP_Final_Report.pdf
4. Sarwer, D. B., & **Thomas, E. C.** (2022). New Gerber baby is welcome statement about inclusion of persons with visible differences. *CommonHealth*, 3(2), 97-98. Available at: <https://tuljournals.temple.edu/index.php/commonhealth/article/download/578/410>
5. Substance Abuse and Mental Health Services Administration. (2019). First-Episode Psychosis and Co-Occurring Substance Use Disorders. HHS Publication No. PEP19-PL-Guide-3. Rockville, MD: National Mental Health and Substance Use Policy Laboratory: Substance Abuse and Mental Health Services Administration. Available at: <https://store.samhsa.gov/sites/default/files/pep19-pl-guide-3.pdf>
6. **Thomas, E. C.** (2019). Engaging Youth and Young Adults In and Outside of the Mental Health System through Youth-Informed Peer Support: A Factsheet for Peer Supporters and Allies. Available at: http://www.tucollaborative.org/?smd_process_download=1&download_id=3236
7. Salzer, M. S., & **Thomas, E. C.** (2016). Peer Support Research Questions from the Perspective of iNAPS Attendees. Available at: http://tucollaborative.org/?smd_process_download=1&download_id=961.

Presentations

†Denotes Student/Mentee Author

Bolded items indicate presentations for which I am first or senior author

1. Sabella, K., & **Thomas, E.** (2024, August). Enhancing community participation among young adults with serious mental health conditions from underserved backgrounds. Presentation to the Child Youth and Family Division of the National Association of State Mental Health Program Directors (online).

2. McKeever, A., † **Thomas, E. C.** (2024, April). Exploring information needs related to decision making about community participation among young people with serious mental illness (SMI). e-Poster presented at the 2024 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
3. Smith, M., † **Thomas, E.** (2024, April). Perceptions about research among young adults with serious mental illnesses. e-Poster presented at the 2024 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
4. Salzer, M., Snethen, G., McCormick, B., & **Thomas, E.** (2024, March). Introduction to the Temple University Collaborative on Community Inclusion: A medical necessity. Presented as part of Temple University College of Public Health's Friday Seminar Series (online).
5. **Thomas, E. C.** (2024, March). Lessons learned from a pilot study of peer-delivered decision support for young adults with early psychosis. Invited talk for the George Washington University School of Medicine and Health Sciences' Center for Global Mental Health Equity Speaker Series (online).
6. Hiremath, S., Jones, R., Heller Murray, E., **Thomas, E. C.**, Sarwer, D. (2024, February). Building successful research collaborations. Panel discussion as part of Temple University College of Public Health's Friday Seminar Series (online).
7. Sabella, K. & **Thomas, E. C.** (2023, November). Community participation among transition age youth with serious mental health conditions from marginalized backgrounds. Invited talk for the UMass Chan Medical School's Implementation Science & Practice Advances Research Center (online).
8. McKeever, A., † **Thomas, E. C.** (2023, April). Enhancing community participation outcomes among young adults with serious mental illnesses through peer-delivered decision support. e-Poster presented at the 2023 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
9. **Thomas, E. C.** (2023, April). Decision coaching to support community participation among young adults with psychiatric disabilities. Workshop presentation at the 2023 Pennsylvania Association of Psychiatric Rehabilitation Services (PAPRS) Virtual Conference.
10. **Thomas, E. C.** (2023, January). Promoting community inclusion & participation among young adults with psychiatric disabilities: The role of psychiatric rehabilitation. Invited talk at the University of Michigan Department of Psychiatry (online).
11. **Thomas, E. C.**, & Salzer, M. S. (2022, September). Supporting treatment decision-making within early intervention in psychosis services: Results from a pilot evaluation of Peer Decision Coaching. Flash talk presentation at the 2022 Society for Research in Psychopathology conference. Philadelphia, PA.
12. Casey, I., † **Thomas, E.** (2022, April). Feasibility of interagency collaboration between child protective services and adult mental health services: a scoping review. e-Poster presented at the 2022 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
13. Salzer, M. S., & **Thomas, E. C.** (2022, March). It is a matter of mattering: Community inclusion, participation, and social isolation. 4th National Conference on Advancing Early Psychosis Care (online).
14. **Thomas, E. C.**, Lucksted, A., & Salzer, M. S. (2021, November). Supporting self-determination and self-advocacy within early intervention in psychosis services: Results

