

Michael C. O'Hara, PT, DPT, OCS  
michael.ohara@temple.edu

## **Education**

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Orthopaedic Clinical Resident  
University of Chicago Medical Center Orthopaedic Physical Therapy Residency  
University of Chicago Medical Center  
Chicago, IL  
August 2014—August 2015

Doctor of Physical Therapy  
Temple University College of Public Health  
Philadelphia, PA  
Critically Appraised Topic Platform: Thoracic manipulation versus cervical manipulation as manual therapy interventions for generalized neck pain to improve pain, disability, and outcome measure performance. *Best Afternoon Platform Presentation*.  
Awarded 2014

Bachelor of Science, Biology  
Providence College  
Providence, RI  
Awarded 2010

## **Licensure and Certification**

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Board Certified Clinical Specialist in Orthopaedics  
American Physical Therapy Association of Board Certified Specialties  
2016

Vestibular Competency Completion  
APTA and Emory University School of Medicine  
2017

Licensed Physical Therapist, Pennsylvania (PT023788)  
2015, 2017

Healthcare Provider, CPR and AED Certification  
American Heart Association  
2015, 2017

## **Professional Experience**

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Assistant Professor of Instruction  
Temple University Doctor of Physical Therapy Program  
August 2017—Present

Curriculum Vita  
Michael C. O'Hara

Physical Therapist—PRN  
Good Shepherd Penn Partners  
Penn Therapy and Fitness—University City  
Philadelphia, PA  
August 2017—Present

Senior Physical Therapist II  
Good Shepherd Penn Partners  
Penn Therapy and Fitness—University City  
Philadelphia, PA  
October 2015—August 2017

Staff Physical Therapist  
University of Chicago Medical Center  
Chicago, IL  
August 2014—August 2015

## **Work Experience**

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CPR and First Aid Coordinator and Instructor  
American Heart Association  
March 2012—March 2014

Textbook Apprenticeship  
Carp S. Peripheral Nerve Injury. 2015. F.A. Davis Company. Philadelphia, PA.  
June 2012—November 2012

Research Fellow  
Rhode Island EPSCoR-SURF Research Fellowship Program  
University of Rhode Island, Providence College  
June 2009—August 2009

## **Publications**

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**O'Hara MC**, Girard J, Egan W, Cleland JA. Chapter 9: Clinical Examination of the Cervical and Thoracic Spine in Patients with Temporomandibular Disorders. *Temporomandibular Joint Disorders—Manual Therapy, Exercise, and Needling Therapies*. 2018. Handspring Publishing.

## **Professional Presentations**

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### **Platform Presentation and Lab Courses:**

Egan WE, Burns SA, **O'Hara MC**. Upper Quarter Musculoskeletal Management Integrating Manual Therapy and Pain Sciences: Two-Day Lecture and Laboratory Course. Temple University, Philadelphia, PA. April 2018.

Crane P, Haddad MA, **O'Hara MC**, Steimling M. Evidence-Based Approach to Management of Ankle Disorders. Southeast District of the Pennsylvania Physical Therapy Association Mini-Combined Sections Meeting. Thomas Jefferson University, Philadelphia, PA. April 2018.

Egan WE, Burns SA, **O'Hara MC**. Orthopaedic Manual Physical Therapy For Upper Extremity Disorders. Temple University, Philadelphia, PA. March 2018.

Egan WE, Burns SA, **O'Hara MC**. Orthopaedic Manual Physical Therapy For Cervicothoracic Disorders. Temple University, Philadelphia, PA. February 2018.

Burns S, **O'Hara MC**. Orthopaedic Manual Therapy for the Lower Extremity: 2 Day Course. Temple University, Philadelphia, PA. November 2017.

Egan WE, **O'Hara MC**. Orthopaedic Manual Therapy for the Lumbar Spine: 2 Day Course. Temple University, Philadelphia, PA. October 2017.

**O'Hara MC**. Manual Therapy for the Cervical Spine: Evidence Based Examination and Intervention. Temple University Clinical Appreciation Day. Philadelphia, PA. September 2016.

Burns S, Crane P, **O'Hara M**. Cervicothoracic Spine: Evidence Based Examination, Manual Therapy Techniques and Exercise. Morning and Afternoon Sessions. Southeast District Pennsylvania American Physical Therapy Association Section Meeting Philadelphia, PA, April 2016.

#### **Poster Presentations:**

**O'Hara MC**. Acute exacerbation of congestive heart failure following total hip arthroplasty in the outpatient setting. Combined Sections Meeting, New Orleans, LA. February 2018

Sara L, **O'Hara MC**, DeLisa L, Jackson S, Lee MJ. Clinical Utility and Reliability of Core Endurance Assessment in a Healthy, Normative Population. Combined Sections Meeting, San Antonio, TX. February 2017.

**O'Hara MC**, Malloy M. Management of Benign Paroxysmal Positional Vertigo in a Patient With A Clavicular Fracture: A Resident's Case Study. Combined Sections Meeting, Anaheim, CA, February 2016  
Illinois Physical Therapy Association Revitalize Conference and Expo, Oak Brook, IL, April 2015.

**O'Hara MC.** Thoracic manipulation versus cervical manipulation as manual therapy interventions for generalized neck pain to improve pain, disability, and outcome measure performance. Temple University Evidence-Based Practice Conference. May 2014.

