CHANGE OF PROGRAM
Before a major change, be aware:

- Tuition rate increase:
  - [www.temple.edu/bursar](http://www.temple.edu/bursar)
    - Check the Bursar’s website to see how this may affect your bill
    - Please contact Student Financial Services and/or additional financial providers before submitting a COP form

- Previous semester and cumulative GPA must be a 2.0 or higher

- A review of a student’s academic record may result in a required interview with the program director
Before a major change, be aware:

- Students are not permitted to change their major to one in which they have an outstanding third attempt
  - *i.e. If your new major requires CHEM 1031 and you need a third attempt in the class, you will not be permitted to change your major until you successfully complete it in your current major/elsewhere*

- All approved COP requests will be approved for the following semester

- Review Undergraduate Bulletin for additional information on major and required course work: [bulletin.temple.edu](https://bulletin.temple.edu)
Majors in CPH

Department of Kinesiology
- Kinesiology
- Exercise and Sport Science

Department of Social and Behavioral Sciences
- Public Health

Department of Health and Rehabilitation Sciences
- Health Professions (Bachelor of Science)
- Health Studies (Bachelor of Arts)
- Recreational Therapy (Bachelor of Science)

Department of Nursing
- Nursing

Department of Health Services Admin and Policy
- Health Information Management

Department of Communication Sciences and Disorders
- Speech, Language and Hearing Science

School of Social Work
- Social Work
Academic Advising

- Each major within CPH has its own professional advising staff housed within the department

- Each academic department has a faculty advisor to assist you with mentoring and career development
Fly in 4 students

- Fly in 4 students are required to meet with an advisor at least once a semester for next step planning

- Consult with a CPH advisor to discuss if a change of major will impact your Fly in 4 status
Who is this degree for?

- Students interested in the fields of physical activity, health promotion, and fitness/wellness

Examples of jobs include:

- Fitness instructor/manager
- Worksite Health Promotion Specialist
- Physical Activity Coordinator
- Health-Wellness Coach

See next slide...
Students may also go on to graduate school:
  • Kinesiology or Related Field
  • Occupational Therapy
  • Public Health
  • Chiropractic Care

Why is this degree attractive?
  • Demand is high for graduates to work in fields that integrate physical activity, health, and well-being
  • Curriculum includes 18 credits of content electives/18 credits of free electives
Exercise and Sport Science is an umbrella term that involves physical activity, exercise, and sport and athletic performance.

Primary career opportunities include:
- Sport Performance
- Health and Wellness
- Rehabilitative/Clinical Exercise

The major also serves as a foundation for graduate programs.

Students will engage in an innovative and interdisciplinary curriculum.
Public Health is the science of protecting and improving the health of communities through education, the promotion of healthy lifestyles and research for disease and injury prevention.

Graduates typically work in:
- Public Health Departments at different levels (National, State, Local)
- Community Health Agencies
- Hospitals

4+1 MPH programs available to those who qualify.
Dept. of HRS – Health Professions

- Health Professions is an interdisciplinary program that includes inter-professional electives
- Students take many of the math/science courses needed to apply to professional programs in the Health Professions
- Curriculum prepares students for graduate study in:
  - Physical Therapy
  - Physician Assistant
  - Athletic Training and more
- Students in this major work closely with the Office of Pre-Professional Health Studies
The Bachelor of Arts in Health Studies (BAHS) was developed to assist students who have had difficulty passing bench science or math courses as part of the BSHP, or who have changed their minds about pursuing a graduate program in the health professions. This major will allow students who are late in the BSHP (or other) degree program and are unable to transfer to another CPH major still graduate in a timely fashion. The interdisciplinary training helps prepare our graduates to enter the health workforce, but they'll need to work with their academic advisor and Temple Career Services to best plan their remaining course work and experiential learning (Internships, etc.).

The degree provides pre-health focused writing intensive courses emphasizing the need for cultural competency and understanding of diversity in health and healthcare; as well as an expansive menu of elective options which tailors the degree to meet individual interests and/or specific course requirements for future employment.

The core BAHS has a required core, and students must meet other criteria. These include:
- Having completed at least 60 credits in BSHP or other degree program
- Cumulative GPA under 3.0
Dept. of HRS – Recreational Therapy

- Focuses on promoting play, recreation and leisure as a means to psychological and physical recovery

- Examples of RT interventions and modalities:
  - Adapted Sports: wheelchair rugby, wheelchair basketball, adapted aquatics, goalball, adapted skiing, adapted tennis, etc.
  - Therapeutic Horseback Riding/ Animal Assisted Therapy
  - Creative arts/ Theatre arts
  - Arts and Crafts
  - Culinary
  - Nature Therapy
  - Board games, video games, virtual reality
  - Music, dance

- Examples of workplace settings:
  - Community centers, Rehabilitation hospitals, Nursing homes, Assisted living, Veteran's hospitals, Psychiatric facilities, Hospice, Home care, Schools, Prisons, and more!

