## **CHANGE OF PROGRAM**



TEMPLE UNIVERSITY College of Public Health

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#### Before you change your major, be aware:

Tuition Rate Increase:

#### www.temple.edu/bursar

- Check the Bursar's website to see how this affects your bill
- Please contact Student Financial Services and/or additional financial providers before submitting a COP form
- Previous semester and cumulative GPA must be 2.0 or higher
- A review of student's academic record may result in a required interview with the Program Director
- All approved COP requests will be processed for the following semester.
- Review Undergraduate Bulletin and Course Repeat Policy for additional information on majors and required coursework: <u>bulletin.temple.edu</u>



# Majors in the College of Public Health

- Department of Kinesiology
  - Exercise and Sport Science
  - Kinesiology
- Department of Communication Sciences & Disorders
  - Speech-Language-Hearing Science
- Department of Health and Rehabilitation Sciences
  - Health Professions
  - Recreational Therapy

- Department of Nursing
  - Nursing
- Department of Health Services Administration and Policy
  - Health Information Management (HIM)
- Department of Social and Behavioral Sciences
  - Public Health
- School of Social Work
  - Social Work



### **Academic Advising**



Each major within CPH has its own professional advising staff housed within their respective departments

Each Academic Department has a Faculty Advisor to assist you with mentoring and career development



### Fly in 4 students



Fly In 4 students are required to meet with an advisor once per semester for next step planning

Consult with a CPH academic advisor to determine whether a change of major will affect your Fly In 4 status





# Exercise and Sport Science

- Exercise Science is an umbrella term that involves physical activity, exercise, and sport and athletic performance
- Primary career opportunities include:
  - Sport Performance

**Kinesiology** -

- Health and Wellness
- Rehabilitative / Clinical Exercise
- Foundation for Graduate programs
- Innovative and interdisciplinary curriculum



# Kinesiology -Kinesiology



- The B.S. in Kinesiology will prepare you to enter a variety of jobs in the fields of physical activity, health promotion, and fitness/wellness.
- Demand for graduates to work in fields that integrate physical activity, health, and well-being is high now and for the foreseeable future.
- You will learn:
  - Cutting-edge knowledge and skills about Kinesiology
  - An interdisciplinary perspective for multiple career options
  - Best practices for promoting physical activity among diverse populations of clients
  - Professional skills employers expect in the fields of physical activity TEMPL



## Communication Sciences and Disorders – Speech Language Hearing Science

- Speech Language Hearing Science is a field of expertise specialized in the evaluation and treatment of communication disorders
- Preparation for graduate study in:
  - Speech Pathology
  - Audiology
- Elective credits integrated into the curriculum to cater to students' interest



## Health and Rehabilitation Sciences – Recreational Therapy

- Focuses on promoting play, recreation and leisure as a means to psychological and physical recovery, as well as health and well-being among individuals with disabilities
- Examples of RT Interventions & Modalities:
  - Adapted Aquatics
  - Therapeutic Horseback Riding
  - Wheelchair Sports
  - Exercise Programs
  - Medical Play
  - Animal Assisted Therapy
  - Horticulture
  - Social Skills Training
  - Music
  - Adventure Programming
  - Journaling
  - Creative Arts
  - Stress Management
  - Yoga

- Examples of job titles:
  - Recreation Therapist
  - Director of TR
  - Program Specialist in art, music, drama, dance, outdoor recreation
  - Child Life Specialist
  - Clinical Manager
  - Healthcare Consultant
  - 1:1 Support/Therapy aide
- 4+1 MSRT program



# Health and Rehabilitation Sciences -

### **Health Professions**

- Health Professions is an interdisciplinary program that includes interprofessional electives.
- Students take courses that meet Science and Math requirements needed to apply for applications to professional programs.
- Curriculum prepares students for graduate study in:
  - Physical Therapy
  - Physician's Assistant
  - Athletic Training
  - And more
- Students in this major also work closely with the <u>Office of Pre-Professional</u> <u>Health Studies</u> to build a strong profile for professional school.



### Nursing

- Temple's BSN program prepares students with 4 years of Nursing classes, which include fieldwork experience.
- What Registered Nurses do:
  - Provide and coordinate patient care.
  - Educate the public about various health conditions.
  - Provide advice and emotional support to patients and families.

#### Where Nurses work:

- Hospitals
- Physicians' Offices
- Home Healthcare Services
- Nursing Care facilities
- Serving in the Military



# Health Services Administration – Health Information Management (HIM)

- HIM professionals design and manage health information systems, with special attention to quality and privacy of health information
- HIM professionals may work in hospitals, managed and ambulatory care, insurance and pharmaceutical companies, consulting firms, and public health organizations
- Must apply to the program prior to Junior year (minimum cumulative GPA of 2.8 to apply)



### Social and Behavioral Sciences – Public Health

- Public Health is the science of protecting and improving the health of communities through education, promotion of healthy lifestyles and research for disease and injury prevention
- Majors typically work in: Public Health departments at the international, national, state and local levels, community health agencies, hospitals, etc.
- 4+1 MPH programs available to those who qualify



### **Social Work**

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- Social Work is a professional and academic discipline committed to the pursuit of social welfare, social change and social justice.
- Primary career opportunities include:
  - Medical/Public Health
  - Substance Abuse
  - Mental Health
  - Child Welfare
  - School/Education
  - Community
  - Government
  - Eldercare
  - Veteran Affairs
  - Correctional settings
- Advanced Standing 1 year MSW program



#### **Grade Requirement**



• All majors in the College of Public Health have a minimum grade requirement of a "C" or better in all their major courses.



### **Career Information**



- For more information on all the majors in the College of Public Health:
  - <a href="https://cph.temple.edu/sites/chpsw/files/UG%20Guide\_20182019.pdf">https://cph.temple.edu/sites/chpsw/files/UG%20Guide\_20182019.pdf</a>
- For more information on careers, please contact the Career Center:
  - <u>www.temple.edu/provost/careercenter</u>
- Office of Pre-Professional Health Studies (OPPHS):
  - www.temple.edu/healthadvising
- Additional resources:
  - www.explorehealthcareers.org



# How to Best Use Academic Advising

- Be proactive: don't wait until the last minute to address your needs and concerns.
- Check your Temple e-mail account daily. Only use your Temple e-mail account to send e-mails within Temple.
- Become familiar with Self Service Banner and your DARS Degree Audit Reporting System.
- Refer to the online Undergraduate Bulletin for questions about Temple policies, majors throughout the university, and course descriptions.
- Review your Advising Session Report found in your TU Portal after your meeting with an advisor.
- ASK QUESTIONS!



#### **Next Steps**

- . . . .
- Go back to the College of Public Canvas Module to complete a brief quiz. You must earn a 10/10 in order to receive next steps.
- Once quiz is completed, you will receive an official College of Public Health Change of Program Form only by email. You can not access this form online.
- Change of Program From should be submitted to advisor of intended major. Please see advisor contact information on previous slide.
- Make appointment with new advisor to register/revise schedule for upcoming semester.
- Please review sample plan on Temple Bulletin in preparation for your meeting with your new advisor.

Advisor Contact Information on Next Slide



### **Advisor Contact Information**

#### **Exercise and Sport Science**

Lauren Mckenzie Ihm@temple.edu 233 Pearson hall

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#### Public Health

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#### **Recreational Therapy**

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#### **Social Work**

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#### Speech Language Hearing

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