

**CURRICULUM VITAE**  
**MARTHA Y. KUBIK, PhD, RN**

David R. Devereaux Professor and Director  
Department of Nursing  
College of Public Health  
Temple University  
3307 North Broad Street  
Philadelphia, PA 19104  
Office Phone: (215) 707-8327  
E-mail: mkubik@temple.edu

**EDUCATIONAL DEGREES**

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Major</u>
2002	Ph.D.	University of Minnesota, School of Public Health, Division of Epidemiology, Minneapolis, MN	Behavioral Epidemiology
1982	M.S.N.	University of Pennsylvania, Philadelphia, PA	Primary Care/ Adult Nurse Practitioner
1976	B.S.N.	Hampton University, Hampton, VA	Nursing

**LICENSURE**

Pennsylvania: Registered Nurse: License No. RN 236714-L

**PROFESSIONAL EMPLOYMENT**

**Academic Experience**

2016-Present	<i>David R. Devereaux Professor and Director, Department of Nursing, College of Public Health, Temple University, Philadelphia, PA (tenured)</i>
2009-2016	<i>Director of Global Programming, School of Nursing, University of Minnesota, Minneapolis, MN</i>
2008-2016	<i>Associate Professor, School of Nursing, University of Minnesota, Minneapolis, MN (tenured)</i>
2002-2008	<i>Assistant Professor, School of Nursing, University of Minnesota, Minneapolis, MN</i>
1994-1999	<i>Associate Education Specialist, School of Nursing, Family Nurse Practitioner Area of Study, University of Minnesota, Minneapolis, MN</i>
1996-1998	<i>Coordinator, School of Nursing, Family Nurse Practitioner Area of Study, University of Minnesota, Minneapolis, MN</i>
1988-1989	<i>Adjunct Assistant Professor, College of Nursing, University of North Carolina Charlotte, Charlotte, NC</i>
1986-1989	<i>Instructor, Continuing Education for Nurses, Charlotte Area Health Education Center, Charlotte, NC</i>
1985-1986	<i>Instructor/Lecturer, School of Nursing, University of Pennsylvania, Primary Care-Family Nurse Clinician Program, Philadelphia, PA</i>
1983-1986	<i>Instructor, Continuing Education for Nurses, Department of Nursing, Bucks County Community College, Newtown, PA</i>

## Clinical Experience

- 1999-2003 *Adult Nurse Practitioner*: Face-To-Face Adolescent Health Services, St. Paul, MN.
- 1995-1998 *Adult Nurse Practitioner*: Boynton Health Service, University of Minnesota, Minneapolis, MN.
- 1994 *Adult Nurse Practitioner*: Family Practice Department, Health Partners, Maplewood, MN
- 1988-1993 *Adult Nurse Practitioner*: Internal Medicine Department, Kaiser Permanente, Charlotte, NC.
- 1988-1993 *Health Care Practitioner Coordinator*: Kaiser Permanente, Charlotte, NC.
- 1986-1988 *Adult Nurse Practitioner*: Brocker Health Center, University of North Carolina Charlotte, Charlotte, NC.
- 1986-1988 *Clinical Director*: Brocker Health Center, University of North Carolina Charlotte, Charlotte, NC.
- 1985-1986 *Adult Nurse Practitioner*: Internal Medicine Department/Primary Care, Hospital of University of Pennsylvania, Philadelphia, PA.
- 1982-1985 *Adult Nurse Practitioner*: Family Practice Department, Henry J. Austin Health Center, Trenton, NJ.
- 1982-1983 *Patient Care Coordinator*: Chandler Hall Hospice Program, Newtown, PA.
- 1980-1981 *Home Care Team Leader*: Bucks County Department of Health, Bristol, PA.
- 1980 *OB/GYN Clinic Head Nurse*: Henry J. Austin Health Center, Trenton, NJ.
- 1977-1980 *Clinic Head Nurse*: Williamsburg-James City County Health Department, Williamsburg, VA.
- 1977 *Staff Nurse*: Riverside Hospital, Newport News, VA.

## RESEARCH

### Current Funding

- 2013-2019 *Principal Investigator*. School nurse-directed secondary obesity prevention for elementary school children. NIH/NINR (R01). Aim: To test a school-based, school nurse-directed healthy weight management program that aims to reduce the prevalence of overweight and obesity among 8 to 12 year old children.

### Completed Funding

- 2013-2016 *Co-Investigator*. Improving Rural High School Breakfast Environments NIH/NHLBI (R01). (Nanney, PI). Aim: To expand and promote the school breakfast program and test impact upon student participation rates, diet, body mass index and percent body fat in a random sample of high school students in 16 rural Minnesota school districts.
- 2011-2016 *Co-Investigator*. Evaluating Impacts of School Policies and Student Diet and Activity Behaviors and Obesity. NIH/NICHHD (R01). (Nanney, PI). Aim: To conduct a school-focused obesity prevention policy evaluation linking existing state and national data.
- 2010-2016 *Co-Investigator*. Healthy Home Offerings via the Mealtime Environment (HOME) Plus. NIH/NIDDK (R01). (Fulkerson, PI). Aim: To test the efficacy of a family-based obesity prevention program with families of school-age children that targets family meal environment and sedentary behavior.

*Research, continued*

- 2010-2012 *Principal Investigator.* Development and Pilot Testing of a Youth-focused Community Assessment Tool for Use in Rural Honduras. University of Minnesota, Academic Health Center. Aim: To develop a youth-focused community assessment tool to guide future efforts to support healthy youth development in rural Honduras.
- 2010-2012 *Co-Investigator.* Community Coping Intervention for Somali Women. (R21) (Robertson, PI). NIH/NINR Aim: To test a Somali health realization intervention among women who have experienced war trauma.
- 2009-2012 *Co-Investigator.* Longitudinal Study of Children at the Minnesota State Fair: GOPHER Kids Study. University of Minnesota Faculty Research Development Grant. (Spector, PI). Aim: To demonstrate the feasibility of large-scale recruitment and longitudinal recruitment and longitudinal follow-up of children at the Minnesota State Fair
- 2002-2012 *Faculty,* Center for Adolescent Nursing. HRSA. (Bearinger, PI). Aim: To improve the health and well-being of adolescents by enhancing nurses' capacity to identify and respond to emerging health needs of young people, at individual and population levels.
- 2006-2011 *Co-Investigator.* Etiology of Childhood Obesity. NIH/NHLBI (R01). (Lytle, PI). Aim: To conduct longitudinal measurement of children, parents and environment to assess obesity-related factors.
- 2009-2011 *Co-Investigator.* Development of a Consumer Research Network for Studying Obesity. NIH/NINR (RC2). (Jacko, PI). Aim: To assess an innovative consumer research network by integrating consumer based health information technology systems to study the etiology and prevention of obesity.
- 2009-2011 *Co-Investigator.* Core Research Proposal (Sieving,PI)/Health Promotion and Disease Prevention Research Centers (U48)/(Resnick/PI). CDC. Aim: To test feasibility/acceptability of a culturally sensitive intervention to reduce sexual risk behaviors among 13-17 year old Latina girls at high risk for teen pregnancy.
- 2005-2010 *Co-Investigator.* Examining the Obesity Epidemic through Youth, Family and Young Adults. U54 (Jeffrey, PI). NIH/NCI. Aim: To conduct longitudinal measurement of children, parents and environment to assess obesity-related factors.
- 2006-2008 *Principal Investigator.* Team COOL Pilot Study. NIH/NIDDK (R21). Purpose: To develop, implement and evaluate an alternative school-based intervention to promote physical activity and healthy eating among at-risk students.
- 2006-2008 *Principal Investigator.* Clinic-based Intervention Targeting Primary and Secondary Prevention of Childhood Obesity. Allina Health Systems/University of Minnesota Obesity Prevention Center. Aim: To develop, implement and evaluate an obesity prevention intervention in a primary care clinic setting.
- 2006-2008 *Co-Investigator.* Healthy Home Offerings via the Mealtime Environment. NIH/NIDDK (R21). (Fulkerson, PI). Aim To develop a health promotion intervention that encourages regular and nutritionally sound meals in which families eat together.
- 2004-2007 *Principal Investigator.* A School-based Body Mass Index Screening Program: Phase II. University of Minnesota Academic Health Center Faculty Research Development Grant Aim: To develop, implement and evaluate a school-based BMI screening & parent notification program and assess health provider support for school-health care collaboration to prevent childhood obesity.

**Research, continued**

- 2005-2006 *Principal Investigator.* Minnesota School Nurse Survey. P20 Center Grant: Pilot Study. (P20) (Jean Wyman, PI). NIH/NINR. Aim: To develop, administer and evaluate a statewide survey describing school nurses obesity prevention practice.
- 2002-2006 *Co-Investigator.* Trial of Activity in Adolescent Girls NIH/NHLBI (U01) (Lytle, PI) Aim: To develop, implement and evaluate a multi-centered school & community-based physical activity intervention.
- 2004-2005 *Principal Investigator.* A School-based Body Mass Index Screening Program: Phase I. Park Nicollet Foundation, St. Louis Park, MN. (\$5,000). Aim: To conduct parent focus groups to inform the development of a school BMI parent notification process.
- 2004-2005 *Principal Investigator.* Physical Activity in Low-income Female Youth Attending a Community-based Health Clinic. Grant-In-Aid of Research, Artistry and Scholarship, University of Minnesota. Aim: To conduct a clinic-based formative survey of physical activity in low-income female adolescents.
- 2004 *Principal Investigator.* The Association between Teachers' Food Practices and Students' Dietary Behaviors. Faculty Summer Research Fellowship, Office of the Dean of Graduate School, University of Minnesota. Aim: To conduct secondary data analysis to assess school environmental correlates of students' dietary practices.
- 2002-2003 *Principal Investigator.* Alternative High Schools Project: A Qualitative Study. Minnesota Obesity Center, University of Minnesota. Aim: To conduct focus groups with alternative high school students to explore factors that influence physical activity and eating practices.
- 2001-2002 *Principal Investigator.* Minnesota Alternative Programs Survey of Principals, Directors, Coordinators: A Quantitative Study. Hawley Student Research Award, Division of Epidemiology, School of Public Health, University of Minnesota. Aim: To develop, administer and evaluate a statewide survey describing the nutrition and physical activity environment of alternative high schools.
- 2000-2002 *Predoctoral Fellowship.* Behavioral Aspects of Cardiovascular Disease (Pirie, PI). Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN. NIH/NHLBI.
- 2000-2002 *Research Assistant.* Trial of Activity in Adolescent Girls. NIH/NHLBI. (U01) (Lytle, PI). Aim: To develop, implement and evaluate a multi-centered school & community-based physical activity intervention.
- 1998-2001 *Research Assistant.* Reducing Cancer-related Dietary Risk Behaviors in Adolescents. NIH/NCI. (R01) (Lytle, PI). Aim: To develop, implement and evaluate a school-based nutrition intervention to positively influence fruit, vegetable and fat intake among middle school students.
- 1998-1999 *Research Assistant.* CATCH-ON, Child and Adolescent Trial for Cardiovascular Health Institutionalization grant. NIH/NHLBI. (Lytle, PI). Purpose: To assess institutionalization of the CATCH school-based nutrition and physical activity curriculum and environmental intervention components.

**Dissertation**

- 2002 **Kubik MY.** Social environmental factors in the school setting and their influence on young adolescents' dietary behavior.