- Examples of job titles:
  - Certified Therapeutic Recreation Specialist (CTRS)
  - Recreational Therapist
  - Director of Recreational Therapy
  - Life Enrichment Coordinator/ Counselor

- Temple's BSRT degree prepares students to sit for the National Counsel of Therapeutic Recreation Certification (NCTRC) exam. Upon successful completion of the exam, students obtain the Certified Therapeutic Recreation Specialist (CTRS) credential.

- 4+1 MSRT Program- earn your Master's degree in just one additional year!
Dept. of NURS – Nursing

- Temple’s BSN program prepares students with 4 years of Nursing classes, which include field experience
- What Nurses do:
  - Provide and coordinate patient care
  - Educate the public about various health conditions
  - Provide advice and emotional support to patients and families
- Where Nurses work:
  - Hospitals, physicians’ offices, and wellness center
  - Nursing care facilities, home healthcare services, community organizations
  - Insurance providers, public policy, law, or research settings
  - Cruise ships, resorts, and on medical transport via helicopters and ambulances

See next slide...
Dept. of NURS – Nursing

- Students cannot change their major directly to Nursing
- Temple's BSN program has a competitive admissions process, and students must apply and be accepted through the Internal Transfer/Intra-University Transfer process
- The Nursing program only accepts new students for Fall semesters
- To learn more about the Intra-University Entry option, including how to apply and the application deadline, please visit the 4-year BSN Program Admissions Page or contact a CPH Nursing Advisor
Dept. of HSAP – HIM

- Health Information Management professionals design and manage health information systems, with special attention to quality and privacy of health information.
- Professionals may work in:
  - Hospitals
  - Managed and Ambulatory Care
  - Insurance and Pharmaceutical Companies
  - Public Health Orgs.
- Students must successfully complete all six (6) HIM prerequisite courses (with grade of C or better in each) before starting the HIM professional courses (HIM 2000+ courses).
- HIM professional courses (HIM 2000+ level courses) are only offered once per year.
- Students must have a laptop that meets the specifications noted here (under "Health Information Management") to complete the HIM professional courses.
Speech, Language and Hearing Science is a field of expertise specialized in the evaluation and treatment of communication disorders.

The major prepares students for graduate study in:

- *Speech Pathology*
- *Audiology*

Electives credits integrated into the curriculum to cater to students’ interests.
School of SW – Social Work

- Social Work is a professional and academic discipline committed to the pursuit of social welfare, social change, and social justice

- Primary career opportunities include:
  - Medical/Public Health
  - Substance Abuse
  - Mental Health
  - Child Welfare
  - School/Education
  - Correctional Settings

- To pass, students must receive at least a "C" grade in Social Work Dept. Major courses (e.g. SSWU XXXX); students must earn at least a "C-" grade in major courses outside the Social Work Dept. (e.g. PSY 1001)

- Advanced Standing – Accelerated MSW program option
  - Must apply separately (usually in the fall of senior year of the BSW program)
  - More information can be found [here](#)
# CPH Minors & Certificates

For reference, please see below for the Minor and Certificate offerings in CPH:

<table>
<thead>
<tr>
<th>Minors</th>
<th>Certificates</th>
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<tbody>
<tr>
<td>Applied Epidemiology</td>
<td>American Sign Language</td>
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<tr>
<td>Global Health</td>
<td>Emergency and Sports Injury Management</td>
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<tr>
<td>Health Information Management</td>
<td>Linguistics</td>
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<td>Health Policy and Management</td>
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<td>Nutrition</td>
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<tr>
<td>Public Health</td>
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</tbody>
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Career Information

- For more information on all the majors in the College of Public Health:
  - https://cph.temple.edu/academics/areas-study
- For more information on careers, please contact the Career Center:
  - www.temple.edu/provost/careercenter
- Office of Pre-Professional Health Studies:
  - www.temple.edu/healthadvising
- Additional resource:
  - www.explorehealthcareers.org
How to best use academic advising

- Be proactive – don’t wait until the last minute to address your needs and concerns
- Check your Temple e-mail account daily. Only use your Temple e-mail account to communicate within Temple
- Become familiar with Self Service Banner and your DARS – Degree Audit Reporting System
- Refer to the online Undergraduate Bulletin for questions about policies, majors, and course descriptions
- Review your Advising Session Report (found in TU Portal) after meeting with your advisor
- ASK QUESTIONS!
Advisor Contact Info

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232 Pearson Hall

Exercise and Sport Science
Lauren McKenzie
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Temple University
College of Public Health
Next Steps

- Complete the College of Public Health Change of Program Quiz. You can repeat this as many times as needed until you score 10/10. You must score 10/10 for next steps.
- Once quiz is completed successfully, you will receive an official College of Public Health Change of Program Form only by email. You cannot access this form online.
- COP Form should be submitted to advisor of intended major. See contact info on next slide.
- Make an appt. with new advisor to register/revise schedule for next semester.
- Review sample plan on TU Bulletin to prepare for your advising meeting.