- from a pilot evaluation of Peer Decision Coaching. Symposium presentation at the 55th annual Association for Behavioral and Cognitive Therapies conference (online).
15. McCormick, B., Snethen, G., Townley, G., Brusilovskiy, E., **Thomas, E.**, Nagata, S., & Salzer, M. S. (2021, October). Feelings of acceptance and the experience of loneliness among adults with serious mental illnesses. Poster presented at the 2021 American Public Health Association conference.
 16. Brusilovskiy, E., McCormick, B., **Thomas, E.**, Townley, G., Snethen, G., Nagata, S., & Salzer, M. S. (2021, October). The relationship between loneliness and housing among individuals with serious mental illnesses. Poster presented at the 2021 American Public Health Association conference.
 17. **Thomas, E. C.**, Lucksted, A., Siminoff, L. A., Hurford, I., Dixon, L., O'Connell, M., Suarez, J.,[†] & Salzer, M. S. (2021, October). Treatment decision needs across levels of social support among patients with early psychosis: implications for decision support. Oral presentation at the 2021 Society for Medical Decision Making conference (online).
 18. **Thomas, E. C.** (2021, September). Improving decision-making related to community life among emerging adults with serious mental health problems. Presentation at the NIDILRR State of Science Meeting on Improving Outcomes for Adolescents and Emerging and Young Adults Experiencing Serious Mental Health Problems (online).
 19. Casey, I., [†] **Thomas, E.**, & Salzer, M. (2021, May). A study of the association between community participation and quality of life and recovery for parents with a mental illness. e-Poster presented at the 2021 College of Physicians of Philadelphia Section on Public Health and Preventive Medicine conference. Philadelphia, PA.
 20. Casey, I., [†] **Thomas, E.**, & Salzer, M. (2021, April). A study of the association between community participation and quality of life and recovery for parents with a mental illness. e-Poster presented at the 2021 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
 21. **Thomas, E. C.** (2021, April). Peer support within early intervention in psychosis services: Why, how, and what's next? Presentation to HeadsUp Early Intervention Collaboration (online).
 22. Ford, T., **Thomas, E.**, Hadge, C. M., Davidson, C. A. (2020, October). The direct impact of people with lived experience on training and research in mental healthcare. Panel presentation at the 19th Annual Meeting of the International Society for Psychological and Social Approaches to Psychosis United States Chapter (online).
 23. Rosenthal Oren, R., Roe, D., Hasson-Ohayon, I., **Thomas, E. C.**, & Zisman-Ilani, Y. (2020, November). Promoting treatment engagement of patients with psychosis by focusing on differences in causal beliefs between patients and clinicians. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (online).
 24. Davidson, C. A., Ford, T., **Thomas, E.**, Mazel-Carlton, C., Treichler, E., & Kleinman, M. (2020, November). The direct impact of people with lived experience on training and research in mental healthcare. Panel presentation at the 54th annual Association for Behavioral and Cognitive Therapies conference (online).
 25. Treichler, E., **Thomas, E.**, Mote, J., Snethen, G., Kopelovich, S. L., & Spaulding, W. (2020, November). Increasing access to care through advances in innovative interventions for serious mental illnesses. Symposium presentation at the 54th annual Association for Behavioral and Cognitive Therapies conference (online).