*Research, continued***OTHER FUNDED PROJECTS**

1997-1998      *Faculty*. University of Minnesota, Distance Education Grant (\$25,000). Aim: To develop internet-enhanced coursework for graduate students in nursing.

**PUBLICATIONS**

Fulkerson JA, Friend S, Horning M, Flattum C, Draxten M, Neumark-Sztainer D, Gurvich O, Garwick A, Story M, **Kubik MY**. (2017). Family Home Food Environment and Nutrition-Related Parent and Child Personal and Behavioral Outcomes of the Healthy Home Offerings via the Mealtime Environment (HOME) Plus Program: A Randomized Controlled Trial. Journal of the Academy of Nutrition and Dietetics.S2212-2672(17)30346-5. doi: 10.1016/j.jand.2017.04.006.

**Kubik MY**, Gurvich OV, Fulkerson JA. (2017). Association Between Parent Television-Viewing Practices and Setting Rules to Limit the Television-Viewing Time of Their 8- to 12-Year-Old Children, Minnesota, 2011–2015. Preventing Chronic Disease. 14:160235. DOI: <https://doi.org/10.5888/pcd14.160235>.

Larson N, O’Connell M, Davey CS, Caspi C, **Kubik MY**, Nanney MS. (2017). Disparities in supports for student wellness promotion efforts among secondary schools in Minnesota. Journal of School Health. 87: 90-97.

Larson N, Davey CS, Caspi CE, **Kubik MY**, Nanney MS. (2017). School-Based Obesity-Prevention Policies and Practices and Weight-Control Behaviors among Adolescents. Journal of the Academy of Nutrition and Dietetics. 117(2): 204-213.

Nanney MS, MacLehose RF, **Kubik MY**, Davey CS, O’Connell M, Grannon K, Nelson TF. (2016). School Obesity-Related Policies and Student Outcomes: A Longitudinal Cohort Study. American Journal of Preventive Medicine. 51(5):656-663.

Larson N, Davey CS, Caspi CE, **Kubik MY**, Nanney MS. (2016). School-Based Obesity-Prevention Policies and Practices and Weight-Control Behaviors among Adolescents. Journal of the Academy of Nutrition and Dietetics. S2212-2672(16)31197-2. doi: 10.1016/j.

Kehm R, Davey CS, **Kubik MY**, Nanney MS. (2016). A Comparison of the Vending Environment Among Three Rural Subtypes of Secondary Schools. Journal of Hunger & Environmental Nutrition. DOI: 10.1080/19320248.2015.1095147.\*

Nanney MS, LeDuc R, Shanafelt A, Wang Q, Hearst M, Dodds E, Gannon K, **Kubik MY**, Harnack L. (2016). Project BreakFAST: Rationale, design, and recruitment and enrollment methods of a randomized controlled trial to evaluate an intervention to improve School Breakfast Program participation in rural high schools. Contemporary Clinical Trials Communications. Aug 15; 3:12-22.

Larson N, Davey C, Hoffman P, **Kubik M**, Nanney MS. (2016). District wellness policies and school-level practices in Minnesota, USA. Public Health Nutrition. 19(1):26-35.

Fulkerson JA, Friend S, Flattum C, Horning M, Draxten M, Neumark-Sztainer D, Gurvich O, Story M, Garwick A, **Kubik MY**. (2015). Promoting healthful family meals to prevent obesity: HOME Plus, a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity. Dec 15;12:154.

*Publications, continued*

**Kubik MY**, Davey C, Nanney MS. (2015). Association Between Student Body Mass Index and Access to Sports Drinks in Minnesota Secondary Schools, 2012-2013. Preventing Chronic Disease. Nov 12;12:E195.

**Kubik MY**, Davey C, MacLehose RF, Coombes B, Nanney MS. (2015). Snacks, beverages, vending machines, and school stores: a comparison of alternative and regular schools in Minnesota, 2002 to 2008. Journal of the Academy of Nutrition and Dietetics. 115(1):101-105.

*Publications, continued*

Flattum C, Draxten M, Horning M, Fulkerson JA, Neumark-Sztainer D, Garwick A, **Kubik MY**, Story M (2015). HOME Plus: Program design and implementation of a family-focused, community-based intervention to promote the frequency and healthfulness of family meals, reduce children's sedentary behavior, and prevent obesity. International Journal of Behavioral Nutrition and Physical Activity. 12:53-015-0211-7.

Caspi CE, Davey C, Nelson TF, Larson N, **Kubik MY**, Coombes B, Nanney MS. (2015). Disparities Persist in Nutrition Policies and Practices in Minnesota Secondary Schools. Journal of the Academy of Nutrition and Dietetics. 115(3):419-425.\*

Lee J, **Kubik MY**. (2015). Child's Weight Status and Parent's Response to a School-Based Body Mass Index Screening and Parent Notification Program. Journal of School Nursing. 31(4):300-5.\*

Larson N, Davey CS, Coombes B, Caspi C, **Kubik MY**, Nanney MS. (2014). Food and beverage promotions in Minnesota secondary schools: secular changes, correlates, and associations with adolescents' dietary behaviors. Journal of School Health. 84(12):777-785.

Nanney MS, Nelson TF, **Kubik MY**, Coulter S, Davey CS, MacLehose R, Rode PA (2014). Evaluating School Obesity-related Policies Using Surveillance Tools: Lessons from The SCOPE Study. Health Promotion Practice. Sep;15(5):622-8.

**Kubik MY**, Jennings B, Olivier N. (2014). Assessing Youth Wellbeing in Rural Honduras: A Qualitative Study. Public Health. 128:671-673.\*

Fulkerson JA, Neumark-Stzainer D, Story M, Gurvich O, **Kubik MY**, Garwick A, Dudovitz B (2014). The Healthy Home Offerings via the Mealtime Environment (HOME) Plus study: Design and methods. Contemporary Clinical Trials. May; 38(1):59-68.

Nanney MS, MacLehose R, **Kubik MY**, Davey CS, Coombes B, Nelson TR. (2014). Recommended school policies are associated with student sugary drink and fruit and vegetable intake. Preventive Medicine. May; 62:179-81.

**Kubik MY**, Lee J. (2014). Parent interest in school-based, school nurse-led weight management programming, Journal of School Nursing. Feb; 30(1):68-74.\*

Nanney MS, Davey C, **Kubik MY**. (2013). Rural Disparities in the Distribution of Policies that Support Healthy Eating in U.S. Secondary Schools Journal of the Academy of Nutrition and Dietetics. 113(8):1062-8.

**Kubik MY**, Davey C, Nanney MS, MacLehose RF, Nelson TF, Coombes B. (2013). Vending and school store snack and beverage trends. Minnesota secondary schools, 2002 to 2010. American Journal of Preventive Medicine. 44(6):583-8.

*Publications, continued*

**Kubik MY**, Farbakhsh K, Lytle L. (2013). A healthy trend: Less food used in fundraising and as rewards and incentives in Minnesota middle and high schools, Public Health Nutrition.16(4):683-6.

Johnson KJ, Morrison B, **Kubik MY**. (2013). Comparison of health-risk behaviors among students attending alternative and traditional high schools in Minnesota, Journal of School Nursing. 29(5):343-52.\*

Kenyon DB, **Kubik MY**, Davey C, Sirard J, Fulkerson JA. (2012). Alternative high school students' physical activity: Role of self-efficacy, American Journal of Health Behavior. 36(3), 300-310.\*

**Kubik MY**, Farbakhsh K, Lytle L. (2011). Two years later: Wellness councils and healthier vending in a cohort of middle and high schools, Journal of Adolescent Health. 49(5):550-2.

Johnson KJ, **Kubik MY**, McMorris B. (2011). Prevalence and correlates of sport team participation among alternative high school students. Journal of Physical Activity and Health, 8(5):606-612.\*

Fulkerson JA, Farbakhsh K, Lytle L, Hearst MO, Dengel DR, **Kubik MY**. (2011). Away-from-home family dinner sources and associations with weight status, body composition and related bio-markers among adolescents and their parents. Journal of the American Dietetic Association, 111:1892-97.

Fulkerson JA, **Kubik MY**, Rydell S, Boutelle KN, Garwick A, Story M, Neumark-Stzainer D, Dudovitz B. (2011). Focus groups with working parents of school-age children: What's needed to improve family meals? Journal of Nutrition Education and Behavior, 43(3):189-93.

Arcan C, **Kubik MY**, Fulkerson JA, Hannan P, Story M. (2011). Substance use and dietary practices among students attending alternative high schools: Results from a pilot study. BMC Public Health, 11:263.\*

Pasch K, Lytle LA, Samuelson A, Farbakhsh K, **Kubik MY**, Patnode CD. (2011). Are School Vending Machines Loaded with Calories and Fat: An Assessment of 106 Middle and High Schools. Journal of School Health. 81(4):212-218.

**Kubik MY**, Lytle LA, Farbarkash K. (2011). School and district wellness councils and availability of low-nutrient, energy-dense vending fare in Minnesota middle and high schools. Journal of the American Dietetic Association. 111:150-155.

Arcan C, **Kubik MY**, Fulkerson JA, Davey C, Story M. (2011). Association between food opportunities during the school day and selected dietary behaviors of students attending alternative high schools. Preventing Chronic Disease. 8(1), [http://www.cdc.gov/pcd/issues/2011/jan/09\\_0214.htm](http://www.cdc.gov/pcd/issues/2011/jan/09_0214.htm). \*

Morrison-Sandberg L, **Kubik MY**, Johnson K. (2011). Obesity Prevention Practices of Elementary School Nurses in Minnesota: Findings from Interviews with Licensed School Nurses. Journal of School Nursing. 27: 13-21.\*

Bruening M, **Kubik MY**, Davey C, Kenyon D, Story M. (2010). Perceived barriers mediate the association between self-efficacy and fruit and vegetable consumption among students attending alternative high schools. Journal of the American Dietetic Association. 110:1542-1546.\*

**Kubik MY**, Wall M, Shen L, Nanney MS, Nelson T, Nelson M, Story M. (2010). State but not district nutrition policies are associated with less junk food in vending machines and school stores in US public schools. Journal of the American Dietetic Association. 110:1043-1048.

***Publications, continued***

Fulkerson JA, Rydell S, **Kubik MY**, Lytle L, Boutelle K, Story M, Neumark-Sztainer D, Dudovitz B, Garwick A. (2010). Healthy Home Offerings via the Mealtime Environment (HOME): Feasibility, acceptability, and outcomes of a pilot study. Obesity (special issue). 18:S69-74.

Nanney MS, Nelson T, Wall M, Haddad T, **Kubik MY**, Nelson M, Story M. (2010). State school nutrition and physical activity policy environments and youth obesity. American Journal of Preventive Medicine. 38(1):9-16.

Arcan C, **Kubik MY**, Fulkerson JA, Story M. (2009). Sociodemographic Differences in Selected Eating Practices among Alternative High School Students. Journal of the American Dietetic Association. 109:823-829.\*

**Kubik MY**, Lytle LA, Farbarkash K, Moe S, Samuelson A. (2009). Food use in middle and high school fundraising: Does policy support healthy practice? Results from a survey of Minnesota school principals. Journal of the American Dietetic Association. 109:1215-1219.

