

Relevant Health Care Experience

Temple University, Philadelphia, Pennsylvania

Assistant Professor Clinical Track

October 2018 - Present

- Collaborated with a team of Nurse Practitioners to establishing a community-based Nurse Managed Clinic at the Big Picture Vaux High School.
- Work in partnership with a team of Nurse Practitioners to organize a health and wellness fair.
- Worked with established professors and began comprehending what is needed to teach in higher academics.

Public Health Management Corporation, Philadelphia, Pennsylvania

Nurse Practitioner

May 2017 – September 2018

- Evaluate, diagnosis, treat, and refer to consultants based on patient needs.
- Educate patients and their family members about preventative care.
- Order test and treatments to help patients maintain a healthy lifestyle.
- Conduct school, work and drivers permit physicals.
- Serve as a patient advocate and primary healthcare provider for an underserved population at the Health Connections Clinic.

Onsite-Innovations, Mount Laurel, New Jersey

Nurse Practitioner

February 2015 – Present

- Provide care for an Occupational Medicine clinic evaluating, diagnosing, treating, and ordering diagnostic test based on employee's assessment findings.
- Perform Department of Transportation (DOT) and pre-employment physicals, along with worker's compensation injury evaluation, treatment and case management.
- Provide assessment, diagnosis and treat urgent care needs.
- Educate employees on preventative care and occupational injury prevention to help them maintain a healthy lifestyle.
- Precept newly hired nurse practitioner and physician assistants to Onsite-Innovations processes and case management.
- Educate newly hired providers on Occupational Safety and Health Administration (OSHA) rules and regulations.
- Collaborate with licensed Physical Therapist on treatment plan for injured employees.
- Decreased out of work employees from 19 in 2015 to 3 presently.
- Decreased workmen's compensation out of pocket cost by \$500,000 per year since 2015.

Public Health Management Corporation, Philadelphia, Pennsylvania

Nurse Practitioner

August 2012 – January 2015

- Evaluated, diagnosed, treated, and referred to consultants based on patient needs.
- Educated patients and their family members about preventative care and prescribed the necessary test and treatments to help them maintain a healthy lifestyle.
- Conduct physicals, order tests and serve as the patient's primary healthcare provider for a homeless population at the Mary Howard Clinic.
- Oriented newly hired nurse practitioners to clinic and helped them navigate the social systems to help the patients navigate the homeless services.
- Clinical preceptor to 3 nurse practitioner students teaching assessment and diagnosis skills including vaginal exams collecting PAP smear and microscopic evaluation of specimens to identify STI's

Einstein Medical Center Montgomery (formerly known as Montgomery Hospital), East Norriton, Pennsylvania

Emergency Room Nurse

November 2008 – August 2012

- Triage patients and facilitate appropriate placement within the emergency department.
- Provide interventions for emergent, urgent and non-urgent cases.
- Share in a rotating charge nurse role.
- Obtain IV access, collect lab specimens and order pertinent studies, and convey findings to physicians, interns, and/or residents, and perform appropriate interventions.

Critical Care Staff Nurse

February 2001 – August 2012

- Admit, assess and provide interventions for critical care patients.
- Collect, interpret and report abnormal lab values to physicians.
- Assist and initiate care professionals to help patients achieve the highest level of recovery.
- Assume the charge nurse role and assign patients based on the severity of illness.

Temple University Hospital, Philadelphia, Pennsylvania

Lung Transplant Coordinator

August 2007 – November 2008

- Assisted with pre-transplant evaluation and post management of lung transplant and advanced lung disease patients.
- Ordered labs, obtained results and collaborated with eight pulmonologist making necessary adjustments to anti-rejection medications and other medications as needed.
- Participated in weekly clinic performing history and physicals and assessments of advanced lung patients with the guidance of the physician.
- Rounded on ventilator rehab unit collaborating with pulmonologist, pulmonary fellows, pharmacist, and case management.

Critical Care Staff Nurse

February 2006 – August 2007

- Admitted, assessed and provided interventions for critical care patients.
- Collected, interpreted and reported abnormal findings to physician.
- Interacted and collaborated with interns and residents to help achieve the highest level of safety and advocacy for the patients and their families.

Nurse Manager

August 1999 – January 2001

- Transitioned a 16-bed hospital based skilled nursing facility into a 29-bed Medical/Surgical telemetry unit with 24-hour accountability.
- Responsible for hiring, orientating, educating and managing 50 staff members.
- Interacted with attending physicians, residents, interns and other departments to ensure patients assessment, intervention, documentation and care.
- Facilitated weekly discharge planning rounds and worked closely with case management and social service to provide a safe discharge.
- Compiled monthly budget variance report and ensured staffing level met patient acuity needs while maintaining annual budget.
- Worked with Chief Nursing Officer (CNO) and assistant CNO to help the team maintain the highest level of intensity.

Chester County Hospital, West Chester, Pennsylvania

Emergency Room Nurse

August 1997– August 1999

- Triage patients and facilitate appropriate placement within the emergency department.
- Provide interventions for emergent, urgent and non-urgent cases.
- Share in a rotating charge nurse role.
- Obtain IV access, collect lab specimens and order pertinent studies, and convey findings to physicians, interns, and/or residents, and perform appropriate interventions.

Wayne Nursing Center, Wayne, Pennsylvania

Charge Nurse in Sub-acute unit

August 1996-August 1997

- Admitted patients to sub-acute unit post hospitalization
- Collaborated with licensed Physical therapist and Occupational therapist to help the patient reach their highest level of independence
- Participated in discharge planning process

Methodist Hospital Nursing Home, Philadelphia, Pennsylvania

Nursing Supervisor

July 1995-August 1996

- Admitted patients to unit post hospitalization
- Supervised licensed Practical nurses and medical assistants caring for nursing home patient
- Assisted with preparing for State inspections
- Provide wound care
- Developed care plans

Presentations

- “How to manage Type 2 Diabetes” Lunch and learn to Pepsi employees November 2016, 2017
- “How to manage Hypertension” Lunch and learn to Pepsi employees June 2016, 2017
- “What you need to know about High Blood Cholesterol” Lunch and learn to Pepsi employees May 2016, 2017
- “Heart disease is 80% Preventable” Lunch and learn to Pepsi employees February 2016, 2017

Licenses/Certifications

Nursing License, State of New Jersey (CRNP)

Nursing License, State of Pennsylvania (CRNP)

Nursing License, State of New Jersey (RN)

Nursing License, State of Pennsylvania (RN)

National Registry of Certified Medical Examiner

Basic Life Support certification

Memberships/Professional organizations

American Academy of Nurse Practitioner member

Sigma Theta Tau member

Golden Key member

Awards/Scholarships

Independent Blue/Cross Foundation Nurse for Tomorrow Scholarship recipient (2009-2010, 2010-2011, 2015-2016, 2016-2017, 2017-2018)

Volunteer

Mabel Morris Program “It’s All about you” group connection March 2018

- Assisted with set up
- Provided chair massages for mothers participating in program

Camp Dream Catcher August 2011, 2012, 2013, 2015, 2017

- Assisted with camper check in process.
- Performed camp physicals and reviewed camper’s medications
- Provided first aid treatment to injured camper’s

References available upon request