26. Madden, C.,[†] Frankel, A., & **Thomas, E. C.** (2020, April). Barriers and facilitators of engagement in early intervention programs for patients experiencing first-episode psychosis. e-Poster presented at the 2020 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
27. Suarez, J.,[†] & **Thomas, E. C.** (2020, April). Barriers to treatment decision-making among low, average, and high engagers in early intervention in psychosis services. e-Poster presented at the 2020 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.
28. **Thomas, E. C.** (2020, January). Recovery-oriented strategies to engage emerging adults with early psychosis in early intervention services. Invited talk at the University of Maryland Baltimore. Baltimore, MD.
29. **Thomas, E. C.** (2020, January). Reducing the public health burden associated with psychosis through the promotion of emerging adult engagement in early intervention services. Invited talk at Temple University College of Public Health. Philadelphia, PA.
30. **Thomas, E. C.** (2019, December). Recovery-oriented strategies to engage transition-aged youth with early psychosis in early intervention services. Invited talk at Rutgers University. Piscataway, NJ.
31. **Thomas, E. C.** (2019, December). Peer support within early intervention in psychosis services: Why, how, and what's next? Invited talk at the University of North Carolina OASIS clinic. Chapel Hill, NC.
32. **Thomas, E. C.**, Suarez, J.,[†] Bowen, A., Salzer, M. S., Hurford, I., Dixon, L., & Zisman-Ilani, Y. (2019, November). Demographic, interpersonal, neurocognitive, and attitudinal predictors of shared decision-making among service users with early psychosis. Poster presented at the 2019 American Public Health Association conference. Philadelphia, PA.
33. **Thomas, E. C.** (2019, November). Decision needs among emerging adults with early psychosis: Implications for shared decision making. Oral presentation at the Temple University College of Public Health 1st Shared Decision Making Forum in Mental Health. Philadelphia, PA.
34. **Thomas, E. C.**, & Madden, C.[†] (2019, November). Youth peer support, mental health, and housing: What we know and what we need to know. Invited talk at New Directions: Youth Mental Health and Housing event. Philadelphia, PA.
35. **Thomas, E. C.**, Lucksted, A., Hurford, I., Siminoff, L., Dixon, L., O'Connell, M., Suarez, J.,[†] Zisman-Ilani, Y., & Salzer, M. S. (2019, October). Values clarification among patients with early psychosis: lessons learned and implications for shared decision making. Poster presented at the 2019 Society for Medical Decision Making conference. Portland, OR.
36. **Thomas, E. C.** (2019, October). Reducing the public health burden associated with psychosis through the promotion of emerging adult engagement in early intervention services. Invited talk at John Hopkins University. Baltimore, MD.
37. **Thomas, E. C.**, Elam, J., Hall, V., Koumenis, A., & Markey, J. (2019, May). Engaging young adults in and outside of the mental health system through youth-informed peer support. Invited presentation at the Mental Health Partnerships 20th Annual Bell of Hope Colloquium. Philadelphia, PA.
38. **Thomas, E. C.**, Suarez, J.,[†] Bowen, A., Salzer, M. S., Hurford, I., Dixon, L., & Zisman-Ilani, Y. (2019, April). Demographic, interpersonal, neurocognitive, and attitudinal predictors of shared decision-making among service users with early psychosis. Poster

presented at the 2019 Congress of the Schizophrenia International Research Society. Orlando, FL.

39. **Thomas, E. C.**, Zisman-Ilani, Y., & Salzer, M. S. (2018, October). Self-directed care in mental healthcare: a decision support and patient-centered approach to facilitate patient engagement. Poster presented at the 40th annual Society for Medical Decision Making conference. Montreal, QC.
40. **Thomas, E. C.**, Zisman-Ilani, Y., Lucksted, A., Hurford, I., & Salzer, M. S. (2018, October). Understanding the treatment decision-making needs of emerging adults with early psychosis. Poster presented at the 11th annual International Early Psychosis Association. Boston, MA.
41. **Thomas, E. C.** & Hurford, I. (2017, July). Young adults and community participation: What we know and what we need to know. Oral presentation at the Temple University Collaborative on Community Inclusion Summer Institute. Philadelphia, PA.
42. Salzer, M. S., & **Thomas, E. C.** (2016, August). Research on peer support interventions: Why? How? And what are the key questions? Invited presentation at the InterNational Association of Peer Supporters. Philadelphia, PA.
43. Wolfe, R. M., [†] **Thomas, E. C.**, Grant, P. M., & Beck, A. T. (2015, November). Toward an empirical validation of the cognitive theory of delusions. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies. Chicago, IL.
44. **Thomas, E. C.**, Grant, P. M., Zullo, L., & Beck, A. T. (2015, April). From neurocognition to recovery in schizophrenia: the intermediary role of dysfunctional attitudes and motivation. Poster presented at the 63rd Annual Nebraska Symposium on Motivation. Lincoln, NE.
45. Wolfe, R. M., [†] Grant, P. M., **Thomas, E. C.**, Tress, C. R., & Beck, A. T. (2014, November). Interrelationships between beliefs, emotional mechanisms, and delusion themes. Poster presented at the 48th Annual Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
46. **Cook, E. A.** Self-efficacy as a mediator of the relationship between social support and recovery in serious mental illness (SMI). (2014, June). Paper presented at the University of Maryland, Baltimore. Baltimore, MD.
47. **Cook, E. A.** (2013, July) Peer support and education for consumers with psychosis. Invited presentation to Nebraska Region 3 Behavioral Health Services. Kearney, NE.
48. **Cook, E. A.**, & Spaulding, W. D. (2012, November). Consumers' and peer providers' preferences for peer-based CBTp. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies. National Harbor, MD.
49. Davidson, C. A., Avila, A., Gallegos, Y. E., Bottoms, H. C., **Cook, E.**, Hochheiser, J., & Spaulding, W. D. (2012, November). Assessment of cognitive biases in a community mental health center compared to a large undergraduate normative sample. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies. National Harbor, MD.
50. Davidson, C. A., Hochheiser, J., Bottoms, H., **Cook, E.**, Gallegos, Y. E., Avila, A., & Spaulding, W. D. (2012, November). Social functioning and social cognition in serious mental illness compared to a large undergraduate normative sample. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies. National Harbor, MD.