**Kubik MY**, Davey C, Fulkerson JA, Sirard J, Story M, Arcan C (2009). Prevalence and correlates of overweight among students attending alternative high schools. American Journal of Health Behavior. 33:600-609.

Fulkerson JA, **Kubik MY**, Story M, Lytle, LA, Arcan C. (2009). Are there nutritional and other benefits associated with family meals among at-risk youth? Journal of Adolescent Health. 45:389-395.\*

Sirard JR, **Kubik MY**, Fulkerson JA, Arcan C. (2008). Objectively measured physical activity in alternative high school students. Medicine & Science in Sports & Exercise. 40(12):2088-95.

**Kubik MY**, Story M, Davey C, Dudovitz B, Zuehlke E. (2008). Providing obesity prevention counseling to children during a primary care clinic visit: Results from a Pilot Study. Journal of the American Dietetic Association. 108,1902-1906.

Stoddard SA, **Kubik MY**, Skay C. (2008). Is school-based height and weight screening of Elementary students private and reliable? Journal of School Nursing. 24(1), 43-48.\*

Johnson CC, Murray DM, Elder JP, Jobe JB, Dunn AL, **Kubik MY**, Voorhees CC, Schacter K. (2008). Depressive symptoms and physical activity in adolescent girls. Medicine & Science in Sports & Exercise. 40(5), 818-26.

Grieser M, Neumark-Stzainer D, Saksvig BI, Lee JS, Felton G, **Kubik MY**. (2008). Black, Hispanic, and White girls' perceptions of environmental and social support and enjoyment of physical activity. Journal of School Health. 78(6), 314-320.

**Kubik MY**, Story M, Davey C (2007). Obesity prevention in schools: Current role and future practice of school nurses. Preventive Medicine.44, 504-507.

Rohm Young D, Felton G, Grieser M, Coombs D, Elder J, Johnson C, **Kubik MY** (2007). Physical activity opportunities and barriers in middle schools. Journal of School Health. 77(1): 41-7.

**Kubik, MY**, Story M, Reiland G. (2007). Developing school-based BMI screening and parent notification programs: Findings from focus groups with parents of elementary school students (2006). Health Education and Behavior. 34(4),622-633.



*Publications, continued*

Stoddard SA, **Kubik MY**, Savik K. (2007). Primary and secondary prevention of obesity in older female adolescents attending a reproductive health clinic: A missed opportunity to intervene. Journal of Adolescent Health. 40(2 (suppl), S34.\*

Lytle LA, **Kubik MY**, Perry C, Story M, Birnbaum AS, Murray DM, Snyder P (2006). Environmental outcomes from the TEENS study: Influencing healthful food choices in school and home environments. Preventive Medicine. 43(1): 8-13.

**Kubik MY**, Fulkerson JA, Story M, Rieland G (2006). Parents of elementary school students weigh in on height, weight and BMI screening at school. Journal of School Health. 76(10), 496-501.

Phillips GA, Shadish WR, Murray DM, **Kubik MY**, Lytle LA, Birnbaum AS (2006). The Center for Epidemiologic Studies Depression Scale with a young adolescent population: A confirmatory factor analysis (2006). Multivariate Behavioral Research. 41(2), 147-163.

**Kubik MY**, Lytle LA, Story M (2005). School food practices are associated with middle school students body mass index. Archives of Pediatric and Adolescent Medicine. 159:1111-1114.

**Kubik MY**, Lytle LA, Fulkerson JA (2005). Fruits, vegetables and football: Results from focus groups with alternative high school students regarding eating and physical activity. Journal of Adolescent Health. 36:494-500.

**Kubik MY**, Lytle LA, Story M (2005). Soft drinks, candy and fast food: What parents and teachers think about the middle school food environment. Journal of the American Dietetic Association.105:233-239.

**Kubik MY**, Lytle LA, Fulkerson JA (2004). Physical activity, dietary practices and other health behaviors of at-risk youth attending alternative high schools. Journal of School Health. 74:119-124.

Motl, R.W., Birnbaum, A.S., **Kubik, M.Y.**, Dishman, R.K (2004). Naturally occurring changes in physical activity are inversely related to depressive symptoms during early adolescence. Psychosomatic Medicine. 66:336-342.

Lytle LA, Murray DM, Perry CL, Story M, Birnbaum AS, **Kubik MY**, Varnell S (2004). School-based approaches to affect adolescents diets: Results from the TEENS study. Health Education and Behavior. 31(2):270-287.

Lytle LA, Varnell S, Murray DM, Story M, Perry CL, Birnbaum AS, **Kubik MY** (2003). Predicting adolescents' intake of fruits and vegetables. Journal of Nutrition Education and Behavior. 35:170-178.

**Kubik MY**, Lytle LA, Birnbaum AS, Murray DM, Perry CL (2003). Prevalence and correlates of depressive symptoms in young adolescents. American Journal of Health Behavior. 27:546-553.

**Kubik MY**, Lytle LA, Hannan PJ, Perry CL, Story M (2003). The association of the school food environment with dietary behaviors of young adolescents. American Journal of Public Health. 93:1168-1173.

Lytle, LA, **Kubik, MY** (2003). Nutritional issues for adolescents. Bailliere's Best Practice and Research, Clinical Endocrinology and Metabolism.17:177-189.

*Publications, continued*

**Kubik MY**, Lytle LA, Hannan PJ, Story M, Perry CL (2002). Food-related beliefs, eating behaviors and classroom food practices of middle school teachers: Is there cause for concern? Journal of School Health. 72:339-345.

Schmitz KH, Lytle LA, Phillips GA, Murray DM, Birnbaum AS, **Kubik MY** (2002). Psychosocial correlates of physical activity and sedentary leisure habits in young adolescents: the TEENS study. Preventive Medicine. 34:266-278.

**Kubik MY**, Lytle LA, Story MA (2001). A practical theory-based approach to establishing school nutrition advisory councils. Journal of the American Dietetic Association. 101:223-228.

Kaas MJ, Block DE, Avery M, Lindeke L, **Kubik M**, Duckett L, Vellenga B (2001). Technology-enhanced distance education: From experimentation to concerted action. Journal of Professional Nursing, 17:135-140.

\*Student advisee coauthor

**Textbooks**

American Academy of Pediatrics Textbook of Adolescent Health Care. Ed MM Fischer (2011). Kenyon D, **Kubik MY**, Sieving RE. Chapter: The Adolescent Environment: Peers.

**INVITED PRESENTATIONS**

**International**

- July 2014      **Kubik MY**. Theory-driven, Evidence-based Practice: The Concepts. International Workshop on Evidence-based Practice in Action. St. John's College of Nursing, Bangalore, India.
- September 2013      **Kubik MY**. Assessing Youth Wellbeing in Rural Honduras: A Community-based Approach. V Congreso MesoAmericano y Del Caribe de Pediatria, 2013. Tegucigalpa, Honduras
- December 2012      **Kubik MY**. Creating a Culture of Inter-professional Learning and Collaboration: Establishing Local, National and Global Networks. Symposium: Strengthening Health Care Delivery and Improving Health Outcomes in India: Linking Nursing, Medicine and Public Health. Bangalore, India
- June 2012      **Kubik MY**. Primary & Secondary Prevention of Childhood Obesity. University of Iceland, School of Nursing and Public Health. Reykjavik, Iceland.
- May 2008      **Kubik MY**. Schools & Health National Meeting. School engagement to prevent childhood obesity: Today's best practices, Tomorrow's next steps (Keynote). The Public Health Institute. Reykjavik, Iceland.
- April 2008      **Kubik MY**. Obesity Prevention in Schools: Current Role & Future Practice of School Nurses. University of Iceland, School of Nursing. Reykjavik, Iceland.

*Invited Presentations, continued*

**National**

- April 2014 **Kubik MY.** Assessing Youth Wellbeing in Rural Honduras: A Community-based Approach. HOPE Nursing Conference, Massachusetts General Hospital Institute of Health Professions, Boston, MA.
- October 2011 **Kubik MY.** Youth-focused community assessment: Supporting healthy youth development in rural Honduras. University of Cincinnati 3rd Annual Global Health Conference, Cincinnati, OH
- February 2007 **Kubik MY.** What's for lunch: Nutrition in the school-aged child. National Association of Pediatric Nurse Practitioners 28<sup>th</sup> Annual Conference, Lake Buena Vista, FL.
- February 2005 **Kubik MY.** Tracing back the tracks for cardiovascular disease risk factors: American Heart Association 2<sup>nd</sup> International Conference on Women, Heart Disease & Stroke, Orlando, FL.
- October 2003 **Kubik MY.** The association between the school food environment and young adolescents dietary behavior. Department of Nutrition, University of Tennessee, Knoxville, TN.

**Regional**

- March 2004 **Kubik MY.** What's to eat at school? Wisconsin Action for Healthy Kids Summit: Working Together for Children's Health – A Nutrition and Physical Activity Summit. University of Wisconsin, Stevens Point, WI.
- January 2002 **Kubik MY & Lytle LA.** Creating a healthy school nutrition environment: Soft drinks in school. Minnesota Department of Children, Families & Learning, Food and Nutrition Service, School Meals Expos, Minneapolis, MN and Fargo, ND.

**State/Local**

- April 2017 **Kubik MY.** One Nurse's Journey from Practitioner to NIH-funded Researcher. Sigma Theta Tau International, Kappa Chi Chapter Annual Evidence Based Practice Symposium. Temple University. Philadelphia PA.
- October 2016 **Kubik MY.** Childhood Obesity: Secondary Prevention in the School Setting. Obesity Research Day. College of Public Health, Temple University Philadelphia, PA.
- February 2016 **Kubik MY.** SNAPSHOT Study: School nurse-directed secondary obesity prevention for elementary school children. Program in Health Disparities Research. Dept. of Family Medicine & Community Health University of Minnesota, Minneapolis, MN
- January 2016 **Kubik MY, Hesse R.** Childhood Obesity in the 21<sup>st</sup> Century: A Need for Secondary Prevention. Saint Paul Public Schools Student Health and Wellness Meeting. St Paul, MN
- November 2015 Pokorny A, Hesse R, KenKnight Berman M, Dudovitz B, **Kubik MY.** School nurse-delivered healthy weight management for overweight and at risk of overweight children: SNAPSHOT Study Process Results: Cohort-1 Intervention. School Nurses of Minnesota Annual Fall Conference. St Paul. MN

