

## THERAPEUTIC RECREATION PROGRAM GOALS AND OBJECTIVES

### Program Goals

#### 1. *Academic Excellence*

- Graduates of the BS degree in Therapeutic Recreation will be competent in the cognitive (knowledge), psychomotor (skills), and affective (behavior) learning domains required for entry-level practice in therapeutic recreation.
- Pass rates for students graduating with a BS in Therapeutic Recreation who sit for the national credentialing exam will meet or exceed national pass rate benchmarks.
- The BS in Therapeutic Recreation will contain academic content and clinical training experiences that are current with the most recent curriculum guidelines for training competent recreation therapists.

#### 2. *Promoting Access and Diversity*

- Faculty in the BS in Therapeutic Recreation are committed to promoting access for all qualified students especially those from underrepresented groups related to age, gender, race, ethnicity and disability, and will ensure academic support and guidance to impact student success.

#### 3. *Time to Degree*

- Seventy percent (70%) of the students transferring into the BS program who have completed the University's Gen Ed or Core requirements, will complete the BS degree within three years of being accepted as a major in the Therapeutic Recreation Program.

#### 4. *Knowledge Creation & Utilization*

- Faculty in the BS in Therapeutic Recreation will engage in activities designed to create and apply evidence based knowledge through faculty and student research and scholarship.

## STUDENT LEARNING OBJECTIVES

1. *Foundational Knowledge:* Graduates of the BS degree will demonstrate and apply entry-level knowledge of key foundational concepts for therapeutic recreation practice including: (1) an understanding of theories that guide TR practice (e.g., counseling, developmental, ecological, psychosocial, leisure, play and social learning theories), (2) concepts and strategies related to behavioral change and (3) types of health and human service systems.

2. *Understanding Diagnostic Conditions:* Graduates of the BS degree will explain and analyze the associated limitations in functioning and community participation associated with health conditions and impairments that are typically seen in health and human service settings employing recreation therapists that includes conditions and impairments that impact cognitive, physical, sensory and psychological functioning and community participation.
3. *Societal & Environmental Influences on Functioning:* Graduates of the BS degree will analyze and critique environmental and societal factors as well as legislative and regulatory issues in terms of their ability to restrict or promote the functioning and community participation of clients with disabilities/chronic illnesses across the lifespan.
4. *Historical Development & Service Delivery:* Graduates of the BS degree will critique, synthesize and judge the profession's contemporary status within health and human services based upon the (1) profession's historical development, (2) various service delivery models associated with therapeutic recreation practice, and (3) variety of services provided by recreation therapists, including special recreation, inclusive recreation, leisure education/counseling and recreation therapy services.
5. *Ethics & Standards of Practice:* Graduates of the BS degree will justify the role of standards of practice and ethical guidelines in the delivery of quality recreation therapy services.
6. *Assessment, Treatment Planning & Documentation:* Graduates of the BS degree will justify the various assessment processes and instruments used within the discipline and in health and human service settings as well as the procedures for selecting assessments and the strategies and techniques associated with conducting (e.g., behavioral observation, interviewing, functional skill testing), interpreting and documenting client assessment (e.g., writing goals, objectives, assessment reports, treatment plans).
7. *Treatment Planning, Implementation & Activity Modification:* Graduates of the BS degree will develop and justify treatments and/or interventions with consideration of accommodations needed in terms of activity requirements, instructional strategies and/or facilitation techniques due to changes in an individual's functioning as a result of the impairment/chronic illness.
8. *Oral & Written Documentation:* Graduates of the BS degree will demonstrate effective communication skills with clients, families and colleagues related to services and treatment outcomes orally (e.g., client rounds, care plan meetings) and in writing (e.g., progress notes, discharge summaries) using a variety of documentation formats.
9. *Modalities, Facilitation & Adaptations:* Graduates of the BS degree will design, adapt and facilitate individual or group programs, activities and/or interventions to meet the assessed needs of clients in diverse settings, cultures and contexts using age and culturally appropriate recreation and leisure activities.

10. *Interdisciplinary Knowledge and Collaboration*: Graduates of the BS degree will analyze and contrast the role and function of various professions found in health and human service settings and justify the ethical and professional role of recreation therapists in a team environment.
11. *Quality Improvement*: Graduates of the BS degree will create written reports justifying staff, programs, management procedures, client outcomes, and quality assurance/ improvement services in therapeutic recreation.
12. *Evaluation & Research*: Graduates of the BS degree will evaluate and make recommendations for improving therapeutic recreation services/interventions using outcome data and research evidence.
13. *Professionalism*: Students exiting the BS degree will appraise their role in advancing the profession, including the requirements for gaining and maintaining credentialing as a recreation therapist, knowledge of the professional organizations and mechanisms for pursuing continuing education.