51. **Cook, E. A.** & Johnson, J. R. (2012, July). A crash course in peer-provided service research. Invited presentation at the 6th Annual Peer Specialist Conference. New York, New York.
52. **Cook, E. A.**, Allen, A. B., & Davidson, C. A. (2011, November). Latent factor structure of the multnomah community ability scale and the service engagement scale. Poster presented at the 45th Annual Association for Behavioral and Cognitive Therapies. Toronto, ON.
53. Liu, N. H., **Cook, E. A.**, Davidson, C. A., Tarasenko, M., & Spaulding, W. D. (2011, November). Longitudinal prediction of social functioning by baseline cognition and internal locus of control in persons with SMI living in the community. Poster presented at the 45th Annual Association for Behavioral and Cognitive Therapies. Toronto, ON.
54. **Cook, E. A.**, Liu, N. H., Tarasenko, M., Davidson, C. A., & Spaulding, W. D. (2011, June). Longitudinal relationships between neurocognition, social cognition, and community functioning in outpatients with serious mental illness (SMI). Poster presented at the 14th Annual Cognitive Remediation in Psychiatry. New York, NY.
55. **Cook, E. A.**, Davidson, C. A., Bottoms, H. C., Kleinlein, P., Wynne, A., Tarasenko, M., Reddy, F., Nolting, J., Choi, K. H., & Spaulding, W. (2010, November). An exploratory analysis of functioning across biosystemic levels of organization in inpatients and outpatients with serious mental illness. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
56. Davidson, C. A., **Cook, E. A.**, Bottoms, H. C., Gallegos, Y., Spaulding, W. (2010, November). The inventory of self-efficacy and externality (I-SEE) in a community mental health center: reliability, factor structure, validity, and a proposed validity scale. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
57. Kleinlein, P., Choi, K., **Cook, E.**, Davidson, C. A., & Spaulding, W. (2010, November). Social cognition and interaction training (SCIT) for outpatients with schizophrenia-spectrum disorders. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
58. Liu, N. H., **Cook, E. A.**, & Spaulding, W. D. (2010, November). Cognitive rehabilitation: which treatment works for which outcome? Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
59. **Cook, E. A.**, Johnson, R. W., Wynne, A., Tarasenko, M., & Spaulding, W. D. (2009, November). The Comprehensive Inventory of Mental Health and Recovery and Rehabilitation Services (CIMHRRS): A one year case study. Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.
60. Johnson, R. W., **Cook, E. A.**, Choi, K., Nolting, J., & Spaulding, W. (2009, November). The Comprehensive Inventory of Mental Health and Recovery and Rehabilitation Services (CIMHRRS): Profiling organizational landscapes. Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.
61. Bottoms, H. C., **Cook, E. A.**, & Spaulding, W. D. (2009, November). Trends in locus of control beliefs and biosystemic levels of functioning in inpatients with serious mental illness. Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.
62. Tarasenko, M., Kleinlein, P., Choi, K., Davidson, C. A., **Cook, E.**, & Spaulding, W. (2009, November). Emotion perception and social functioning in serious mental illness:

What is the missing link? Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.

63. Davidson, C. A., **Cook, E. A.**, Nolting, J., & Spaulding, W. (2008, November). Observed ward behavior strongly associated with real world living skills: An analysis of concurrent validity between NOSIE and ILSI. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies. Orlando, FL.
64. Tarasenko, M., Kleinlein, P., Choi, K., **Cook, E.**, Davidson, C. A., & Spaulding, W. D. (2008, November). Differential processing of emotional cues in inpatients and outpatients with serious mental illness. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies. Orlando, FL.
65. Choi, K., Reddy, L. F., Wynne, A., Tarasenko, M., Davidson, C. A., **Cook, E.** & Spaulding, W. D. (2008, November). Memory functioning trajectories as a level of severity of child abuse during inpatient psychiatric rehabilitation: An 18-month longitudinal study using multilevel modeling (MLM). Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies. Orlando, FL.