*Invited Presentations, continued*

- November 2015 Julius B, Petcoff M, Rudd, K, **Kubik MY**. Socially responsible short-term international medical volunteerism: Master of Nursing Public Health/Mental Health Experience in Honduras. University of Minnesota Global Health Day 2015, Minneapolis, MN (graduate student advisees)
- November 2015 Wagenmann K, Revall J, **Kubik MY**. Yo Merzco Respeto y Es Mi Responsibilidad a Respetar a los Otros: The Healthy Relationship Wheel (I Deserve Respect and It's My Responsibility to Respect Others). University of Minnesota Global Health Day 2015, Minneapolis, MN (graduate student advisees)
- November 2013 Supple B, Rieland G, Lee J, Willson D, **Kubik MY**. A school-based school nurse led healthy weight management program for overweight elementary school-aged children: Establishing the evidence. School Nurse Organization of Minnesota Annual Fall Conference, St. Paul, Minneapolis, MN
- May 2013 **Kubik MY**. Place-based Learning and Community: An Alternative High School/School of Nursing Collaboration. University of Minnesota, Urban Research and Outreach-Engagement Center, Minneapolis, MN
- April 2012 **Kubik MY**. "There is a time they call adolescence..." Supporting Healthy Youth Development in Rural Honduras: A Community Perspective. 2<sup>nd</sup> Tuesday Global Spotlight Series. Global Programs and Strategy Alliance (GPSA), University of Minnesota, Minneapolis, MN
- April 2011 **Kubik MY**. Partnering to promote healthy youth development in rural Honduras. School of Nursing Community Partnership Breakfast. University of Minnesota Minneapolis, MN.
- April 2011 Supple E, Walsh S, Murphy M, Mogler S, Zurbey S, Larson K, **Kubik MY**. *DEFENDE*: An Educational Intervention Targeting Adolescent Substance Use and Mental Health in Rural Honduras. University of Minnesota, School of Nursing Annual Spring Research Day, Minneapolis, MN. (pre-licensure nursing student advisees)
- April 2011 Moore J, Bisbal E, Houghton E, Crowell K, Clausen L, **Kubik MY**, Larson K. Providing nutrition education and health promotion for adolescents in rural Honduras: A community approach. University of Minnesota, School of Nursing Annual Spring Research Day, Minneapolis, MN. (pre-licensure nursing student advisees)
- June 2010 **Kubik MY**. Career Paths in Health Sciences Faculty Panel. Family Medicine/Community Health, Program in Health Disparities Research. University of Minnesota Minneapolis MN
- May 2010 **Kubik MY**. Obesity and Youth: Moving Forward. Public Health Nursing Night. Leadership in Action: Across Culture and Place. University of Minnesota, School of Nursing, Minneapolis, MN
- March 2010 Morrison-Sandberg L, Johnson KE, **Kubik MY**. Obesity Prevention Practices of Elementary School Nurses in Minnesota: Findings from Interviews with Licensed School Nurses 34<sup>th</sup> Annual Midwest Nursing Research Society Conference, Kansas City, Missouri (graduate student advisee)
- September 2009 **Kubik MY**. Childhood Obesity Legislative Working Group. Minnesota State Legislature, St Paul, MN.

*Invited Presentations, continued*

- April 2009      **Kubik MY**, Arcan C, Fulkerson JA, Story M, Lytle LA. Sustainable improvements in food & beverages sold to students in school stores & vending machines in alternative high schools: Results from the Team COOL pilot study. University of Minnesota, School of Nursing Annual Spring Research Day, Minneapolis, MN.
- April 2008      **Kubik MY**. Preventing Childhood Obesity: The Role of the School Nurse. Independent School District #621, School Health Services, Maplewood, MN.
- March 2008      **Kubik MY**. Obesity prevention among adolescents. A Focus on At Risk Youth & Community Settings. Obesity Prevention in Communities of Color: A Workshop for Minnesota Journalists. University of Minnesota School of Public Health & School of Journalism. Minneapolis, MN
- September 2007      **Kubik MY**. Overweight and obesity: Social environmental influences. Why is it so hard to eat healthy and be active? Minnesota Area Health Education Center. Obesity: An Interprofessional Case Study. New Ulm, MN.
- May 2007      **Kubik MY**. Obesity prevention in children & youth. A focus on at risk populations and community settings. University of Minnesota Cancer Center Population Sciences Retreat. Minneapolis, MN.
- May 2007      **Kubik MY**. Are we measuring up? Body Mass Index screening in schools. Community Action Forum: Healthy Kids in Healthy Places. St Paul, MN.
- April 2007      **Kubik MY**. Obesity prevention in children & youth. A focus on at risk populations and community settings. Scientific Symposium: Discovery to Impact: The Next Generation. Academic Health Center, University of Minnesota, Minneapolis, MN.
- March 2007      **Kubik MY**. BMI Surveillance & School-based BMI Screening: Pros, Cons & Beyond (Keynote). 4<sup>th</sup> Action on Obesity Summit, Mayo Clinic. Rochester, MN
- February 2007      **Kubik MY**. School-wide food practices and childhood obesity: Is there a link? Nursing Grand Rounds, School of Nursing University of Minnesota Minneapolis, MN
- December 2006      **Kubik MY**. School-wide food practices and childhood obesity: Is there a link? University of Minnesota School of Dentistry Research Seminar Series Minneapolis, MN
- November 2006      **Kubik MY**, Story M, Davey, C. Obesity Prevention in Schools: Current Role and Future Practice of School Nurses. School of Nursing P20 Research Seminar. University of Minnesota, School of Nursing, Minneapolis, MN
- November 2006      **Kubik MY**. Designing Nutritious Food Choices at Your School. Hennepin County Physical Activity & Nutrition Quarterly Meeting, Minneapolis, MN.
- June 2006      **Kubik MY**. Childhood Obesity: Health Implications, Best Practices, Available Data and What it All Means to Minnesota. Invited presentation at the inaugural meeting of the State of Minnesota Task Force on Childhood Obesity.” St Paul, MN
- April 2006      **Kubik MY** & Story M. School-based obesity prevention: Opinions, beliefs and current practices of licensed school nurses. Findings from the Minnesota School Nurse Survey. University of Minnesota, School of Nursing Annual Research Day, Minneapolis, MN.

*Invited Presentations, continued*

- April 2006      **Kubik MY**, Schoolwide food practices and childhood obesity: Is there a link? School Wellness Policies: Practical Ways of Making It Happen. Hennepin County Physical Activity and Nutrition State Conference. St. Paul, MN.
- March 2006      **Kubik MY**. A school-based BMI screening and parent notification program. Park Nicollet Foundation Healthy Community Initiative: School Group & Asset Builders. St Louis Park, MN.
- September 2005      **Kubik MY**. The School Food Environment: What's to eat at school? University of Minnesota's Women's Health Research Conference, Minneapolis, MN.
- May 2005      **Kubik MY**. Preventing Childhood Obesity: What's to Eat at School? May Research Forum: School of Nursing, University of Minnesota, Minneapolis, MN.
- October 2004      **Kubik MY**. Rethinking childhood obesity: Confronting a 21<sup>st</sup> century epidemic. MN Chapter of the National Association of Pediatric Nurse Practitioners Fall Conference, Minneapolis, MN.
- April 2003      **Kubik MY**. Middle school teachers' classroom food practices: Is there cause for concern? University of Minnesota, School of Nursing, Annual Spring Research Day, Minneapolis, MN.
- May 2001      **Kubik MY**. Strategies to improve child nutrition in school settings. Minnesota Food Share - Enhancing Child Nutrition: A statewide videoconference, Minneapolis, MN.
- October 1998      **Kubik MY**. Advanced Practice Nursing Forum: The Cardiac Examination. Minnesota Nurses Association State Convention, St. Paul, MN.
- March 1996,  
1997, 1998      **Kubik MY**. Components of nurse practitioner employment contracts. Minnesota Nurse Practitioner and Nurse Midwife Student Conference, Bloomington, MN.
- February 1998      **Kubik MY**. Integration of multimedia distance education technologies in graduate education. Health Informatics Seminar, University of Minnesota, Minneapolis, MN
- May 1997      Lindeke L, **Kubik MY**. Course design for interactive television. University of Minnesota School of Nursing: Nurses in the Information Age, Minneapolis, MN.
- March 1997      **Kubik MY**. Selected patient assessment for pharmacists. Veterans Affairs Medical Center: Pharmacy Group, Minneapolis, MN.
- September 1996      **Kubik MY**. Introduction to health assessment. Minnesota Society of Health System Pharmacists Midyear Clinical Meeting, Minneapolis, MN.
- March 1996      **Kubik MY**. Collaboration in managed care: Nurse Practitioner and Physician Teams. Presented at Health Partners Family Practice Department Meeting, Bloomington, MN.
- December 1994      **Kubik MY**. Prevention and early detection of cardiac disease in women. Women's Health Primary Care Conference, Bloomington, MN.
- April 1994      **Kubik MY**. Primary care assessment for Women's Health Care Nurse Practitioners. Planned Parenthood of Minnesota, St. Paul, MN.

## COMPETITIVE PRESENTATIONS

### International

- June 2015 Nanne MS, MacLehose RF, **Kubik MY**, Davey CS, O'Connell M, Young K, Nelson TF. School Obesity-Prevention Policy Efforts in Minnesota and Student Outcomes: A Longitudinal Cohort Study. 14<sup>th</sup> Annual Conference of International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland.
- May 2014 **Kubik MY**. Selective Obesity Prevention: School nurse-directed secondary obesity prevention for elementary school children. 13<sup>th</sup> Annual Conference of International Society of Behavioral Nutrition and Physical Activity, San Diego, CA.
- May 2013 Caspi C, Davey C, **Kubik MY**, Larson N, Nanne MS. Rural schools in Minnesota have fewer policies and practices to promote healthy eating. 12<sup>th</sup> Annual Conference of International Society of Behavioral Nutrition and Physical Activity, Ghent, Belgium.
- May 2013 Nanne MS, MacLehose R, Davey C, **Kubik MY**, Nelson TF, Rode P Key school policies are associated with student sugary drink and fruit and vegetable intake in Minnesota secondary schools. 12<sup>th</sup> Annual Conference of International Society of Behavioral Nutrition and Physical Activity, Ghent, Belgium
- May 2012 **Kubik MY**, Olivier NO, Jennings B. Shifting diet and activity patterns among rural-residing youth in western Honduras. 11<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Austin, Texas.
- May 2012 Fulkerson JA, **Kubik MY**, Neumark-Stzainer D, Flattum C, Story M, Gurvich O, Garwick A, Dudovitz B. The Health Home Offerings via the Mealtime Environment (HOME) Plus Trial Protocol: An intervention to reduce childhood obesity. 11<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Austin, Texas.
- May 2012 Fulkerson JA, Friend S, Fancher L, Flattum C, Dean K, **Kubik MY**. Assessing cultural relevance of the HOME Plus program for African American parents. 11<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Austin, Texas.
- June 2011 Nanne MS, Davey C, Lowry S, **Kubik MY**. Family and community involvement in school healthy eating policy adoption is associated with more policy adoption. 10<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Melbourne, Australia
- June 2010 **Kubik MY**, Lytle LA, Farbaksh K. School and district wellness councils and availability of lesshealthy- food in vending machines in middle and high schools. 9<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Minneapolis, MN.
- June 2010 Lytle LA, **Kubik MY**, Farbaksh K. Examining change in competitive foods from 2006 to 2008 in a cohort of Minnesota schools. 9<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Minneapolis, MN
- June 2010 Johnson K, **Kubik MY**, McMorris B. Overweight/obesity and dietary and physical activity practices among regular and alternative high school students in Minnesota. 9<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Minneapolis, MN. (graduate student advisee)