**O'Hara MC.** Psychometric Properties, Statistical Confidence, and Clinical Implications for the Use of Hand-Held Dynamometry in the Outpatient Setting. The 3<sup>rd</sup> Annual Johns Hopkins Hospital Rehabilitation Services Clinical Showcase. November 2013.

**Professional Presentations:**

**O'Hara MC.** Outpatient Rehabilitation for Post-Operative Ankle Diagnoses. UCMC Orthopaedic Surgeon Sports Conference Weekly Symposium. Chicago, IL, April 2015.

**O'Hara MC.** Clinical Management of Vestibular and Balance Disorders in the Outpatient Orthopaedic Setting. In-service presentation provided for University of Chicago Medical Center Physical Therapy Dept. March 2015.

**Clinical Research**

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Sara L, **O'Hara M**, DeLisa L, Jackson S, Lee MJ. Normative Core Endurance Measures For Planks and Side Planks in an Asymptomatic General Population. Research paper currently in review among authors for submission for publication. IRB15-0426-CR001  
The University of Chicago Biological Sciences Division/University of Chicago Medical Center, Chicago, IL.

**Professional Academic Experience**

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- 8107 Functional Biomechanics
- 8108 Functional Biomechanics Lab
- 8121 Clinical Electro and Biophysical Agents
- 8122 Clinical Electro and Biophysical Agents Lab
- 8131 Clinical Management of Musculoskeletal Disorders II
- 8132 Clinical Management of Musculoskeletal Disorders II Lab
- 8141 Clinical Management of Musculoskeletal Disorders III
- 8142 Clinical Management of Musculoskeletal Disorders III Lab
- 8143 Clinical Management of the Medically Complex Patient
- 8144 Clinical Management of the Medically Complex Patient Lab
- 8160 Special Topics in Physical Therapy

**Clinical Academic Experience**

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Clinical Instructor, ICE Experience  
Arcadia University Physical Therapy Program  
September 2017—Present

Teacher's Clinical Assistant  
Clinical Management of Musculoskeletal Examination and Intervention I  
Temple University Doctor of Physical Therapy Program  
August 2016—2017

Clinical Mentor  
Drexel University Co-Op Program, Pre-Physical Therapy Tract  
April 2016—Present

Clinical Instructor, ICE Experience  
Thomas Jefferson University Physical Therapy Program  
March 2016—Present

Teacher's Clinical Assistant  
Clinical Management of Musculoskeletal Examination and Intervention II  
Temple University Doctor of Physical Therapy Program  
January 2016—2017

Instructor, Musculoskeletal Examination  
Introduction to Clinical Medicine  
University of Pennsylvania Perelman School of Medicine  
November 2016

Laboratory Clinical Assistant  
Gross Anatomy I, Gross Anatomy II  
Temple University Doctor of Physical Therapy Program  
August 2015—2017

### **Volunteer Experience**

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North Broad Physical Therapy Center  
Philadelphia, PA  
February 2016—Present

Community Health Clinics  
Englewood, IL  
March 2015—August 2015

### **Organizations**

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Member, Pennsylvania Chapter, American Physical Therapy Association  
Member, Orthopaedic Section, American Physical Therapy Association

## **Awards**

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Best Afternoon Platform Presentation, Temple University Doctor of Physical Therapy Program. 2014.

Sol Seigel Academic Scholarship Recipient, Olympic Steel Inc., Milford, CT. 2006.

Knights of Columbus Scholarship, Wallingford, CT. 2006.

## **Conference Attendance and Continuing Education**

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Southeast District Pennsylvania Physical Therapy Association Mini-Combined Sections Meeting

Thomas Jefferson University, Philadelphia PA

April 2018

Combined Sections Meeting, New Orleans, LA

February 2018

Introduction to Medical Genomics and the Role of the Physical Therapist

Temple University, Philadelphia, PA

September 2017

Vestibular Rehabilitation: A Competency Based Course, Department of Rehabilitation Medicine, Emory University School of Medicine & American Physical Therapy Association. Atlanta, GA

March 2017

McKenzie Institute, USA. Part B: Cervical and Thoracic Spine, Philadelphia, PA.

February 2017

Combined Sections Meeting, San Antonio, TX

February 2017

McKenzie Institute, USA. Part C: Advanced Lumbar Spine and Lower Extremity, Philadelphia, PA.

October 2016

An Overview of Biomedical Ethics and Jurisprudence

Temple University Clinical Appreciation Day

September 2016

Vestibular Integration Strategies One Day Live Course

Englewood Hospital and Medical Center, Englewood NJ

May 2016

Visual Vertigo and Optokinetic Stimulation in Vestibular Rehabilitation  
Hospital of The University of Pennsylvania, Philadelphia PA  
April 2016

Southeast District Pennsylvania American Physical Therapy Association Mini-Combined  
Section Meeting, Philadelphia, PA  
April 2016

McKenzie Institute, USA. Part A: Lumbar Spine. Philadelphia, PA  
October 2015

Combined Sections Meeting, Anaheim, CA  
February 2016

Illinois Physical Therapy Association Revitalize Conference and Expo, Oak Brook, IL  
April 2015

RUSH Orthopaedics Hip Symposium, Chicago, IL  
October 2014

Combined Sections Meeting, San Diego, CA  
January 2014