Webinars and Podcasts

Bolded items indicate presentations for which I am first or senior author

1. **Thomas, E.** & Bodenhamer, B. (2024). With everyone else: Fundamentals of community inclusion and participation and implications for Coordinated Specialty Care. Temple University Collaborative on Community Inclusion webinar series.
2. Sabella, K. & **Thomas, L.** (2024). Enhancing community participation among young adults with serious mental health conditions from marginalized backgrounds. Community Inclusion and Reflective Collaboration Center webinar.
3. Snethen, G., & **Thomas, E. C.** (2023). Community participation and young adults with mental health conditions: Promoting health, mental health service engagement, and identity development. Temple University Collaborative on Community Inclusion webinar series.
4. Winston, D., Wilkinson, D., & **Thomas, E. C.** (2021). Boundaries, professionalism, and documentation: A webinar for peer specialists and supervisors on CSC teams. Webinar presented to HeadsUp Early Intervention Collaboration.
5. Salzer, M. S. & **Thomas, E. C.** (2019). Podcast guest. Participatory research and peer support. Hosted by E. Sally Rogers, Center for Psychiatric Rehabilitation, Health, & Rehabilitation Sciences, Boston University.
6. **Thomas, E. C.** (2019). Addressing the employment goals of young adults with psychiatric disabilities. Webinar presented as part of Research Alliance for Inclusive Employment (REINVENT) webinar series.
7. Salzer, M. S., & **Thomas, E. C.** (2019). Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care. Webinar presented as part of the National Council for Behavioral Health's technical assistance to Coordinated Specialty Care programs.

Teaching Experience

Instructor

Fall 2024	SBS 3103	Counseling Techniques for Health Professionals (Temple University)
Fall 2022,23	SBS 2201	Health Communication (Temple University)
Sum 2017	SBS 2103	Health Psychology and Human Behavior (Temple University)
Sum 2010	PSYC 380	Abnormal Psychology (University of Nebraska-Lincoln)

Guest Lecturer

Fall 2024	“First Episode Psychosis and Early Intervention,” Occupational Therapy Practice: Mental Health, Department of Occupational Therapy, Temple University
Fall 2023	“First Episode Psychosis and Early Intervention,” Occupational Therapy Practice: Mental Health, Department of Occupational Therapy, Temple University
Fall 2022	“Promoting Employment and Education among Young Adults with Psychiatric Disabilities,” Social Determinants of Health, Department of Kinesiology, Temple University
Fall 2020	“Establishing and Maintaining a Productive and Efficient Writing Process,” Temple University College of Public Health Professional Development Seminar Series for PhD Students
Fall 2019	“First Episode Psychosis and Early Intervention,” Health Psychology, Department of Social and Behavioral Sciences, Temple University
Fall 2018	“Basics of Quantitative Analysis,” Graduate Research I (online), Department of Rehabilitation Sciences, Temple University
Fall 2014	“Empowerment through Statistical Models,” Undergraduate Research Assistant Professional Development Seminar, University of Pennsylvania
Sum 2012	“The Community Mental Health Movement: Lessons Learned,” Introduction to Clinical Psychology, University of Nebraska-Lincoln
Sum 2011	“First Episode Psychosis and the RAISE Early Treatment Program,” Abnormal Psychology, University of Nebraska-Lincoln

Curriculum Development

2024	Counseling Techniques for Health Professionals, Temple University College of Public Health
2022	Research and Evidence Based Practice Suitable curriculum developer, Temple University College of Public Health

Doctoral Committee Service

*Committee chair

2020 - 2024	Irene Casey*	Factors Predicting Child Protective Service’s Provision of and Referral to Services for Parents with a Mental Illness
2022 -	Amber Davidson	

Mentorship and Supervision Experience

Undergraduate Research Assistants

2023 - 2024 Maggie Smith, Temple University College of Public Health
 2023 Zahrah Surratt, Temple University College of Public Health (currently Master's student at Drexel University)
 2023 Zoey Bunbury, Temple University College of Public Health
 2021 Jenna Patel, Temple University College of Public Health
 2021 Rachel Markley, Temple University College of Public Health

Undergraduate Public Health Interns

2023 Paul Frank, Temple University College of Public Health
 Marisa Markus, Temple University College of Public Health

Graduate Research Assistants

2022 - Alexis McKeever, Temple University College of Public Health

Graduate Fieldwork Students

2023 - 2024 Kathy Arazawa, Temple University College of Public Health
 2019 - 2020 Casey Madden, Temple University College of Public Health