*Competitive Presentations, continued*

- June 2010 Fulkerson J, Farbakhsh K, Lytle L, Pasch M, Hearst M, **Kubik MY**. Food sources for family dinner and associations with overweight status, percent body fat, and metabolic syndrome among adolescents and their parents. 9<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Minneapolis, MN
- June 2010 Nanney M, Davey C, Lowry S, **Kubik MY**. Evaluating the distribution of nutrition policies and practices in U.S. secondary schools by race/ethnicity, geography and income. 9<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Minneapolis, MN
- June 2009 **Kubik MY**, Lytle LA, Farbakhsh K, Moe S, Samuelson A. Food use in middle and high school fundraising: does policy support healthy practice? 8<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Lisbon, Portugal.
- June 2009 Pasch K, Lytle La, Samuelson A, Farbakhsh K, **Kubik M**, Nelson M, Heitzler C. Are U.S. schools meeting Institute of Medicine guidelines for foods and beverage vending? 8<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Lisbon, Portugal.
- June 2009 Nanney MS, Nelson T, Wall M, Haddad T, **Kubik MY**, Nelson M, Story M. State-level school nutrition and activity policy environments and youth obesity. 8<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Lisbon, Portugal.
- May 2008 **Kubik MY**, Davey C, Fulkerson JA, Sirard J, Story M, Arcan C. Prevalence and correlates of overweight among students attending alternative high schools. 7<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Banff, Canada .
- May 2008 **Kubik MY**, Arcan C, Fulkerson JA, Sirard J, Story M, Lytle LA. Delivering Obesity Prevention Programs in Alternative High Schools: Feasibility and Acceptability of the Team COOL Pilot Study. 7<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Banff, Canada.
- May 2008 Kenyon DB, **Kubik MY**, Davey C, Sirard J, Fulkerson JA. Physical activity self efficacy among alternative high school students. 7<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Banff, Canada. (post doctoral research advisee)
- May 2008 Arcan C, **Kubik MY**, Fulkerson JA, Story M. Associations between food access and eating opportunities during the school day and dietary practices of alternative high school students. 7<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Banff, Canada. (graduate student advisee).
- June 2007 **Kubik MY**, Fulkerson JA, Sirard J. Alternative high school students: How inactive are they? 6<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.
- June 2007 Sirard J, **Kubik MY**, Fulkerson JA. Objectively measured physical activity of alternative high school students. 6<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway.



*Competitive Presentations, continued*

- June 2007 Arcan C, **Kubik MY**, Fulkerson JA, Story M. Dietary characteristics of students who attend alternative high schools in US. 6<sup>th</sup> Annual Conference, International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway (graduate student advisee).
- June 2007 Fulkerson JA, **Kubik MY**, Story M, Lytle L. Are nutritional and other benefits of family meals apparent for at-risk youth attending alternative high schools? 6<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway
- June 2005 **Kubik MY**, Lytle LA, Story M. School food practices are associated with students' body mass index. 4<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Amsterdam, The Netherlands.
- July 2003 **Kubik MY**, Lytle, LA, Hannan PJ, Perry CL, Story M. Scale development to assess the influence of the food-related social environment: outcomes, challenges and future directions. 2<sup>nd</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Quebec City, Canada.

**National**

- November 2013 Lee J, **Kubik MY**. Association between Child Weight status and Parent Response to a School-based Body Mass Index Screening and Parent Notification Program. American Public Health Association 141<sup>st</sup> meeting Boston, MA (graduate student advisee)
- November 2013 **Kubik MY**, Jennings B, Olivier N. Engaging community to support healthy youth development in rural Honduras: Results from a formative assessment. American Public Health Association 141<sup>st</sup> annual meeting, Boston, MA.
- March 2013 Terry A, **Kubik MY**. Understanding high blood pressure in rural Honduras. 36<sup>th</sup> Annual Midwest Nursing Research Society Conference, Chicago, ILL. (graduate student advisee)
- October 2012 **Kubik MY**, Davey C, MacLehose R, Nelson TF, Rhode P, Coulter S, Coombes B, Nanney MS. Availability of low-nutrient, energy-dense snacks and beverages in Minnesota secondary schools: Statewide trends from 2002-2010. American Public Health Association 140<sup>th</sup> annual meeting, San Francisco, CA.
- October 2012 Nelson TF, Davey C, MacLehose R, **Kubik MY**, Coulter S, Coombes B, Nanney MS. Urban-Rural Disparities in Secondary School Physical Activity Policies: Statewide trends in Minnesota 2002-2010. American Public Health Association 140<sup>th</sup> annual meeting, San Francisco, CA.
- October 2012 Nanney MS, **Kubik MY**, MacLehose R, Nelson TF, Rode P. Are school food and activity policies effective? A statewide evaluation. American Public Health Association 140<sup>th</sup> annual meeting, San Francisco, CA.
- October 2012 Coulter S, Davey C, Lowry S, **Kubik MY**, Nanney MS. Minnesota School Obesity Prevention Policies: Leader or Laggard? American Public Health Association 140<sup>th</sup> annual meeting, San Francisco, CA.
- October 2012 Lee J, **Kubik MY**, Garwick A. Parental interest in school nurse-led healthy weight management programming. American Public Health Association 140<sup>th</sup> annual meeting, San Francisco, CA. (graduate student advisee).

*Competitive Presentations, continued*

- April 2012 Olivier NO, **Kubik MY**, Jennings B. Assessing risk behaviors in youth: Focus groups with youth and parents in rural Honduras. 36<sup>th</sup> Annual Midwest Nursing Research Society Conference, Dearborn, Michigan. (undergraduate honors student advisee).
- April 2012 Lee J, **Kubik MY**, Yusuf N, Osman N, Robertson C. Association Between Selected Dietary Practices and Demographic Characteristics Among Somali Refugee Women. 36<sup>th</sup> Annual Midwest Nursing Research Society Conference, Dearborn, Michigan. (graduate student advisee)
- April 2010 Johnson KE, McMorris B, **Kubik MY**. Sexual risk behaviors among regular and alternative high school students in Minnesota. 43rd Annual WIN Communicating Nursing Research Conference, Glendale, AZ. (graduate student advisee)
- April 2010 Morse K, **Kubik MY**, McMorris B. What factors are associated with parental concern regarding their child's weight? NAPNAP 2010: 31<sup>st</sup> Annual Conference on Pediatric Health Care. Chicago, Illinois (graduate student advisee; research poster winner)
- March 2010 Sakhitab AI, **Kubik MY**, McMorris B. Is self-described health status associated with physical activity in alternative high school students? 34<sup>th</sup> Annual Midwest Nursing Research Society Conference, Kansas City, Missouri (graduate student advisee; 1<sup>st</sup> place poster winner, graduate student competition)
- March 2010 Schulein-Fournier AI, **Kubik MY**, McMorris B. To be (active) or not to be (active)? Factors associated with physical activity among students attending alternative high schools. 34<sup>th</sup> Annual Midwest Nursing Research Society Conference, Kansas City, Missouri.(graduate student advisee)
- March 2010 Morrison-Sandberg L, Johnson KE, **Kubik MY**. Obesity Prevention Practices of Elementary School Nurses in Minnesota: Findings from Interviews with Licensed School Nurses 34<sup>th</sup> Annual Midwest Nursing Research Society Conference, Kansas City, Missouri (graduate student advisee)
- November 2009 **Kubik MY**, Wall M, Shen L, Nanney MS, Nelson T, Nelson M, Story M. State but not district nutrition policies are associated with less junk food in vending machines and school stores in US public schools. American Public Health Association 137<sup>th</sup> annual meeting, Philadelphia, PA.
- November 2009 Johnson KJ, **Kubik MY**, McMorris B. Prevalence and correlates of sport team participation among alternative high school students. American Public Health Association 137<sup>th</sup> annual meeting, Philadelphia, PA. (graduate student advisee)
- November 2009 Bruening M, **Kubik MY**, Davey C, Kenyon D, Story M. Perceived barriers mediate the association between self-efficacy and fruit and vegetable consumption among students attending alternative high schools. American Public Health Association 137<sup>th</sup> annual meeting, Philadelphia, PA. (graduate student advisee)
- March 2009 Hundertmark A, **Kubik MY**, Davey C. Is there an association between peer support for physical activity and physical activity levels among adolescents attending alternative high schools? 33<sup>rd</sup> Annual Midwest Nursing Research Society Conference, Minneapolis MN (research advisee; undergraduate student competition poster winner)
- March 2009 Morse K, **Kubik MY**, McMorris B. What factors are associated with parental concern regarding their child's weight? 33<sup>rd</sup> Annual Midwest Nursing Research Society Conference, Minneapolis, MN (graduate student research advisee; 1<sup>st</sup> place poster winner, graduate student competition)

*Competitive Presentations, continued*

- March 2009 Johannes A, **Kubik MY**, Davey C. Barriers to physical activity among students attending alternative high schools. 33<sup>rd</sup> Annual Midwest Nursing Research Society Conference, Minneapolis, MN (graduate student research advisee).
- October 2008 **Kubik MY**, Arcan C, Fulkerson JA, Story M, Lytle LA. Sustainable improvements in food & beverages sold to students in school stores & vending machines in alternative high schools: Results from the Team COOL pilot study. American Public Health Association 136<sup>th</sup> annual meeting, San Diego, CA.
- November 2007 **Kubik MY**, Story M, Davey C. Obesity prevention in schools: Current role and future practice of school nurses. American Public Health Association 135<sup>th</sup> annual meeting, Washington DC
- June 2007 Huntington-Moskos L & **Kubik MY**. Latino Adolescents in the Central United States. 4<sup>th</sup> Annual Rural Nurse Conference. Richland, WA. (graduate student advisee)
- March 2007 Stoddard SA, **Kubik MY**, Savik K. A missed opportunity to intervene: Primary and secondary prevention of obesity in older adolescents attending a reproductive health clinic. Society for Adolescent Medicine Annual Conference. Denver, CO. (graduate student advisee).
- March 2007 Stoddard SA, **Kubik MY**, Skay C. Is school-based height and weight screening of elementary students private, respectful and reliable? Midwest Nursing Research Society Annual Meeting, Omaha, NE. (graduate student advisee)
- November 2006 **Kubik, MY**, Story M, Reiland G. Developing school-based BMI screening and parent notification programs: Findings from focus groups with parents of elementary school students. American Public Health Association 134<sup>th</sup> Annual Meeting, Boston, MA
- November 2006 **Kubik MY**, Story M. School-based obesity prevention: Opinions, beliefs and current practices of licensed school nurses. American Public Health Association 134<sup>th</sup> Annual Meeting, Boston, MA.
- July 2006 **Kubik MY**. Symposium: What's to eat at school and whose responsibility is it? 5<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Boston, MA.
- July 2006 Fulkerson JA, **Kubik MY**. TV and the mealtime environment: associations with childhood overweight and fruit/vegetable consumption. 5<sup>th</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Boston, MA.
- March 2006 Coleman, JR, **Kubik MY**, Savik K. Self-efficacy and moderate to vigorous physical activity in lower-income older adolescent females. Midwest Nursing Research Society Annual Meeting, Milwaukee, WI. (student research advisee; 1<sup>st</sup> place poster winner, undergraduate student competition)
- November 2004 **Kubik MY**, Lytle LA, Story MA. What parents and teachers think about the middle school food environment. American Public Health Association 132<sup>nd</sup> Annual Meeting, Washington, DC.
- June 2004 **Kubik MY**, Lytle LA, Fulkerson JA. Findings from focus groups with alternative high school students about eating and physical activity. 3<sup>rd</sup> Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Washington, DC.