Preparing Future Faculty Fellows

2022 - Rebecca Wolfe, Clinical Psychology PhD student, University of Nebraska-Lincoln

Professional Research Assistants

2018 - 2022 John Suarez, M.A., Temple University College of Public Health
 2014 - 2016 Rebecca Wolfe, University of Pennsylvania

Clinical Supervisees

2011 Sarah King, Psychological Consultation Center, University of Nebraska-Lincoln

Faculty Advising

2024 - Nicole Sheppard, MPH Program, Temple University College of Public Health
 2022 - 2024 Amelia Mraz, MPH Program, Temple University College of Public Health
 2022 - 2024 Victoria Salazar, MPH Program, Temple University College of Public Health
 2022 - 2024 Angelique Nurse, MPH Program, Temple University College of Public Health
 2022 - 2024 Kiyah Davender, MPH Program, Temple University College of Public Health
 2021 - 2022 Valerie Amato, MPH Program, Temple University College of Public Health
 2021 - 2022 Zoe Garber, MPH Program, Temple University College of Public Health
 2021 - 2022 Khamera Manders, MPH Program, Temple University College of Public Health

2021 - 2022 Kennedy Stoll, MPH Program, Temple University College of Public Health
 2021 - 2022 Katherine Zuk, MPH Program, Temple University College of Public Health

Professional Development in Teaching

2023 “Creating Accessible Online Materials,” Center for the Advancement of Teaching
 2023 “Mid-Semester Progress Ratings,” Center for the Advancement of Teaching

Training and Consulting

Training Presentations

1. **Thomas, E. C.** (2024). Jump starting community inclusion: A toolkit for promoting inclusion. Training presentation for the Institute of Living’s Young Adult Services. (online).
2. **Thomas, E. C.** (2024). Successful implementation of decision coaching to support community participation among young adults with early psychosis. Training presentation as part of HeadsUp Early Intervention Collaboration Grand Rounds. (online).
3. **Thomas, E. C. & Laughery, D.** (2023). Decision coaching for certified peer specialists and supported employment and education specialists. Training workshop at the 8th annual HeadsUp Early Intervention Collaboration Conference.
4. **Thomas, E. C. & Bodenhamer, B.** (2023). Decision coaching to support community participation among young adults with early psychosis. Training workshop at the 2023 North Carolina First Episode Psychosis Conference.
5. **Thomas, E. C. & Slanzi, C.** (2023). Life in the community like everyone else: Fundamentals of community inclusion and participation and implications for coordinated specialty care. Training provided to ETCH Coordinated Specialty Care programs (online).
6. **Thomas, E. C. & Slanzi, C.** (2023). Life in the community like everyone else: Fundamentals of community inclusion and participation and implications for coordinated specialty care. Training provided to First Hope Coordinated Specialty Care program (online).
7. **Thomas, E. C.** (2023). Promoting fair and equitable workplace conditions for peer specialists. Training provided to HeadsUp Early Intervention Collaboration (online).
8. **Snethen, G. & Thomas, E. C.** (2023). Supporting Engagement in Mental Health Services by Facilitating Community Participation. Training provided to Central Behavioral Health. (online).
9. **Thomas, E. C.** (2023). The Role of Peer Specialists in Promoting Community Participation. Training provided to HeadsUp Early Intervention Collaboration. (online).
10. **Thomas, E. C. & Hillard, A.** (2022). Strategic storytelling by peer specialists. Training presentation at the 7th annual HeadsUp Early Intervention Collaboration Conference. (online).
11. **Thomas, E. C., & Gardiner, H.** (2021). Person-first online workshop. Presented to Click Therapeutics.

12. **Thomas, E. C.** & Nnaeto, E. (2021). Shared decision making within early intervention services: Highlighting the unique role of peers. Training presentation at the 6th annual HeadsUp Early Intervention Collaboration Conference. (online).
13. **Thomas, E. C.** (2019). Fundamentals of community inclusion and participation and implications for Coordinated Specialty Care. Training presentation for North Carolina DMH/DD/SAS-Community Services and Supports, Raleigh, NC.
14. **Thomas, E. C.** (2018). Fundamentals of community inclusion and participation and implications for Coordinated Specialty Care. Training for Pennsylvania Statewide Coordinated Specialty Care Programs, Harrisburg, PA.
15. Grant, P., Brinen, A. P., Tress, C., & **Thomas, E. C.** (2014). Recovery-oriented cognitive therapy. Training provided to Georgia state psychiatric hospital staff, community behavioral health workers, and peer support specialists.