*Competitive Presentations, continued*

- November 2003 **Kubik MY**, Lytle LA, Fulkerson, JA. Interventions targeting the physical activity levels and eating behaviors of youth attending alternative high schools: Is there a need? Is there interest? American Public Health Association 131<sup>st</sup> Annual Meeting, San Francisco, CA.
- November 2002 **Kubik MY**, Lytle LA, Hannan PJ, Perry CL, Story M. Food-related role modeling behaviors of middle school teachers: Is there cause for concern? American Public Health Association 130<sup>th</sup> Annual Meeting, Philadelphia, PA.
- July 2002 **Kubik MY**, Lytle LA, Hannan PJ, Perry CL, Story M. The association of school-level environmental factors with individual-level dietary practices of young adolescents. International Society of Behavioral Nutrition and Physical Activity Inaugural Meeting, Seattle, WA.
- July 2002 **Kubik MY**, Lytle LA, Hannan PJ, Story M, Perry CL. Middle school teachers classroom food practices. Society Nutrition Education's 35<sup>th</sup> Annual Conference, St Paul MN
- October 2001 **Kubik MY**, Lytle LA, Story MA, Birnbaum AS, Perry CL, Snyder MP. What's there to eat? School environmental outcomes from TEENS. American Public Health Association 129<sup>th</sup> Annual Meeting, Atlanta, GA.
- October 2001 Lytle LA, Perry CL, Murray DM, Birnbaum AS, **MY Kubik**, Snyder MP. Can we effect change in adolescent fruit and vegetable intake? American Public Health Association 129<sup>th</sup> Annual Meeting, Atlanta, GA.
- October 2001 Birnbaum AS, Lytle LA, Story M, Murray DM, Perry CL, **MY Kubik**, Snyder MP. What are they eating now? Student and family outcomes from TEENS. American Public Health Association 129<sup>th</sup> Annual Meeting, Atlanta, GA.
- November 2000 **Kubik MY**, Lytle LA, Story MA. The TEENS Teacher Survey: Do the actions of middle school teachers reinforce or negate the adoption of healthy eating behaviors by teens? American Public Health Association 128<sup>th</sup> Annual Meeting, Boston, MA.
- November 2000 Lytle LA & **Kubik MY**. Working towards a healthy school nutrition environment: Experience from the TEENS study. American Public Health Association 128<sup>th</sup> Annual Meeting, Boston, MA.
- November 2000 Birnbaum AS, Lytle LA, Murray DM, **Kubik MY**, Perry CL. Correlates of fighting and violent behavior in young adolescents. American Public Health Association 128<sup>th</sup> Annual Meeting, Boston, MA.
- July 2000 **Kubik MY**, Lytle LA, Birnbaum AS, Story MA. An environmental approach to school-based nutritional health in middle schools. 33<sup>rd</sup> Annual Meeting of Society of Nutrition Education, Charleston, SC.
- July 2000 Snyder MP, Lytle LA, Panshin P, **Kubik MY**. School food service interventions in middle schools: Challenges and opportunities. 33<sup>rd</sup> Annual Meeting of Society of Nutrition Education, Charleston, SC.
- July 2000 Birnbaum AS, Lytle LA, **Kubik MY**, Story M. Interim results from a school-based study to increase fruit and vegetable intake. 33<sup>rd</sup> Annual Meeting of Society of Nutrition Education, Charleston, SC.

***Competitive Presentations, continued***

- April 2000      **Kubik MY**, Lytle LA, Birnbaum AS, Murray D. Correlates of depressive symptomatology in young adolescents. Society of Behavioral Medicine's 21st Annual Conference, Nashville, TN.
- November 1999      **Kubik MY**, Lytle LA, Story MA. The Nutrition Needs Assessment: Do schools provide a healthy and supportive eating environment? American Public Health Association 127<sup>th</sup> Annual Meeting, Chicago, IL.
- November 1999      **Kubik MY**, Lytle LA, Story MA. Establishing School Nutrition Advisory Councils: A three-step approach. American Public Health Association 127<sup>th</sup> Annual Meeting, Chicago, IL.
- April 1998      Lindeke L & **Kubik MY**. Integration of multimedia distance education technologies in graduate nursing education. National Organization of Nurse Practitioner Faculty 24<sup>th</sup> Annual Conference, Savannah, GA.
- April 1998      Lindeke L & **Kubik MY**, Avery M, Kaas M. Developing web-assisted courses in graduate nursing education. National Organization of Nurse Practitioner Faculty 24<sup>th</sup> Annual Conference, Savannah, GA.
- October 1997      Lindeke L & **Kubik MY**. Advanced practice nursing in the information age. Educom National Conference. Minneapolis, MN.

**TEACHING EXPERIENCE**

**School of Nursing, University of Minnesota**

- Spring 2016  
(90 hours)      DNP Practicum: Global Health through study abroad in Honduras; Family, Pediatric and Adult/Gerontology Nurse Practitioner students
- Summer 2015  
(90 hours)      N5033 Population-focused health in public health and mental health nursing Practicum: Study Abroad in Honduras
- Spring 2015, 2014,  
2013, 2011  
2 semester credits      N5812: Global Health through study abroad in Honduras (elective)
- Fall 2012  
1 semester credit      N5010: Foundation of Inter-professional Collaboration & Communication (FIPCC). Academic Health Center Inter-professional Seminar.
- Fall 2010  
1-2 semester credits      N5800-1: Promoting the Health of Women and Girls: A Study Abroad Experience in Lima, Peru (elective)
- Fall 2009  
3 semester credits      N6100: Evidence-based Practice (Web VISTA)  
Doctoral of Nursing Practice (DNP) students
- Fall 2009  
2 semester credits      N4401H: Honors: Applied Research/Research Utilization  
Undergraduate honors students.
- Fall/Summer 2009  
Spring 2006,  
Summer 2011  
2 semester credits      N8177 Advanced Nursing Research Practicum  
PhD students

***Teaching Experience, continued***

Spring 2009 <i>1 semester credit</i>	N5200: Applied Research Seminar for Masters of Nursing Students Graduate students (New course)
Spring 2009 <i>3 semester credits</i>	N8194 Problems in Nursing (Plan B) Master's students
Fall 2007 <i>2 semester credits</i>	N5995: Research Dissemination PhD students
Spring 2003, 2004, 2005 <i>2 semester credits</i>	Nursing 4401: Health Care of Populations: Public Health Practicum Clinical course
Fall 2002, 2003, 2004 <i>2 semester credits</i>	Nursing 5030: Clinical Foundations Clinical course (school-based practicum)
Summer 2003 <i>3 semester credits</i>	N8170: Research in Nursing (WebCT) Graduate students
Summer 2003 <i>3 semester credits</i>	N5033: Population Response to Health and Mental Illness (Didactic) <i>Primary Instructor</i>
Spring 1995, 1996 Fall 1996, 1997 <i>2 quarter credits</i>	Nursing 5934: Professional Issues for Advance Practice Nurses (Interactive Television Course); Internet-enhanced (1997) <i>Instructor</i>
Spring 1994, 1995, 1996 Summer 1995, Winter 1997, 1998 <i>3 quarter credits</i>	Nursing 5810: Health Assessment for Advanced Nursing Practice <i>Primary Instructor</i>
Winter 1995, 1996 Spring 1997, 1998 <i>5 quarter credits</i>	Nursing 5932: Primary Care: Assessment and Management of Health for Advanced Practice Nurses (Interactive Television Course) <i>Primary Instructor</i>
Fall 1995, 1996 <i>1 quarter credit</i>	Nursing 5924: Primary Care: Nursing Assessment & Health Promotion of Infants, Children & Adolescents <i>Primary Instructor</i>
Winter 1995 <i>4 Quarter credits</i>	Nursing 5933: Primary Care Practicum: Adult & Elderly Health <i>Clinical Instructor</i>
Spring 1995 <i>4 Quarter credits</i>	Nursing 5949: Practicum: Advanced Practice Nursing <i>Clinical Instructor</i>
<b>College of Pharmacy, University of Minnesota</b>	
Spring 1996, 1997 <i>2 quarter credits</i>	Pharmacy 5308: Assessment of the Medicated Patient Primary Instructor
<b>School of Nursing, University of Pennsylvania</b>	
Spring 1986 <i>3 semester credits</i>	Nursing 658: Concepts of Primary Care (Physical Assessment) <i>Instructor</i>

## THESIS & PROJECT ADVISING

- 2014 *Masters Project Committee.* Claire K. Fleming, MPH, School of Public Health. Title: Musicant Group Project to Improve Franklin Steele Park in Downtown Minneapolis
- 2014 *Masters Project Committee.* Dominique Lopez Stuckey, MPH, School of Public Health. Title: Are schools 'passing' nutrition standards? A secondary data analysis from the Team COOL study
- 2012 *Masters Project Committee.* Kristen Duncan, MPH, School of Public Health. Title: Evaluation of Great Trays.
- 2011 *Research Adviser & Master's Committee.* Sheri Ricord, MS, Nursing. Title: Is there an association between overweight and meeting recommendations for moderate-to-vigorous physical activity among older adolescent females?
- 2011 *Masters Project Committee.* Kelly Sovell, MPH, School of Public Health. Title: Descriptive analysis of Gopher Kids Study participants compared to the Minnesota Population.
- 2010 *Research Adviser & Master's Committee (Chair).* Bryan Topp, MS, Nursing. Title: Is employment status associated with alcohol use, tobacco use, and depressed mood in low-income older adolescent females?
- 2010 *Masters Project Committee.* Jenny Case, MPH, School of Public Health. Title: CSA Membership and Changes in Dietary Intake: Do vegetarians and nonvegetarians differ
- 2010 *Masters Project Committee.* Carissa Glatt, MPH, School of Public Health. Title: Applying Nutrition Standards to an Afterschool Program Menu
- 2010 *Research Adviser & Master's Committee (Chair).* Anna Letnes, MS, Nursing. Title: Barriers to Physical Activity Among Students Attending Alternative High Schools
- 2010 *Research Adviser & Master's Committee.* Laura Steen, MS, Nursing. Title: Fruit and Vegetable Intake in Early Young Adulthood
- 2010 *Research Adviser & Master's Committee (Chair).* Kourtney Thompson, MS, Nursing. Title: Prevalence & Correlates of Moderate to Vigorous Physical Activity Among 18 - 24 year old Females
- 2010 *Research Adviser & Master's Committee (Chair).* Jenna Coleman, MS, Nursing. Title: Sport Team Participation and Moderate to Vigorous Physical Activity in Lower-Income Older Adolescent Females
- 2009 *Research Adviser & Master's Committee.* Athena Decker, MS, Nursing. Title: Physical Activity, Fruit and Vegetable Intake, and Television Viewing in Normal Weight and Overweight Young Adult Women
- 2009 *Research Adviser & Master's Committee (Chair).* Kirsten Morse, MS, Nursing. Title: Factors associated with parental concern regarding their child's weight.
- 2009 *Research Adviser & Master's Committee (Chair).* Jennifer Martineau, MS, Nursing. Title: Staff acceptability of a pediatric obesity prevention intervention.

*Thesis & Project Advising, continued*

- 2009      *Undergraduate Honor's Thesis Adviser*, Anne Hundertmark, BS, Nursing. Title: Is there an association between peer support for physical activity and physical activity levels among adolescents attending alternative high schools?
- 2008      *Master's Project Advisor & Committee*, Meg Bruening, RD, MPH, Public Health Nutrition. Title: Perceived barriers mediate the association between self-efficacy and fruit and vegetable consumption among students in alternative high schools
- 2008      *Master's Committee Member (Chair)*, Kathleen MacMahon, MS, Nursing. Title: Enhancing patient adherence to home spirometry monitoring post lung transplantation
- 2008      *Research Adviser & Master's Committee (Chair)*. Elice Tiegs, MS, Nursing. Title: School-based body mass index screening of elementary school students: Results from parent focus groups.
- 2008      *Master's Project Advisor & Committee*, Bernadette Bien, BSN, MA. Community Health Education, Mankato State University, Mankato, MN. Title: Assessment of a BMI Notification Program in a Suburban School District and a Profile of Reported Weight Related Behaviors for Elementary Students
- 2008      *Master's Committee Member (Chair)*, Amy Selly, MS, Nursing. Title: The impact of family communication on metabolic control in adolescents with attention problems and aggressive behaviors.
- 2008      *Master's Project Committee*, Jean Wentink, MPH, Maternal Child Health. Title: Practices, policies and the school food environment: An analysis of TREC-IDEA study data.
- 2008      *Master's Committee (Chair)*, Lori Carlson, MS, Nursing. Title: Tobacco use in obese adolescents and adolescents at risk for obesity, a secondary data analysis.
- 2007      *Research Adviser & Master's Committee (Chair)*, Heather DeMaris, MS, Nursing. Title: Review of the Literature: Are specific subspecialties of nurses more likely to have an addiction to alcohol and/or drugs?
- 2007      *Master's Project Committee*, Teresa Rondeau-Ambroz, MPH, Public Health Nutrition. Title: Local wellness policies: The barriers and facilitators to changing the school environment in Dakota County schools.
- 2007      *Master's Project Committee*, Rebecca Kocos, MPH, Public Health Nutrition. Title: The freshman 15 study: A qualitative analysis of college student weight gain.
- 2007      *Master's Project Committee*, Amanda Galster, MPH, Community Health Education. Title: Changes in eating behaviors and beverage consumption among middle school students: Results from the TEENS nutrition education intervention.
- 2007      *Research Adviser & Master's Committee (Chair)*, Tammy Brown, MS, Nursing. Title: Benefits from the use of electronic medical records in the prevention and control of risk factors associated with heart disease: A critical review of the literature.
- 2007      *Master's Committee (Chair)*, Charletta Lewis, MS, Nursing. Title: Community acquired methicillin staphylococcus aureus: Decreasing the prevalence.



***Thesis & Project Advising, continued***

- 2006            *Research Adviser & Master's Committee*, Rachel Belina, MS, Nursing. Title: School nurses experience implementing a school-based BMI screening program
- 2006            *Master's Committee*, Elizabeth Walcker, MS, Nursing. Title: Disordered eating in pregnancy and newborn outcomes: A review.
- 2006            *Master's Committee*, Sheryl Hill, MS, Nursing. Title: Childhood obesity prevention: A critical review of the literature.
- 2006            *Master's Committee (Chair)*, Ann Leland, MS, Nursing. Project Title: Exploring functional dependence in the dementia patient.
- 2006            *Research Adviser & Master's Committee (Chair)*. Petra Wagstrom, MS, Nursing. Title: School-based body mass index screening of elementary school students: Results from parent focus groups.
- 2005            *Undergraduate Honor's Thesis Adviser*, Jenna Coleman, BS, Nursing. Title: Self-efficacy and moderate to vigorous physical activity in lower-income older adolescent females.
- 2005            *Research Adviser & Master's Committee*, Phena Shimaka. MS, Nursing. Title: Classroom Food Practices of Elementary Teachers in Rural Schools.
- 2005            *Research Adviser & Master's Committee*, Luz Huntington-Moskos, MS, Nursing. Title: Central United States and Latino adolescents: Critical literature review.
- 2005            *Master's Committee Member*, Melisa Weingarten. MS, Nursing. Title: Exercise Training and Mood in Patients with Peripheral Arterial Disease.
- 2005            *Master's Project Committee*, Rachel Cope, MPH, Community Health Education. Title: Adolescent weight management program development: Findings from focus groups with adolescents.
- 2004            *Research Adviser & Master's Committee*, Connie Menssen. MS, Nursing. Title: Vending machine choices in middle schools in an urban school district.
- 2004            *Master's Committee*, Susan L. Anderson. MS, Nursing. Title: A critical literature review of treatment interventions for childhood obesity.
- 2003            *Master's Project Committee*, Naomi Duke, MD, MPH, Community Health Education. Title: The school-based health center: A model of health care for adolescents.

**PROGRAM ADVISING**

PhD, Nursing, University of Minnesota

- 2010-2016        Jiwoo Lee - Advisor & Dissertation Committee Member  
Dissertation Title: Understanding the family social environment of preadolescent children
- 2007-2010        Mary Benbenek – Dissertation Committee Member  
Dissertation Title: Enablers and barriers to factors contributing to bone health among early adolescent Somali girls living in Minnesota, September 2010

***Program Advising, continued***

2007-2011 Leslie Morrison-Sandberg – Advisor & Preliminary Examination Committee  
2008-2010 Karen Johnson – Advisor & Preliminary Examination Committee  
2007 Eva Gallagher – Preliminary Examination Committee  
2007-2008 Elizabeth Lando – Advisor  
2005-2007 Sarah A. Stoddard – Advisor

Doctorate of Nursing Practice, University of Minnesota

2015 Randy Huard (Public Health Nursing)  
Capstone: Elementary School Wellness: An Assessment of School Wellness  
Policy Strength and Application  
2013 Ashley Carlson (Family Nurse Practitioner)  
Capstone: 5-2-1-0 Promotion of Healthy Lifestyles: A Pilot Project at a Community  
YMCA Day Camp

PhD, Public Health Nutrition, University of Minnesota

2006-2009 Chrisa Arcan - Dissertation Committee Member  
Dissertation Title: The role of socio-demographic, behavioral, and environmental  
factors on dietary practices of students attending alternative high schools

PharmD, University of Minnesota

2009 Susan Vucinovich - Content Advisor, PharmD Paper IV  
Title: Efficacy of Interventions by Health Care Professionals on Adult Clinically  
Obese Patients

PhD, Nursing, University of Eastern Finland, Kuopio, Finland

2012 Marjorita Sormunen - Dissertation Preliminary Examiner  
Title: Towards Home-School Health Partnership. A Participatory Action  
Research 2008-2010.

MS, Nursing, University of Minnesota (Advising)

2009-2010 Kourtney Thompson  
2008-2010 Bryan Topp  
2006-2010 Jenna Coleman  
2007-2010 Aanna Johannes  
2008-2009 Kirsten Morse  
2005-2009 Jennifer Martineau  
2005-2008 Kathleen McMahan  
2005-2008 Elice Tiegs  
2006-2008 Amy Selly  
2006-2007 Lori Carlson  
2006-2007 Heather Demaris

MS, Nursing, University of Minnesota, Advising *continued*

2005-2007 Tammy Brown  
2005-2007 Charletta Lewis  
2005-2006 Annette James  
2004-2006 Ann Leland  
2003-2006 Petra Wagstrom

*Program Advising, continued*

Walter H. Judd International Graduate Fellowship

2012 Anna Terry, Masters of Nursing  
Research Project: Understanding High Blood Pressure in Rural Honduras

BS, Nursing Honors

2016-2017 Ana Zembryki (Thesis advisor)  
Title: Usage and Availability of Media Devices among Children with a High Body Mass Index

2016-2017 Christine Gorman (Thesis advisor)  
Title: Association between Physical Functioning and Physical Activity among Children with a High Body Mass Index

2011-2014 Cassandra Janssen (Thesis advisor)  
Title: Education as a social determinant of health: Perspectives of students attending an alternative high school.

2010-2013 Natalia Olivier (Thesis advisor)  
Title: Assessing Risk Behaviors in Youth: Key Informant Interviews with Community Leaders in Rural Honduras

2007-2009 Annie Hundertmark (Thesis advisor)  
Title: Is there an association between peer support for physical activity and physical activity levels among adolescents attending alternative high schools?

2007-2009 Christine Rangen

2007-2009 Katie Telgren

2006- 2007 Marie Wichmann

2005-2007 Elizabeth Lando

2005-2007 Amy Cahoy

2005-2007 Angela Riss

2004-2006 Jenna Coleman (Thesis advisor)  
Title: Self-efficacy and moderate to vigorous physical activity in lower-income older adolescent females

Undergraduate Research Opportunity Project (UROP) Award

2015-2016 Meg Burman (Nursing)  
Title: Correlates of parent healthy role modeling of sugary drink consumption by children

2011-2012 Natalia Olivier (Nursing)  
Title: Assessing Risk Behaviors in Youth: Focus Groups with Youth and Parents In Rural Honduras

President's Distinguished Faculty Mentor Program, University of Minnesota

2012-2013 Coretta Enabulele  
2010-2011 Natalia Olivier

**RESEARCH ASSISTANTSHIPS**

2016-Present Emily Condon (undergraduate)  
2016-Present Stephanie Shiro (undergraduate)  
2016-Present Katelyn Schroeder (undergraduate)

***Program Advising, continued***

2016-Present	Grace Brooks (undergraduate)
2016-Present	Nicholas Schuler (undergraduate)
2016-Present	Joey Grim (undergraduate)
2016-2017	Christine Gorman (undergraduate)
2016-2017	Ana Zembryki (undergraduate)
2014-2017	Danielle Sanders (undergraduate)
2014-2017	Emily Anderson (undergraduate)
2014-2017	Brenna Schmid (undergraduate)
2014-2017	Kristen Kruse (undergraduate)
2012-2016	Jiwoo Lee (graduate)
2014-2016	Leah Johnson (undergraduate)
2013-2016	Meg Burman (undergraduate)
2013-2016	Kelsey Burmeister (undergraduate)
2013-2014	Mary Zahurones (undergraduate)
2013-2014	Allison Labine (undergraduate)
2013-2014	Bryan Polkey (undergraduate)
2006-2008	Chrisa Arcan (graduate)
2007	Elizabeth Lando (undergraduate)
2006	Aanna Johannes (graduate)
2006	Tammy Brown (graduate)
2006	Jennifer Martineau (graduate)
2005-2006	Sarah Stoddard (graduate)
2005	Elice Tiegs (graduate)
2004	Barbara Larsen* (graduate)

**HONORS AND AWARDS**

2014	Public Service Award, School of Nursing, University of Minnesota, Minneapolis, MN
2011	Outstanding Mentor Award, President's Distinguished Faculty Mentor Program, University of Minnesota, Minneapolis, MN
2009	Advancing Teaching and Learning Excellence Series (ATLES) Innovator's Award. School of Nursing, University of Minnesota, Minneapolis, MN
2005	Mission Advancement Award, School of Nursing, University of Minnesota, Minneapolis, MN
2002	Student Research Award, International Society of Behavioral Nutrition and Physical Activity, Seattle, WA
2002	Hawley Student Research Award, Division of Epidemiology, School of Public Health University of Minnesota, Minneapolis, MN
1999	Technology Enhanced Learning Innovation Award, University of Minnesota, Minneapolis, MN
1982	Sigma Theta Tau International Honor Society of Nursing, University of Pennsylvania, Philadelphia, PA (induction)
1976	Alpha Kappa Mu Honor Society, Hampton Institute, Hampton, VA (induction)

## **PROFESSIONAL MEMBERSHIPS**

American Public Health Association (current member)  
School Health Education and Services Section: Section Councilor (11/2006- 11/2010)  
School Health Education and Services Section: Section Councilor (11/2011-11/2015)  
International Society of Behavioral Nutrition and Physical Activity (current member)  
Membership Committee: 2005-2008