Consultation Activities

2024	Provided technical assistance to Michigan NAVIGATE first-episode psychosis programs to enhance community participation initiatives
2024	Provided technical assistance to Minnesota NAVIGATE first-episode psychosis programs to enhance community participation initiatives
2024	Provided technical assistance to Rutgers' first-episode psychosis program to enhance community participation initiatives
2022	Interview on psychiatric rehabilitation for online course for non-psychiatric healthcare providers, University of Michigan Department of Psychiatry
2022	Consultant to Voice and Vision regarding analysis and reporting of quality improvement data, Philadelphia, PA
2016	Consultant on Recovery-Oriented Cognitive Therapy to Philadelphia Community Treatment Teams Incorporated (CTT), Philadelphia, PA
2015 - 2016	Consultant on Recovery-Oriented Cognitive Therapy to Temple Episcopal Hospital Extended Acute Unit, Philadelphia, PA
2014 - 2016	Consultant on Recovery-Oriented Cognitive Therapy to Girard Medical Center Extended Acute Unit, Philadelphia, PA
2014 - 2015	Consultant on Recovery-Oriented Cognitive Therapy to Georgia State psychiatric hospital staff, community behavioral health workers, and peer support specialists

Grant Review Panels

2020	Medical Research Council (UK)
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Editorial Service and Review Boards

2024 -	Associate Editor, <i>Psychiatric Rehabilitation Journal</i>
2023 - 2024	Special Issue Editor, <i>Psychiatric Rehabilitation Journal</i>
2022 - 2023	Editorial Board, <i>Psychiatric Rehabilitation Journal</i>
2021 - 2022	Editorial Fellow, <i>Psychiatric Rehabilitation Journal</i>
2020 -	Editorial Board, <i>American Journal of Orthopsychiatry</i>

Journal Reviewing (ad hoc)

Administration and Policy in Mental Health and Mental Health Services Research
Disability and Rehabilitation
Frontiers Psychiatry
International Journal of Medical Informatics
International Journal of Qualitative Studies on Health and Well-being
Journal of Affective Disorders
Journal of Community Psychology
Journal of Mental Health
Pilot and Feasibility Studies
PLOS One
Psychiatry Research
Psychiatric Services
Rehabilitation Psychology
Schizophrenia Research

Additional Reviewing

2024 Book Reviewer, American Psychological Association

Administrative Service

University Committees

2018 – 2023 Elected Member, Research Programs and Policies Committee (RPPC) of the
 Faculty Senate, Temple University (served as Secretary from 2020-2023)
 2011 - 2012 Elected Student Representative, Interview Weekend Committee, University of
 Nebraska-Lincoln

College Committees

2023 Abstract Reviewer, College of Public Health Research Day, Temple University
 2020 - 2023 Steering Committee Member, Office of Community-Engaged Research and
 Practice, College of Public Health, Temple University
 2019,20,24 Poster Judge, College of Public Health Research Day, Temple University

Departmental Committees

2020 - Graduate Committee, Department of Social and Behavioral Sciences, Temple
 University
 2020 - 2021 MPH Admissions Committee, Department of Social and Behavioral Sciences,
 Temple University

 2020 Abstract Reviewer, Social and Behavioral Sciences Student Research Award,
 College of Public Health, Temple University

Professional/Community Committees

2020	Mental Health Subcommittee, Philly Homes 4 Youth Coalition
2019 - 2021	Workgroup Member, International Patient Decision Aid Standards (IPDAS)
2019	Coalition Member, Mental Health Education Coalition of Pennsylvania
2019	Coalition Member, Research Alliance for Inclusive Employment (REINVENT)
2009	Advisory Board Member, Partners in Empowerment and Recovery (PIER), Region V Assertive Community Treatment (ACT) Team, Lincoln, NE

Conference/Panel Organization

2023	Conference Planning Committee Member. Symposium on Community Engagement. Office of Community Engaged Research and Practice. Temple University College of Public Health. Philadelphia, PA.
2020	Forum Organizer. Evidence-Based Approaches to Engaging Individuals and Families in Care. Psychosis and Schizophrenia Spectrum Special Interest Group (PASS-SIG) of the Association for Cognitive and Behavioral Therapies (ABCT). Online.
2019	Conference Organizer. Temple University College of Public Health 1 st Shared Decision Making Forum in Mental Health. Philadelphia, PA.
2018	Training Coordinator, Temple University College of Public Health, Half-Day workshop with Alicia Lucksted to 12 participants on qualitative interviewing

Professional Memberships/Affiliations

American Psychological Association
 American Public Health Association
 Association for Behavioral and Cognitive Therapies
 International Early Psychosis Association
 Schizophrenia International Research Society
 Society for Medical Decision Making
 Society for Research in Psychopathology

Other Professional Experience

2010 - 2013	Research Assistant and Individual Psychotherapist (certified in Individual Resiliency Training), Recovery After An Initial Schizophrenia Episode Early Treatment Program (RAISE-ETP), Community Mental Health Center of Lancaster County, Lincoln, NE
2010 - 2013	Group Facilitator , Midtown Day Rehabilitation Center, Community Mental Health Center of Lancaster County, Lincoln, NE
2009 - 2011	Psychology Extern , Psychological Consultation Center, University of Nebraska-Lincoln, Lincoln, NE

- 2009 - 2010 **Project Manager**, Decision Science in Rehabilitation Grant (DSR) (NIMH funded), University of Nebraska-Lincoln, Lincoln, NE
- 2008 - 2009 **Psychology Extern**, Neurocognitive Testing Lab, Community Mental Health Center of Lancaster County, Lincoln, NE
- 2006 - 2008 **Research Assistant**, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC

Media

1. Sargent, P. (2024). UMass Chan, Temple collaborate on rehabilitation research and training center for youth. <https://www.umassmed.edu/news/news-archives/2024/04/umass-chan-temple-collaborate-on-rehabilitation-research-and-training-center-for-youth/>
2. Interview for KYW Newsradio on rising suicide rate in the United States, posted on December 5, 2023. <https://omny.fm/shows/kywam-on-demand/cdc-data-shows-suicide-rates-hit-an-all-time-high>
3. Steinberg, D. (2023). Collaborative on community inclusion receives \$10.55 million in new funding. <https://cph.temple.edu/about/news-events/news/collaborative-community-inclusion-receives-1055-million-new-funding#:~:text=Collaborative%20on%20Community%20Inclusion%20receives,funding%20%7C%20College%20of%20Public%20Health>
4. College of Public Health staff (2020). Thomas co-authors guidebook on early psychosis and substance use. <https://cph.temple.edu/about/news-events/news/thomas-co-authors-guidebook-early-psychosis-and-substance-use>
5. Temple News (2019). APA to cite Temple professor's research on mental health. <https://temple-news.com/apa-to-cite-temple-professors-research-on-mental-health/>
6. Association of Schools & Programs of Public Health's Connect Member Research and Reports (2019). Person oriented recovery research influences new APA treatment guidelines. <https://www.aspph.org/temple-person-oriented-recovery-research-influences-new-apa-treatment-guidelines/>
7. Association of Schools & Programs of Public Health's Connect Member Research and Reports (2019). Review finds common pitfalls in post hospital care for people with SMI. <https://www.aspph.org/temple-review-finds-common-pitfalls-in-post-hospital-care-for-people-with-smi/>
8. Steinberg, D. (2019). Review finds common pitfalls in post hospital care for people with SMI. <https://cph.temple.edu/news/review-finds-common-pitfalls-post-hospital-care-people-smi>
9. Temple University College of Public Health news. (2019). Circles could offer promising outcomes after incarceration for people with serious mental illness. <https://cph.temple.edu/news/circles-could-offer-promising-outcomes-after-incarceration-people-serious-mental-illness?fbclid=IwAR0riXCOB0FdBwOmEXbCYj8xjdorWYAdaM01T5B7C6NHDOq86UxykkfXRjg>

10. K08 project featured in Temple University's College of Public Health 2018 Year In Review Magazine, posted on October 2, 2018. <https://templecph.atavist.com/2018-year-in-review#chapter-4384268>
11. Temple University College of Public Health news. (2018). Research within TU Collaborative receives NIMH award to study peer support for early psychosis. <https://cph.temple.edu/news/researcher-tu-collaborative-receives-nimh-award-study-peer-support-early-psychosis>
12. Association of Schools & Programs of Public Health's Connect Member Research and Reports. (2018). Temple researcher receives NIMH award to study peer support for early psychosis <https://www.aspph.org/temple-researcher-receives-nimh-award-to-study-peer-support-for-early-psychosis/>
13. Article featured in Psychiatric Services "From Pages to Practice" podcast (Episode 7), broadcast on December 15, 2017. <http://ps.psychiatryonline.org/podcast>