Sigma Theta Tau International Honor Society of Nursing (current member)  
American Nurses Association (past member)  
National Organization of Nurse Practitioner Faculty (past member)  
American College of Nurse Practitioners (past member)

## **SERVICE ACTIVITIES**

### **University of Minnesota, School of Nursing, Committee Memberships**

2013-2016	Research Committee, School of Nursing, University of Minnesota, Minneapolis, MN.
2011-2013	Consultative Committee School of Nursing, University of Minnesota. Minneapolis, MN
2011-2013	Chair, Graduate Admissions and Progressions, School of Nursing, University of Minnesota, Minneapolis, MN
2012	Search Committee, Director of Office of Student Services, School of Nursing, University of Minnesota, Minneapolis, MN
2007-2011	Graduate Admissions and Progressions, School of Nursing, University of Minnesota, Minneapolis, MN
2010-2011	Advisory Board, Fund for the Improvement of Post Secondary Education Study abroad for Mexico or Canada), School of Nursing, University of Minnesota, Minneapolis, MN
2004-2009	Undergraduate Honors Committee, School of Nursing, University of Minnesota, Minneapolis, MN.
2008	Search Committee, Associate Dean of Research, School of Nursing, University of Minnesota, Minneapolis, MN.
2004-2007	Research Committee, School of Nursing, University of Minnesota, Minneapolis, MN.
2002-2016	Center for Child and Family Health Promotion Research, School of Nursing, University of Minnesota, Minneapolis, MN
2001-2016	Center for Adolescent Nursing, School of Nursing, University of Minnesota, Minneapolis, MN.
1998-1999	Intercollegiate Primary Care Education Council, Chair: Primary Care Education and Resource Center Workgroup, Academic Health Center, University of Minnesota, Minneapolis, MN.
1996-1998	Curriculum Committee, Robert Wood Johnson - Minnesota Partnerships in Training, University of Minnesota, Minneapolis, MN

*Service, continued*

- 1995-1996 Nurse Practitioner Preceptor Development Work Group, Collaborative Rural Nurse Practitioner Project, School of Nursing, University of Minnesota, Minneapolis, MN
- 1994-1995 Advisory Committee: Advanced Practice Nursing Practice Issues, School of Nursing Outreach Program, University of Minnesota, Minneapolis, MN.

**University of Minnesota, Institutional Service**

- 2014-2016 Co-Chair, Center for Global Health and Social Responsibility, Academic Health Center, University of Minnesota, Minneapolis, MN
- 2013-2016 Leadership Council, Center for Global Health and Social Responsibility, Academic Health Center, University of Minnesota, Minneapolis, MN
- 2010-2016 Faculty Sponsor, Global Health and Transcultural Nursing Student Group. University of Minnesota, Minneapolis, MN
- 2009-2016 University of Minnesota International Programs Council, Global Programs and Strategy Alliance
- 2009-2013 Steering Committee, University of Minnesota Center for Global Health and Social Responsibility Programs Council.
- 2004-2016 University of Minnesota, Obesity Prevention Center, Minneapolis, MN. Center Member
- 2006-2016 Minnesota Obesity Center, University of Minnesota, Minneapolis, MN Senior Participating Investigator

**National Expert Panel Participant**

- 2008 *Invited Participant*, Robert Wood Johnson Foundation Forum, “Issues and Implications of Screening, Surveillance and Reporting of Children’s BMI.” Washington, DC
- 2005 *Invited Participant*, Centers for Disease Control and Prevention, Division of Adolescent and School Health & Division of Nutrition & Physical Activity: The Roles of Schools in Addressing Childhood Overweight – Expert Panel. Atlanta, GA.

**Extramural Grant & Program Review Committees**

- 2014-2019 Standing Member (Reviewer), National Institutes of Health, Community-level Health Promotion Study Section
- 2013, 2007-2008 *Reviewer*, National Institutes of Health, Community-level Health Promotion Study Section (ad hoc)
- 2013, 2011, 2009, 2006 *Reviewer*, Robert Wood Johnson Foundation, Healthy Eating Research Grant Reviews, School Food Policies and Environments
- 2010 *Reviewer*, Centers for Disease Control and Prevention, Special Emphasis Panel: Healthy Passages Longitudinal Study of Youth
- 2009 *Reviewer*, Thrasher Foundation

*Service, continued*

- 2006-2007      *Reviewer*, National Institutes of Health, Community-level Health Promotion Special Emphasis Panel/Smaller Research Mechanisms (R21, R03, NRSA, K23).
- 2006            *Reviewer*, National Institutes of Health, Psychosocial Risk and Disease Prevention Study Section
- 2004            *Reviewer*, Division of Adolescent and School Health/National Registry of Effective Programs
- 2004            *Reviewer*, Centers for Disease Control and Prevention, Health Protection Research Initiative Investigator-Initiated Research (RO1) Peer Review Panel.
- 2004            *Reviewer*, Social Sciences and Humanities Research Council of Canada.

**Editorial Boards**

- 2015-Present      Editorial Advisory Board, Journal of School Nursing

**University of Minnesota, Intramural Grant Review Committees**

- 2013            *Reviewer*, University of Minnesota, Global Programs and Strategy Alliance, Global Spotlight Major and Seed Faculty Grants (focus: Southeast Asia), Minneapolis, MN
- 2012            *Reviewer*, University of Minnesota, Academic Health Center. Faculty Seed Grants, Minneapolis, MN
- 2011            *Reviewer*, Walter H. Judd International Graduate & Professional Fellowships, University of Minnesota, Office of International Programs, Minneapolis, MN
- 2006            *Reviewer*, University of Minnesota Obesity Prevention Center. Obesity Consortium Pilot Grants, Minneapolis, MN
- 2005            *Reviewer*, University of Minnesota, Academic Health Center. Faculty Research Development Grants, Minneapolis, MN

**National Meeting: Abstract Reviewer**

- 2007-2016      School Health and Education Services Section  
American Public Health Association Annual Meeting
- 2006-2008      Food and Nutrition Section  
American Public Health Association Annual Meeting

**Journal Reviewer**

- 2011- Present      Journal of School Nursing
- 2008- Present      Journal of the American Dietetic Association
- 2006- Present      American Journal of Public Health
- 2004- Present      American Journal of Preventive Medicine
- 2004- Present      Archives of Pediatric and Adolescent Medicine/JAMA Peds
- 2004- Present      International Journal of Physical Activity and Behavioral Nutrition
- 2007- 2009      Journal of School Health
- 2004- 2009      Obesity Research
- 2003- 2009      Public Health Nutrition
- 2005- 2008      Public Health Reports

*Service, continued*

2005- 2008 Health Education & Behavior  
2005- 2008 Journal of the American College of Nutrition  
2003- 2008 Journal of Adolescent Health  
2002 Journal of Nutrition Education

**Planning Committees**

2014 Symposium: An International Workshop: Evidence-based Practice in Action. Bangalore, India

2012 Symposium: Strengthening Health Care Delivery and Improving Health Outcomes in India: Linking Nursing, Medicine and Public Health. Bangalore, India

2010 Dr. Livingstone, I Presume? Finding and Supporting Health Care in the Congo: Field Notes from the RESPOND Team. University of Minnesota, Academic Health Center, Minneapolis, MN

2010 2010 Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, Program Planning Committee, Minneapolis, MN

2008 Measuring Childhood Obesity: Public Health Surveillance or School-based Screening and Parent Notification: A Local, State and International Perspective. University of Minnesota, School of Nursing, Minneapolis, MN. Event Organizer and Moderator.

2007 Minnesota Area Health Education Center, University of Minnesota, Minneapolis, MN Statewide Interprofessional Workshop on Obesity.

2007 Community Action Forum: Healthy Kids in Healthy Places. St. Paul, MN. May 2007.

2006 School of Nursing Annual Spring Research Day: Pathways to Health through Nursing Research, University of Minnesota, Minneapolis, MN. Chair. April 2006.

2005 School of Nursing Annual Spring Research Day: Translating Research into Practice, University of Minnesota, Minneapolis, MN. Co-Chair. April 2005.

**Other**

2015 Faculty Sponsor: Visiting Scholar Dr Kareema Ahmed, Assistant Professor, Faculty of Nursing, Kufa University, Najaf, Iraq

2013 Consultation: Nancy Findholt, PhD, Oregon State Health Science University School of Nursing, La Grande, Oregon. NIFA-funded project: "Engaging Youth as Advocates to Create Health Snacking Zones around Rural Schools."

2012 Review: Promotion and Tenure Candidate, University of South Carolina, Arnold School of Public Health, Columbia, South Carolina

2011 Review: Promotion and Tenure Candidate, The Ohio State University College of Nursing, Columbus, Ohio

2011 Review: Promotion and Tenure Candidate, University of Minnesota, Family Medicine and Community Health, Minneapolis, MN

2010 Review: Promotion and Tenure, Candidate, University of Kansas School of Nursing, Kansas City, Kansas



*Service, continued*

- 2009 Minnesota Department of Health, St.Paul, MN. Project: Pilot testing a body mass index screening program in a sample of elementary schools
- 2008-2010 Robert Wood Johnson, New Connections Mentor.Mentee: Marilyn S. Nanney, PhD, Assistant Professor, Dept. of Family Medicine & Community Health, University of Minnesota, Minneapolis, MN.
- 2007-2010 Data Safety and Monitoring Officer, Keep It OFF (R01), Nancy Sherwood, PhD (PI), Health Partners, Minneapolis, MN
- 2008-2009 Consultation, R21 Resubmission, Mark Swanson, Assistant Professor College of Public Health, University of Kentucky, Lexington, KY.
- 2007-2008 Grant Development, Modifying the school food environment in a predominately African American K-6 charter school; Nancy Raymond, PI
- 2007 Consultation, UCare Minnesota, Childhood Obesity Prevention Initiative
- 2006 Consultation, DAAN Youth Program, Buffalo Hospital Foundation, Allina Hospitals & Clinics. Buffalo, MN.
- 2005-2007 Program Consultation, Independent School District #191, Burnsville, MN. Institutionalization of Body Mass Index Screening Program.
- 2004 Grant Development, Orono Nutrition and Fitness Project Grant; Orono, MN.
- 2003 Grant Development, School-based Intervention Research: Department of Nutrition, University of Tennessee, Knoxville, TN
- 1997-1998 Item Writer: Adult Nurse Practitioner Certification Exam: American Nurses Credentialing Center, Washington, DC
- 1995-1996 Program Development: Health Partners/Group Health Inc., Bloomington, MN
- 1983-1984 Program Development: Chandler Hall Health Services, Newtown, PA

**Clinical Preceptor**

- 1999 Division of General Pediatrics/Adolescent Medicine, University of Minnesota, Minneapolis, MN
- 1995-1998 Family Nurse Practitioner Area of Study, School of Nursing, University of Minnesota, Minneapolis, MN
- 1991-1993 College of Nursing, Family Nurse Practitioner Program, University of South Carolina, Columbia, SC
- 1986-1988 College of Nursing, Maternal Child Health Nursing, University of North Carolina Charlotte, Charlotte, NC
- 1983-1986 School of Nursing, Primary Care - Family Nurse Practitioner Program, University of Pennsylvania, Philadelphia, PA